

Inspired by Rashtrasant Param Gurudev
Shree Namramuni Maharaj Saheb

LOOK N LEARN

CHILDREN'S JAIN
MAGAZINE



105

Page by page, Wisdom for every age

To subscribe please  Whats app - Jai Jinendra on +91 8104461579

Are you trying too hard to become everyone's favourite?

Some faces are noticed... But some hearts are remembered. Some people shine for a moment... Some spread warmth wherever they go.

What makes someone truly everyone's favourite?

Let's discover together...



Favourite or Forgettable?

The Real Secret

Riya entered class quietly. She didn't try to act "cool." She didn't show off her new water bottle. She simply smiled and said: "Good morning everyone!"



When Aarav dropped his pencils... Before anyone else moved, Riya quickly helped him pick them up.

When two friends started arguing She softly said: "It's okay... let's solve it peacefully."



Slowly, everyone started liking her. Do you know why?



Because people may admire talent...
But they deeply value character.



Children who speak softly, help happily, avoid rude words, and care for others... carry a **Pure Aura** around them. And the best part? They make everyone feel peaceful and comfortable.

That is what makes someone truly special.

Favourite Everywhere!



At School...

At school, Soham helped his friends, included everyone in games, and stopped others from teasing a classmate.



Siddham whispered... "Real favourites lift others up."

At Home



At home, Arham greeted everyone, said "Sorry" when he made a mistake and helped his family.

Siddham smiled... "Small words fill a home with love."



With friends...

Om helped them with problems, played happily with everyone, and stopped kids from troubling another child.

Siddham reminded... "A true friend helps us choose right."

Learning from Param Gurudev



Have you noticed something special about Param Gurudev? Whenever people meet Him... they instantly feel peace.

His smile feels warm, His words feel gentle & His presence feels full of positivity and compassion.

He never tries to impress anyone. Yet countless hearts feel connected to Him. **Why?** Because goodness shines the brightest. Kindness, calmness, humility, and purity naturally draw people closer. That is why so many love Param Gurudev deeply.

A Small Promise

O' Param Gurudev!

I also want to become someone who spreads happiness.

"I want my words to feel soft,
My actions to help others,
& my presence to make people smile."

"I want to become everyone's

Favorite...

Not because of what I have...
But because of who I become."



A to Z of Jainism



Hi Kids! Do you know something amazing?

Just like A to Z helps us make words, there is also an **A to Z of Jainism!** Each letter will open a door to new Jain words, values, and wisdom shared by **Parmatma Mahavir.**

Parmatma Mahavir had **Keval Gyan** (pure and limitless knowledge) and He could know everything! He knew the past, present, and future of all **14 Rajlok.**

Through this A to Z journey, we will learn tiny drops from His infinite ocean of wisdom and see how we can use them in daily life.

So kids, are you ready?

Let's **Look N Learn** together!



Parmatma Mahavir taught us that every tiny life whether it is a human, animal, a small insect, tree, flower or a tiny drop of water loves happiness, wants to live and fears pain and death. That is why Parmatma teaches us to become gentle, careful, and compassionate every day.

Two Types of Ahimsa

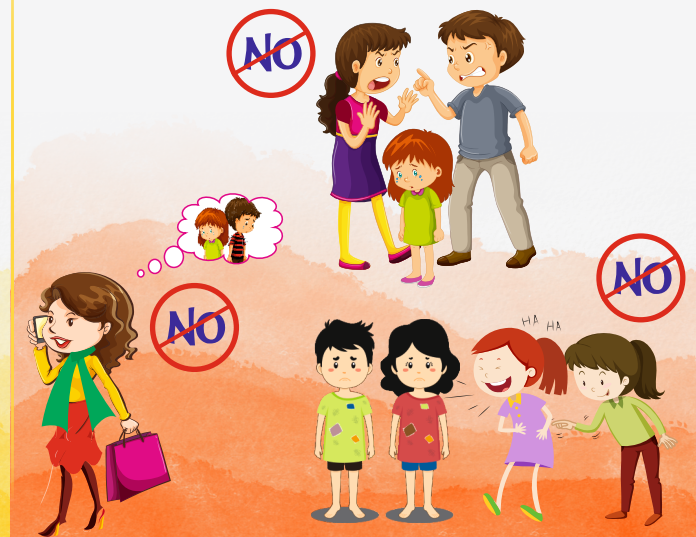
Dravya Ahimsa

Not hurting anyone physically.

