

# LOOK N LEARN CHILDREN'S JAIN E-book

Serial No. 54



*The knowledge of  
32 Aagams  
in your phone*

To subscribe please  Watts app - Jai Jinendra on +91 8104461579



Inspired by Rashtrasant Param Gurudev Shree Namramuni Maharaj Saheb



SAMAYIK is a...



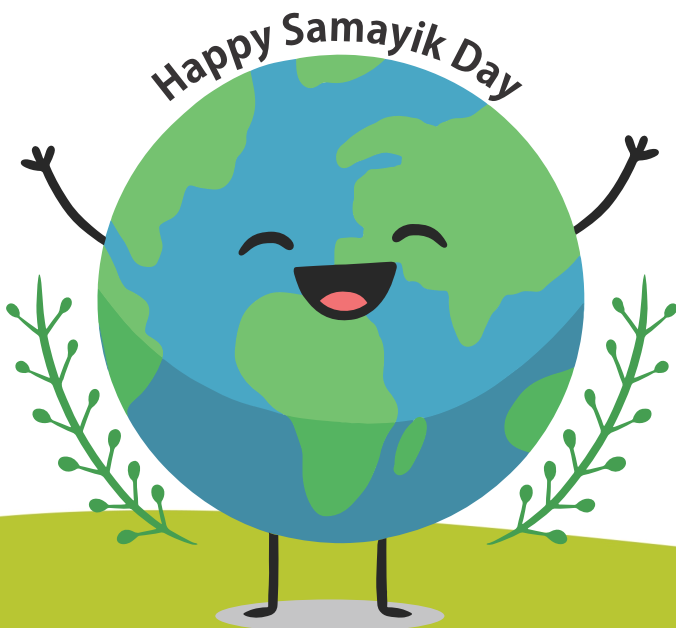
LIFE SAVING  
OFFER



SAMAYIK is a...

Earth saver for 48 minutes...

When in samayik, one won't pollute the earth, hence  
Samayik makes the earth happy...



SAMAYIK is a...

Water saver for 48 minutes...

When in samayik, one won't use water nor will consume it, thereby giving **Abhaydaan** to Apkaay jiv.

Helps control  
**Global Warming** too.



Samayik makes  
me happy  
No hit no hurt!



# SAMAYIK is a...

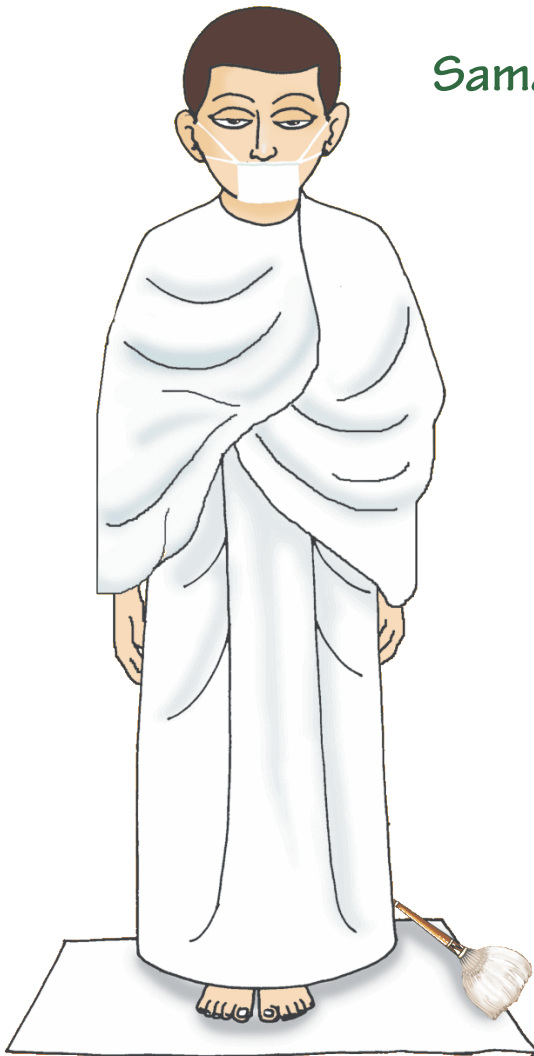
## A world of Compassion for 48 minutes...

When in Samayik, one does not even eat food. Being in Samayik means **Abhaydaan** to all 6 kaayjiv.

### I PRACTISE PENANCE IN SAMAYIK

It saves all living being.

Samayik makes all living beings happy...



NO FOOD=NO STOVE

ABHAYDAAN

TO FIRE AND WATER

BODIED BEINGS



# SAMAYIK means...



NO CUTLERY  
ABHAYDAAN  
TO WATER  
BODIED BEINGS



NO CHOPPING  
ABHAYDAAN TO PLANT  
BODIED BEINGS



NO APPLIANCE  
ABHAYDAAN TO AIR  
BODIED BEINGS

# SAMAYIK is a...

## A DETACHMENT Zone for 48 minutes

When in Samayik, one lives moments of **DETACHMENT**, one lives an **ECO FRIENDLY** life. One has no desires, no needs, no Parigraha, no consumption of any material hence we practise **Mahavrat - 48 minutes of Aparigraha**

**An ENERGY SAVER for 48 minutes-** When in Samayik, one doesn't use any natural resources nor electricity thus we give **Abhaydaan** to 6 kayjiv.

**An FUEL SAVER saver for 48 minutes-** A Fuel Saver - One does not use any vehicles hence fuel saver and also helps in pollution control.

**An NO E-WASTE ZONE for 48 minutes-**

In Samayik we don't use any gadgets which leads to **NO E-WASTE** and hence **NO GLOBAL WARMING**.



SAMAYIK is a...

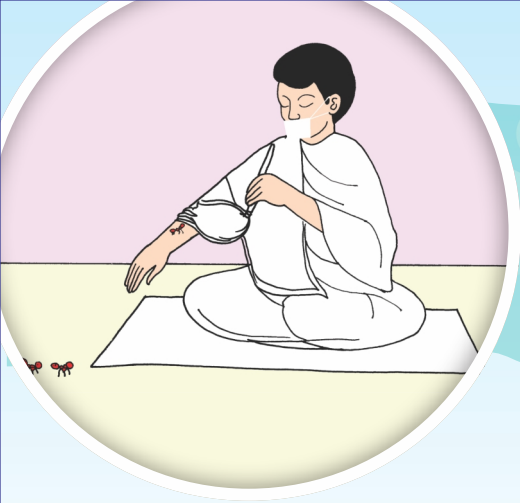
A Gadget free zone for 48 minutes...



THAT MEANS AN HAPPY-HAPPY  
48 MINUTES FOR ALL!

HAPPY  
TIME





# SAMAYIK is a...

A fearless world for  
48 minutes...

When in Samayik, one will stay at one place,  
avoid unnecessary walking, hence Samayik is a...

**LIFE SAVER FOR ALL JIV**

It saves smallest living being.

Samayik makes all living beings happy...



When you are in Samayik,  
he wont do us any harm



Let us pledge to do as many Samayik as we can and give  
Abhaydaan to all jiv and bind a universal friendship with all.

# Benefits of Samayik



- Increases our faith in Dev, Guru and Dharma.
- Samayik controls our desires and senses.
- It increases our goodluck, which brings happiness.
- It brings anger under control, helps to shed Karmas.
- Develops friendship with all worldly beings.
- Imbibes qualities of forgiveness, politeness, simplicity & satisfaction.

