

Inspired by Rashtrasant Param Gurudev
Shree Namramuni Maharaj Saheb

LOOK N LEARN CHILDREN'S JAIN MAGAZINE

106

Page by page, Wisdom for every age



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GURU PUARNIMA



Guru Purnima



Every year comes a very special day...



A day filled with love, gratitude, and joy.



A day when countless hearts come together to say, "Thank you, Param Gurudev!"



Why?
Because Param Gurudev lovingly guides us, inspires us to become better, and shows us the right path in life.



Guru Purnima is more than a festival...
It is a celebration of gratitude.



Before you turn the page, pause for a moment...

"What is one thing I can do today that will make Param Gurudev smile?"**



Because the most beautiful **Guru Dakshina** isn't something we offer with our hands...
It's the goodness we grow in our hearts.



Why Do We Need a Guru?



Imagine you're building a beautiful sandcastle at the beach.

Suddenly, someone standing high above shouts, "**Run! A tsunami is coming!**"

You can't see the danger but they can.



Our **Param Gurudev** is like that, and even greater.

He is our **God Father**, who lovingly guides and enlightens our path.



While we see only today...



Param Gurudev sees what lies ahead.



Every teaching He give is to protect us and help us grow.

When Param Gurudev says,



Speak politely.



Control your anger.



Pray sincerely.



Choose good company.

He isn't stopping our happiness
He is leading us towards a
brighter future.

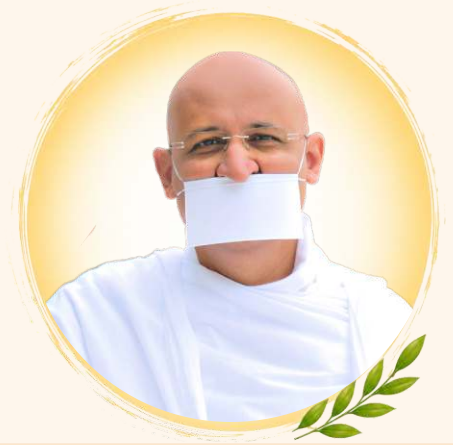


Param Gurudev is the **light** that removes the darkness of ignorance and shows us the right path.

When we trust His guidance, we walk safely towards **true happiness** and **spiritual growth.**



Guru's Greatest Gift



Have you ever wondered...

What is the most precious gift
Param Gurudev gives us?

Close your eyes for a moment...
What is the most valuable gift
anyone can ever give you?



A gift lasts for a while...

But **Param Gurudev** gives us
something that lasts **a lifetime** a
life filled with the right values,
the right direction, and the
right purpose.

From Avgun to Gunn

Param Gurudev helps us
replace anger with
forgiveness, ego with
humility, and laziness
with discipline.



The Right Direction

Whenever we are confused,
Param Gurudev shows us the
path that leads to peace,
happiness, and Dharma.



A Bridge to Parmatma

Bhagwan Mahavir has
shown us the destination.
Param Gurudev lovingly
teaches us how to walk that
path, one step at a time.



That's why we
lovingly say,

"**Param Gurudev
chhe toh
hu chhu.**"



Every good quality I develop...

Every right choice I make...

Every step I take
towards Parmatma...

...is because
Param Gurudev
showed me the way.



This Guru Purnima, let's thank Param Gurudev
not just with words, but by becoming
a little better than yesterday.



A Child... Before Everyone Else

- The room was filled with important people.
- Param Gurudev was in the middle of an important discussion with a well-known politician.
- Just then...
A small child quietly walked up to Param Gurudev with a notebook in his hand.
- "Param Gurudev... my handwriting isn't nice. Will you please write A, B, C, D for me?"
- For a moment, everyone wondered...
Would Param Gurudev ask the child to wait?
- But Param Gurudev immediately smiled, took the notebook, and lovingly wrote A, B, C, D in his beautiful handwriting.
- Then He gently said,
"Now copy these every day."
- Before the child left, Param Gurudev gave him one more precious gift.
- "Every day, touch the feet of your parents. When respect grows in your heart, even your handwriting will become beautiful."
- The child happily bowed and walked away with a smile.



