

Serial No. 59



The knowledge of 32 Aagams in your phone

Inspired by Rashtrasant Param Gurudev Shree Namramuni Maharaj Saheb



I guess it's Pre-Diwali time and all are busy
Cleaning-Cleaning-Cleaning

Do we forget to clean our... HOME?



Do we forget to clean our body?



WE CLEAN... CLEAN... CLEAN & CLEAN!

In this run aren't we
forgetting to
clean something?
AND WHAT IS THAT?



ARE WE CLEANING OUR MINDS?

Let us **clean** our mind from **negative** thoughts,
Let us clean our mind from **stress** and **anxiety**,
Let us **clean** our mind from **grudges** that we hold





SCRUB

SCRUB CLEAN

SCRUB

SCRUB

CLEAN

SCRUB



For deep cleaning...
we scrub off the dirt/dust

Similarly, what will you use to scrub
off dirt from your mind?

any guesses?

CHANT MANTRA

Yes Chanting
mantras with
utmost faith,
devotion and complete
concentration of the
mind, speech and body
will certainly yield
positive results!



मंत्र को बनाएँ मित्र



Let Mantra be your Mitra

MANTRA

MANTRA

MANTRA

MITRA

MANTRA

MANTRA

MITRA

MANTRA

MITRA

MANTRA

MITRA

MITRA

परमात्मा के नाम स्मरण से
हमारे दुःखों का निवारण होता है

The names of the
Tirthankaras have the ability
to eradicate sufferings.

Let's embark on this journey of making **Mantra, my Mentor.**

23. Shree Parshvanath Swami

॥ Om Shree
Parshvanathay Namaha ॥

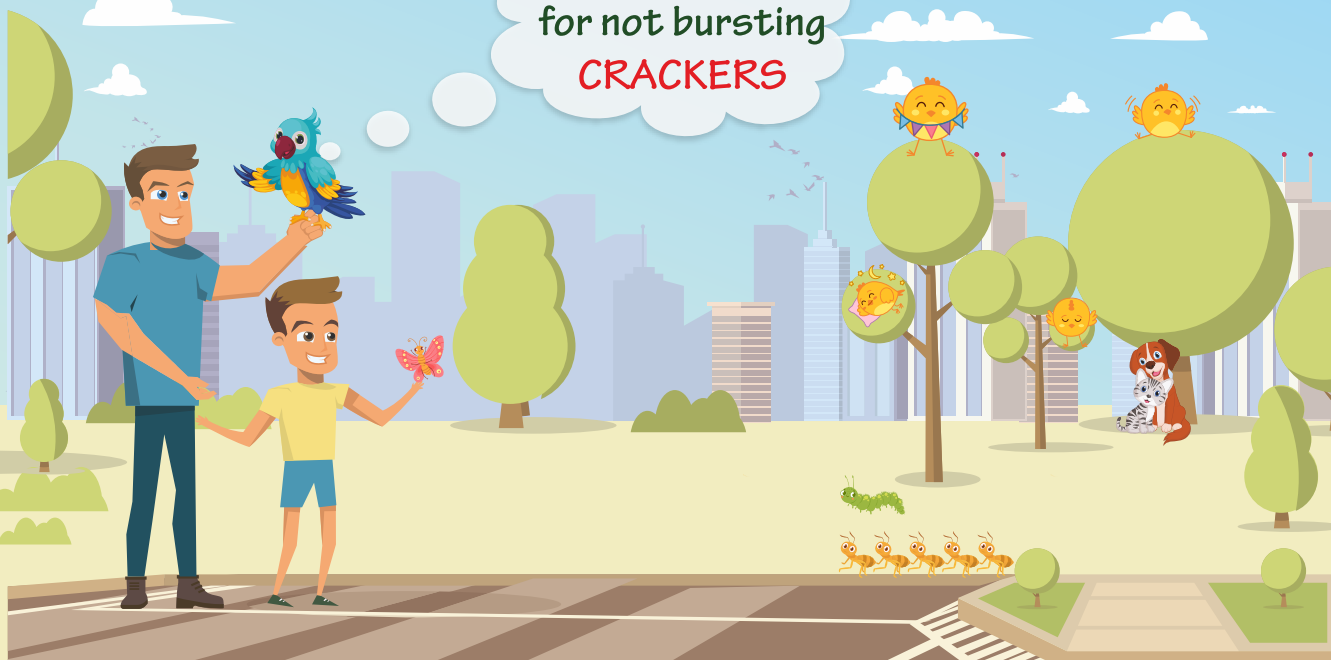
This Mantra...

- It acts as a shield of protection from the unfavorable factors and paves the way forward by making all directions favourable.
- दशो दिशाओं का कवच बनाकर अमंगल तत्त्वों के प्रवेश को रोकता है और ढाल की तरह रक्षा करता है।
दिशाओं की विशुद्धि करके दिशाओं को अनुकूल बनाता है।



In this Diwali let us burn our **EGO** and not **CRACKERS**

We all thank you
for not bursting
CRACKERS



Arham :Papa don't buy crackers for me.

Papa :Why Arham?

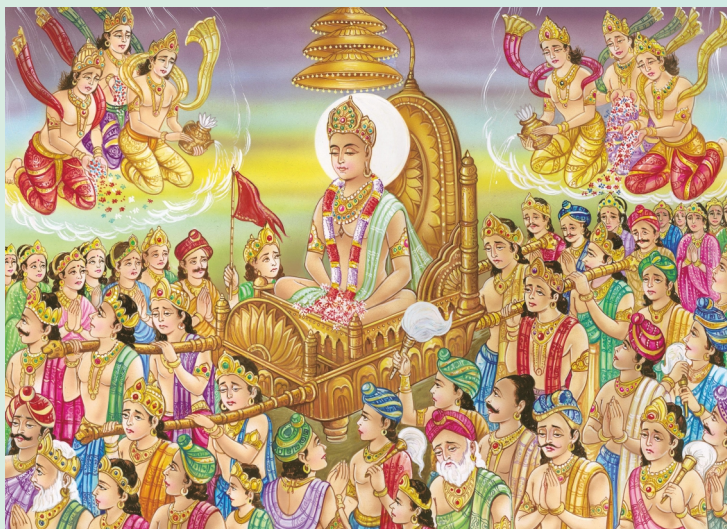
Arham :Papa, I will be celebrating an eco friendly Diwali and there by giving Ahaydaan to all jiv.

Papa :That's very thoughtful. But who has inspired you to do so...

Arham : Papa our Look N Learn didi has.

Papa :Great! What else have you learned?

Arham : I have also learned that... On the pious day of Diwali, Pramatma Mahavir had lit a lamp of Mercy, Compassion, Humanity, Friendship, Ahimsa, Jivdaya and attained Nirvan and reached Moksh. He achieved the param pad of "**Sidhaa Siddhim**". Diwali is a festival to fill our homes with **Prayers** and not with Fumes and crackers.



In Diwali we have a whole lot of sweets at home



Isn't it?

What happens if we eat them all alone?

DO YOU KNOW?



**CHILLS &
HEARTBURN**

**UPSET
STOMACH**

NAUSEA

DIZZINESS

HEAT

THEN WHAT SHOULD WE DO INSTEAD?

Instead, what happens if we share all of the sweets?

DO YOU KNOW?



If Parmatma can, even we can spread kindness