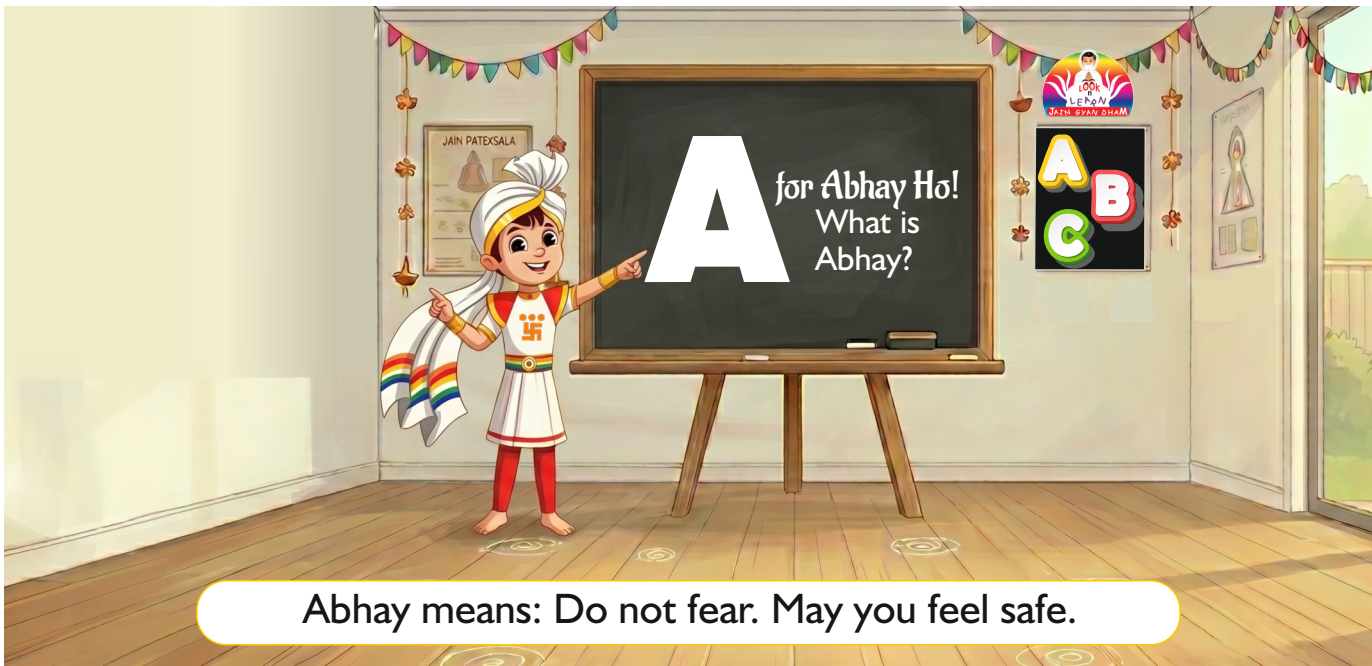


Bhaav Ahimsa

Not hurting through thoughts/words.



I am Prabhu Mahavir's child so i will also be Ahimsak like Prabhu.



One day, a child asked Param Gurudev,

“Gurudev, sometimes when small creatures enter our house, people get scared and try to chase them away what should we do then?”

Param Gurudev smiled gently and said:

“Whenever you see any frightened living being even a tiny lizard in your house, say lovingly **‘Abhay ho... Abhay ho...’**”

Sometimes, small animals run because they are scared. They do not know where to go. They are only trying to protect their life.

Parmatma’s child does not frighten others. He gives safety, kindness, and peace. So next time you see a tiny creature trembling in fear...



I am Prabhu Mahavir’s child so I will make everyone feel safe & fearless.

Activity Page!

Find and circle the words.

G	L	T	M	E	U	I	K	L	T	L	P
D	D	A	H	S	H	A	R	I	N	G	P
O	P	P	Z	E	J	C	E	D	N	X	T
A	N	G	R	Y	L	K	X	I	P	D	E
W	F	Q	A	G	Q	P	L	E	W	R	A
A	Y	Q	J	S	E	L	F	I	S	H	S
U	C	W	I	Q	R	L	F	U	L	U	E
Y	H	R	R	Y	Q	U	K	U	L	M	H
T	P	O	L	I	T	E	D	Z	Z	B	Y
C	A	R	I	N	G	G	Z	E	H	L	M
X	Z	H	G	Q	P	L	X	A	A	E	Z
I	P	I	G	S	H	O	U	T	W	T	L

Find these words:

Kind, Polite, Helpful, Caring, Humble, Sharing, Rude, Angry, Tease, Shout, Lazy, Selfish.

(I will choose words and actions that make me kind, humble, and everyone's favourite.)

Riddle Time!

I cannot be bought from a shop.

I grow bigger when shared.

I make hearts smile and friendships stronger.

What am I?



Activity time – Answer in one thoughtful phrase



Look at this image with pure inner sight... And let your drashti become bright like Param Gurudev's.

To send your answers pls click on





One innocent child folded his hands and asked: “O Parmatma... How should I sit?” “How should I stand?” & “How should I walk, speak, sleep, and live?”