What Did We Learn?

- ◆ To the world, it was just a child's handwriting.
- ◆ To Param Gurudev, it was a chance to shape a child's future.
- ◆ No matter how busy He is...
- ◆ No matter how important the meeting...
- ◆ For Param Gurudev, every child matters.

This Guru Purnima, let us remember one beautiful lesson:

Greatness begins with respect.

Respect your parents.



Respect your teachers.



Respect your
Param Gurudev.



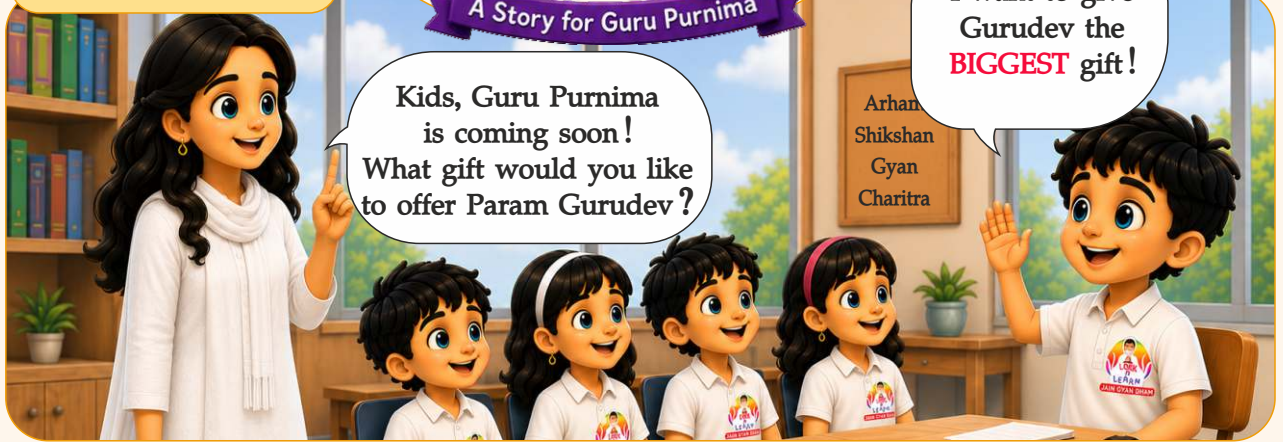
And watch how your life becomes
beautiful inside and out.



The BIGGEST GIFT



In Look N Learn class...



Kids, Guru Purnima is coming soon! What gift would you like to offer Param Gurudev?

I want to give Gurudev the **BIGGEST** gift!

Dev comes home



Mumma! I want to give Param Gurudev the **BIGGEST** gift! Can we go shopping?

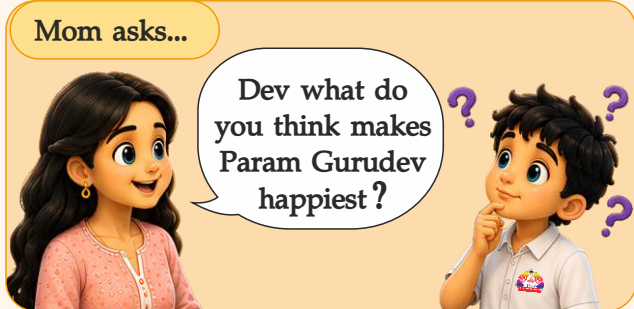
Of course, Dev! Let's go.

They go shopping...



This one? It's **BIG**!

Mom asks...



Dev what do you think makes Param Gurudev happiest?

Dev thinks...



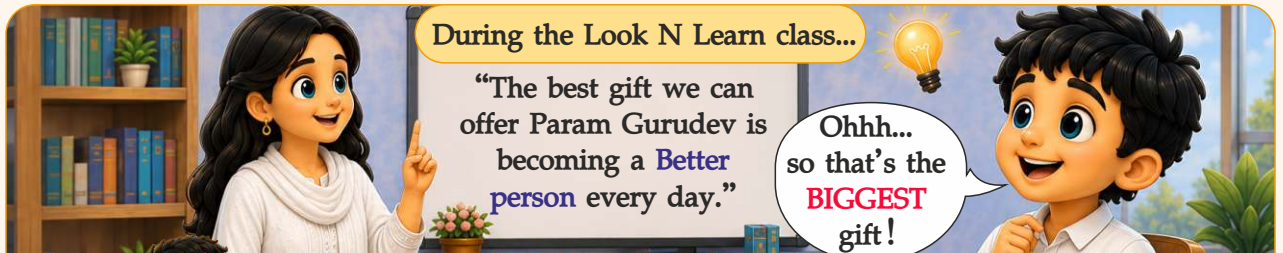
Book?

A Mala?

Poster?

Pen?

During the Look N Learn class...



"The best gift we can offer Param Gurudev is becoming a **Better** person every day."

Ohhh... so that's the **BIGGEST** gift!

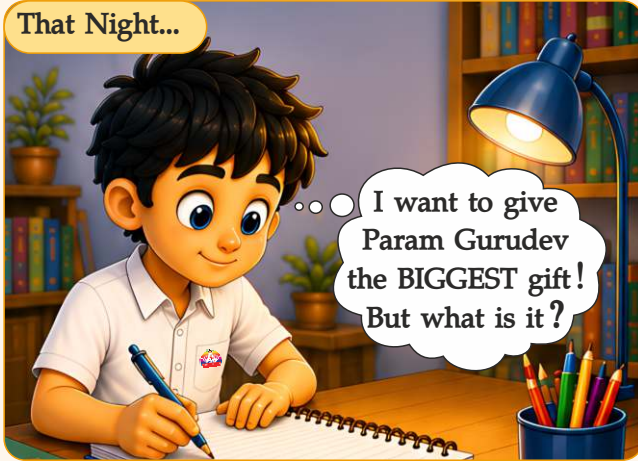
Dev finally understood...
The biggest gift couldn't be bought.
But what could he give instead?



Dev Makes his PROMISE...



That Night...



I want to give Param Gurudev the BIGGEST gift! But what is it?

My Gift to Param Gurudev I will...

- Learn Samayik with Understanding.
- Practise compassion every day.
- Share Param Gurudev's teachings with my friends.
- Invite a friend to join me at Look N Learn.



Learning Samayik



I try to do Samayik with a calm mind every day.

Compassion in Action



I am kind to all living beings and always try to help.

Every small step becomes a beautiful gift...



I Share Param Gurudev's beautiful teachings with my friends.

Inviting a Friend



I invite friends to join me at Look N Learn.

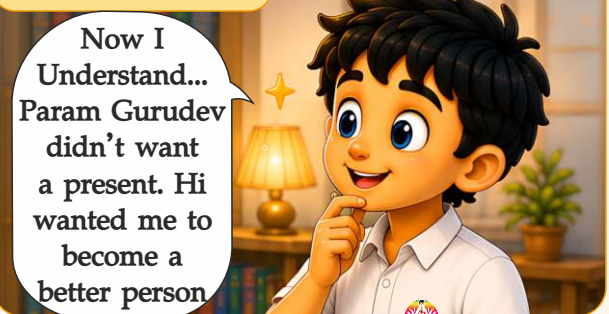
Some days I forget... but I try again. I take small steps every day!

Guru Purnima day...



Param Gurudev, I don't have a gift box... But I have my promise to become a better version of myself

Dev understands...



Now I Understand... Param Gurudev didn't want a present. He wanted me to become a better person

The Greatest Gift

The most beautiful gift we can offer Param Gurudev isn't wrapped in paper.

It is every sincere effort we make to become a **better person**.



When we control our anger, we create peace in our heart.



When we help others, we fill the world with compassion.



When we speak kind words, we spread happiness.



When we learn our prayers and teachings, we connect with our soul.



Let's give Param Gurudev the most beautiful gift
A BETTER VERSION OF OURSELVES!





My Guru Dakshina 365 Day Sankalp

This Guru Purnima, don't just offer flowers...

Offer a **Sankalp**.

A Sankalp is a promise that helps you
become a better disciple.

Choose ANY 3 Sankalps below (or create your own!)
and follow them for the next 365 days.