Parmatma lovingly replied: “Live every moment with awareness, purity, and carefulness.” And then Parmatma shared this beautiful Gatha:

॥ जय चरे जय चिट्ठे, जयमासे जय सए
जय भुंजंतो भासंतो, पावकम्मं ण बंधइ ॥



This Gatha teaches us to walk, speak, sit, and live carefully, protecting our soul from bad karmas.

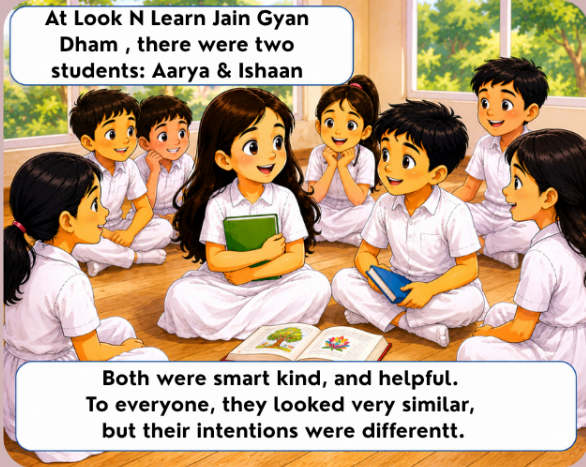
Dear Kids, What if this Gatha became a part of your daily life? Try to learn this Gatha little by little. Repeat it daily, understand its meaning, and let Parmatma’s teachings guide your life. Sometimes, one small Gatha remembered by heart... can guide an entire life.



The Secret of Being Everyone's Favorite

It's Not About Attention, It's About Intention

At Look N Learn Jain Gyan Dham, there were two students: Aarya & Ishaan



Both were smart kind, and helpful. To everyone, they looked very similar, but their intentions were different.

Aarya always helped with a happy heart



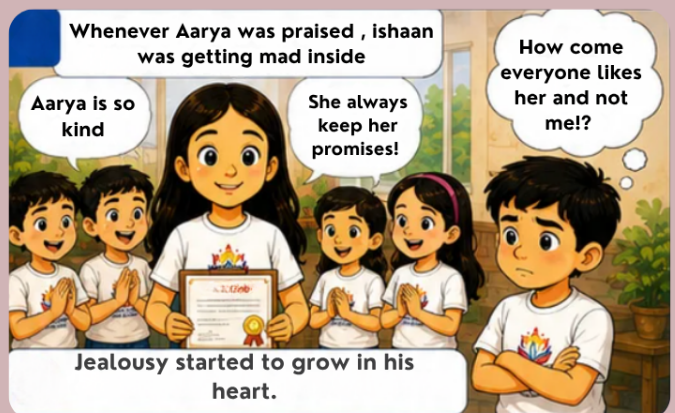
She never thought about praise or attention.. helping others made her happy

Ishaan was also helpful



But deep down, he hoped people would notice him.

Whenever Aarya was praised, Ishaan was getting mad inside



Jealousy started to grow in his heart.

One day, Didi announced an Animal Food Drive and asked the class to choose a leader.



Everyone took Aarya's name to be their leader

Why not me?

Ishaan felt hurt and confused



He was very upset and disappointed

When Ishaan met Param Param Gurudev, he finally spoke about his feelings.



why do people trust Aarya more than me?

The Secret of Being Everyone's Favorite

It's Not About Attention, It's About Intention

Param Gurudev smiled gently and said

When our intention is pure, people naturally trust us more.

Ishaan, People don't just see our actions. They feel the intention behind them

Param Gurudev explained We should praise others' good qualities, don't need to compare or compete to them

Instead of being jealous, praise them.

Praising and appreciating others helps us earn good karma and removes negative thoughts

The next day, Ishaan saw Aarya helping others

Aarya is doing a great job

For the first time, he saw her effort, not the attention she received.

Ishaan walked up to Aarya.

You're really good at organizing and helping everyone.

Thank you! Let's do this together.

From that day on, Ishaan helped with a sincere heart.

I will do my best, not for praise, but because it's the right thing

His Intention changed from getting praise to true seva and care

Slowly, people began trusting Ishaan too

Ishaan, you are good at this

Trust was earned through his words and actions.

Ishaan finally understood

Being everyone's favorite is not about attention... it is about Intention

The right intention makes us trustworthy, respected and truly loved by all.



HEY KIDS!

TRUST IS A SUPERPOWER!
Complete these 5 missions and
EARN YOUR TRUST POINTS.



TRUST QUEST

5 MISSIONS 5 CHANCES TO GROW!

1



HELP A FRIEND

Help someone without
being asked.

10
POINTS

2



KEEP A PROMISE

Do what you said you
would do, on time!

10
POINTS

3



SPEAK THE TRUTH

Speak truthfully, even
when it's not easy

10
POINTS

4



BE RELIABLE

Be the one others can
always count on

10
POINTS

5



RESPECT EVERYONE

Show respect to
everyone & everywhere.

10
POINTS



**TOTAL
TRUST POINTS**



/50



Every small act of trust
CREATES A BIG IMPACT!

Start your mission today
and become a true
Trust Superstar!



PARAM GURUDEV SAYS

Trust is not just
something
others give you.
It is something you earn
every day through your
thoughts, words and
actions.
Be trustworthy,
Be responsible,
Be a shining example
for the world.

YOUR REWARD



40 - 50 POINTS

You are a **TRUST CHAMPION!**



25 - 39 POINTS

You are on the right path!



10 - 24 POINTS

Keep trying! You can do it!

Show your Trust Badge
to your parents or teacher!



TRUST



HONESTY



RELIABILITY



RESPECT



SELF-GROWTH

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MAY 2026

From a Look N Learn Child... to a Diksharathi



Once upon a time Jaanvi didi also sat just like all of us in Look N Learn classes. Listening to stories, learning small values, saying “Jai Jinendra”, helping others, and slowly filling her heart with goodness. Day by day those tiny little habits became something very powerful. The same child who once learned about kindness grew up wanting to live a life full of purity, simplicity, and Saiyam.

While many people run behind trends and distractions Jaanvi Didi chose something much higher a journey towards the soul and Parmatma.



Isn't that inspiring? It reminds us that no good value is ever “small.” One prayer, One kind action, One Jain story, One Sanskaar can slowly change an entire life. And today, with the blessings of Param Gurudev and family a beautiful new chapter begins. Mumukshu Jaanvi Didi Shah, a Dikshartha who has chosen to walk towards a life of Saiyam, purity, and Parmatma. Dear Kids, Maybe one day someone will look at your journey too and say, “From a little Look N Learn child to someone who made the world more beautiful through values.”



One day, a little Look N Learn child asked, Mumukshu Jaanvi Didi :“Didi what should I do to become like Parmatma or Param Gurudev?”

Jaanvi Didi smiled & said, **“Start with something very small but very powerful.”**

Always speak the truth even when it feels difficult, even when nobody is watching choose truth. “Because children who speak truthfully slowly make their heart pure and pure hearts naturally become closer to Parmatma.”

Jay Ho Dikshartha

Glimpses of Look N Learn Kids Carnival

With blessings and Inspiration from Rashtrasant Param Gurudev Shree Namramuni Maharaj Saheb, In sanidhya of Param Mahasatijis, Look N Learn Jain Gyan Dham organised a fun-filled Kids Carnival to promote awareness, inculcate good values in children, and spread moral learning in an engaging way.





Parents and children from Kandivali, Borivali, Mira Road, and Vile Parle centres actively participated. The carnival was filled with interesting games and activities planned thoughtfully for young kids and parents of all age groups.



Little Hearts, Big Bhaavs

Did you know

A 12-year-old Look N Learn student, **Mithul Bhai Kamdar**, has beautifully expressed his creativity and devotion through inspiring comic stories filled with values and sanskaars.

To witness his wonderful talent, visit **Look N Learn** by clicking the button ▶ below. Do like, share, and encourage our little star!



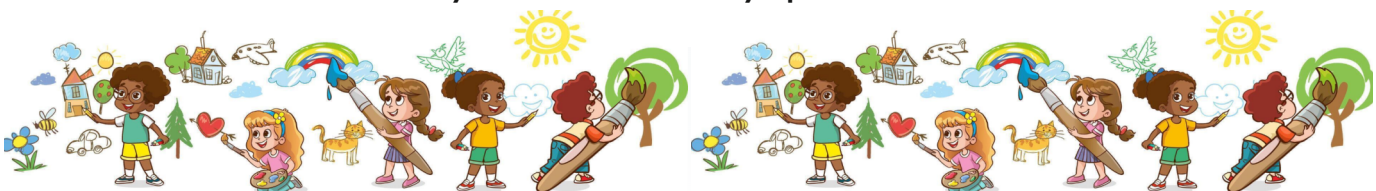
My Talent
Shines



Just like him every child has something special inside them too. Some children express through:
◀ Drawings, ◀ Paintings, ◀ Essays, ◀ Stories, ◀ Letters, ◀ Poems, ...and many more ◀ beautiful creations!

And this Gurupurnima... we would love to see your bhaavs for Param Gurudev too. If you would like to share your creativity, love, gratitude, or inspiration for Param Gurudev send your creations to us. The most heartfelt and inspiring entries will be lovingly featured and published by Look N Learn - E Book.

Remember dear kids, You do not need to be perfect” to create something beautiful. When your heart is filled with pure bhaav even a small drawing or simple story can become very special.



Share your talent with us!

Send your entry on Whats app at +91 8104461579 with your name, age, and state.