Let this be your special Guru Dakshina to Param Gurudev.

I Promise...

- ☐ I will touch my parents' feet every day.
- ☐ I will Chant every day.
- ☐ I will never waste food.
- ☐ I will speak politely with everyone.
- ☐ I will appreciate at least one person every day.
- ☐ I will help at home without being asked.
- ☐ I shall speak truth.
- ☐ I will feed birds and animals whenever possible.
- ☐ I will read one Jain story every week.
- ☐ I will avoid fighting with my siblings and friends.
- ☐ I will learn one new gatha or sutra.



My 3 Sankalps for Param Gurudev



1. _____
2. _____
3. _____

Share Your Guru Dakshina!

Take a photo of your completed Sankalp page
or fill it in using the link/QR code below.

<https://forms.gle/nh4o5DDYhMPiGmWz9>

Let's make Param Gurudev smile by keeping our
promises not just for one day, but for 365 days!



A Golden Opportunity for Every Mumbai Child!

After 13 long years, Mumbai has been blessed with the **Chaturmas** of **Rashtrasant Param Gurudev Shree Namramuni Maharaj Saheb**. The grand **Pravesh** was filled with devotion as toddlers welcomed Param Gurudev through dance and **LNL children** expressed their heartfelt wish to **walk in His footsteps**.



Now it's your child's turn to receive Param Gurudev's divine blessings. Bring your child for **darshan**, seek His guidance, and let them experience the joy of growing closer to **Jain values**.

Don't miss this rare and precious opportunity.
Come with your family and be a part of this divine **Chaturmas**.



From *Drashya*
to
Drashti

Kids... every picture tells a story,
But your vision decides its glory.
Anyone can simply look and see...
But how would Param Gurudev's drashti be?



Look at this image with pure inner sight... And let your drashti become bright
like Param Gurudev's. "Answer in one thoughtful phrase"

Link for answer : <https://forms.gle/skCV47WtX4nA7leaA>



"Last Month's Challenge Answer"

Answers :

1. Understand before you judge !
2. Fear isn't always real.
3. Looks are Deceptive !

Kanthast Corner

Kanthast Gatha

गाथा
गुरु पसाय अभिमोहरमेज्जा
(Guru Pasaya Abhimohramejja)

Meaning

Just as a sunflower always turns towards the sun, a true shishya (disciple) always turns towards the prasannata (happiness and approval) of the Param Gurudev.



Have you ever seen a sunflower?
No matter where the sun appears in the sky..., the sunflower gently turns towards it. Why? Because it receives light, warmth, and energy from the sun.



A disciple is like that sunflower.
When the Param Gurudev guides, teaches, or inspires, the disciple does not ask, "What do I like?" but rather, "What will make my Param Gurudev happy?"



Every time you recite this GATHA, ask yourself:
"Will this make Param Gurudev happy?"



My
Guru Purnima
Gift

I will learn
this gatha and
recite it to
before Guru
Purnima.



A to Z OF JAINISM LETTER B

What is Bhaav?



Siddham, Guru Purnima is coming. What gift can I give my Param Gurudev?

Before any gift comes your **Bhaav**.

In Jainism, our Bhaav (intentions and feelings) are very important.

There are 3 types of Bhaav:



Shubh Bhaav

Wanting good for others.

"May I always follow Param Gurudev's guidance."
It keeps the focus on our own Bhaav.

"May I learn and follow Param Gurudev's teachings."
"May more people benefit from Param Gurudev's guidance."



Ashubh Bhaav

Negative thoughts towards others.

Examples:

"Feeling jealous when someone gets praised."

"Being happy when someone fails."

"Wanting revenge after a disagreement."



Shuddh Bhaav

Pure thoughts that help us move closer to our soul.

For Param Gurudev:

"Following Param Gurudev's teachings sincerely."

"Praying with devotion."

"Living the values Param Gurudev teaches us."



Siddham says: "On Guru Purnima, don't just ask:

'What can I give my Param Gurudev?'

Ask:

'What Bhaav should I keep for my Param Gurudev?'



The Secret of Great Souls

Siddham: "Do you know what helped many souls progress on the path of Dharma?"



Not money. Not power. Not talent.

It was
their
Bhaav.



Gatha

भावे भावना भाविए, भावे दीजे दान ।
भावे धर्म आराधिए, भावे केवल ज्ञान ॥



Kid: "Can Bhaav really make such a difference?"



Siddham: "Absolutely! Two people may do the same action, but the one with the purer Bhaav gains more."

Meaning

With the right Bhaav:



Thoughts become noble.



Charity becomes meaningful.



Dharma becomes powerful.



Souls progress towards Keval Gyan.



This Guru Purnima, when you bow to Param Gurudev, remember:

The best offering is not just a gift.

The best offering is a heart filled with gratitude, devotion, and a desire to learn.



Because

Param Gurudev is pleased not only by what we do, but also by the Bhaav with which we do it.

A Prayer Bigger Than Yourself

“શુભ થાઓ
આ શકલ વિશ્વનું”

“May all beings in
the entire universe
experience well-being.”



Kid: "Siddham, every day I pray for my happiness and my family's happiness."

Siddham: "That's wonderful. But Jainism teaches us to think even bigger."

Siddham says: "Your prayer should be bigger than your own happiness."

✗ Not:
"May only
I be happy."



✓ But:
"May everyone
be happy."



✗ Not:
"May only my
family be safe."



✓ But:
"May all living
beings be safe."



When...



an
ambulance
passes by...



you see
someone
sick...



you see
an injured
animal...



you hear about
someone facing
difficulties...

Pause for a moment and sincerely pray:

“શુભ થાઓ આ શકલ વિશ્વનું”

This
Guru Purnima,
let's give Param
Gurudev one
more gift :

He teaches us to
care for all life. So
This week, chant:

“શુભ થાઓ
આ શકલ વિશ્વનું”

9

times
every morning
and every night.



Because when your
prayer includes the
whole world, your
heart becomes bigger,
kinder, and you
become more like
Param Gurudev.





A VICTORY BEYOND THE FINISH LINE



A Story Inspired by Param Gurudev's teaching that **compassion** comes before winning.

1

Dhruv and raj are best friends. Today, they are participating in the biggest bicycle race of the year!



2

They ride with full energy and confidence, hopping to win!



3

Suddenly, as both of them were riding, they see an injured dog on the side of the road.



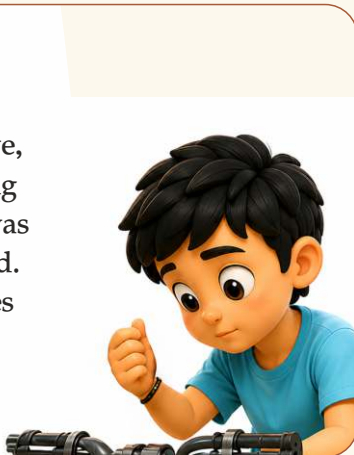
4

Raj stops to get his friend Dhruv. "Dhruv! Leave him! We have to finish the race. We will fall behind!"



5

Dhruv was about to leave, but something inside him was not convinced. As he touches the handle, he sees his mala...



6

What would Param Gurudev do? He has taught us to be compassionate. Dog is in pain. I can't leave him on the side of the road like this.



7

Dhruv decides to come back to the dog to take care of him. He checks his wound and remembers to call...



Arham Ambulance please come soon!

8

It was so hot that day. Dhruv give him water.



Drink some water. You will feel better.

9

The ambulance arrives. They treat the dog with care, put a bandage over the bleeding spot and take him inside for proper care.



We will take good care of you, buddy!

You are safe now!

10

Dhruv Smiles with a happy heart and touches his mala.



Thank you, Param Gurudev!

11



Right then, he hears the cheering... the race is over!

12

Raj wins race and gets the gold medal!

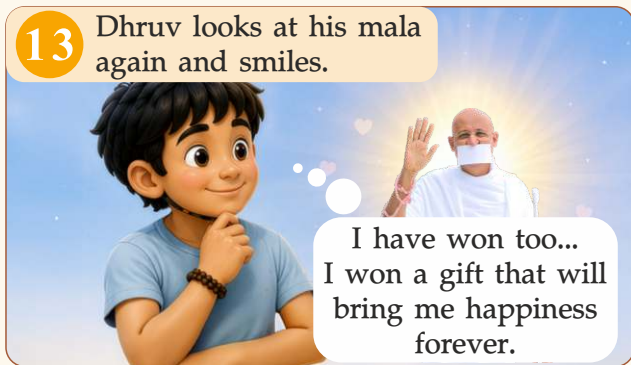


I did it!

Congratulations, Raj! You rode amazing!

13

Dhruv looks at his mala again and smiles.



I have won too... I won a gift that will bring me happiness forever.

MORAL



Dhruv Didn't win a medal, but he won a gift that will make him smile for a lifetime- every time he remembers he chose compassion.

Kindness today... Happiness forever!

Glimpses of INTERNATIONAL YOGA DAY

Inspired by
Rashtrasant
Param Gurudev
Namramuni
Maharaj Saheb,
over 1,200
children
from 100+
Look N Learn (LNL)
Jain Gyan Dham
centres worldwide
celebrated
International
Yoga Day.

LNL Children Celebrate
International Yoga Day



The session
concluded with
Shubh Bhavna,
praying for the
welfare of
all living beings,
and a pledge by
every child to
practice yoga
regularly for a
healthy body,
peaceful mind,
and virtuous life.



Omkar
chanting



pranayama



yoga
asanas



meditation



Jain
mudras



laughter
yoga



The children practiced Omkar chanting, pranayama, yoga asanas, meditation, Jain mudras, and laughter yoga, while learning their physical, mental, and spiritual benefits. They also understood the importance of Jain practices such as Samayik and Pratikraman.



From Our Young Creators

Did You Know?

At Look N Learn, children don't just listen to stories...

They create them too!

From thoughtful comics and inspiring stories to meaningful reflections, our young learners are encouraged to express their ideas and values through creativity.

This beautiful story was imagined and written by one of our very own Look N Learn students!



Could You Be Our Next Young Author?

- Have an idea for a story?
- Love drawing, writing, or sharing a message with others?
- Your story could be featured in an upcoming Look N Learn publication or social media post!

Because every child has a voice.
And every voice has the power to inspire.



Click The Link For Story

<https://www.instagram.com/p/DZ-RGFsH4Hw/>

<https://www.instagram.com/p/DZ2OP-nAWZl/>

Learn Through Music

- Learn values in a fun way
- Remember concepts easily
- Sing along with family and friends
- Build positive habits through music

Whether it's a rhyme about kindness, gratitude, discipline, or Jain values, every song turns learning into a memorable experience.

Click The Link For Song

https://www.instagram.com/reel/DW_OWjkAb-T/

At Look N Learn, learning becomes even more joyful through songs and rhymes!

Our specially created rhymes help children:



Siddham Says...

"A story can inspire your mind, but a song can stay in your heart forever!"





Jain News
Around the World

Young Mumukshus *Inspire America!*

What a proud moment for
our Jain community!

Mumukshus Yashvididi Mehta
and Jaanvididi Shah, under the
guidance of Param Gurudev
Shree Namramuni Maharaj Saheb,
recently visited Washington, D.C.,
New Jersey, and Dallas.

(A Mumukshu is someone
preparing for Diksha, dedicating
their life to spiritual growth.)

The families experienced the joy
of hosting Mumukshus and
receiving their blessings.

At the Young Jains of America
Convention (YJA), they shared
their inspiring journey with over
1,200 young people, encouraging
everyone to grow in Guru Bhakti,
self-discipline, and Jain values.

Their visit was a wonderful
reminder that the light of
Jinshasan is shining brightly
across the world!



In sanidhya of
Param Namramuni Gurudev



SWAGAT SHUBHECHA SAMAROH

GURU PURNIMA

The Bhakti Utsav

25 - 26 | JULY 2026

SATURDAY & SUNDAY



Immerse in the divine
vibrations of Bhakti with
Shri Aishwarya Nigam
25th July | 7.30 PM



Dungar Darbar
Police Hockey Ground,
Pant Nagar Ext, Ghatkopar (E)

Scan
to register

