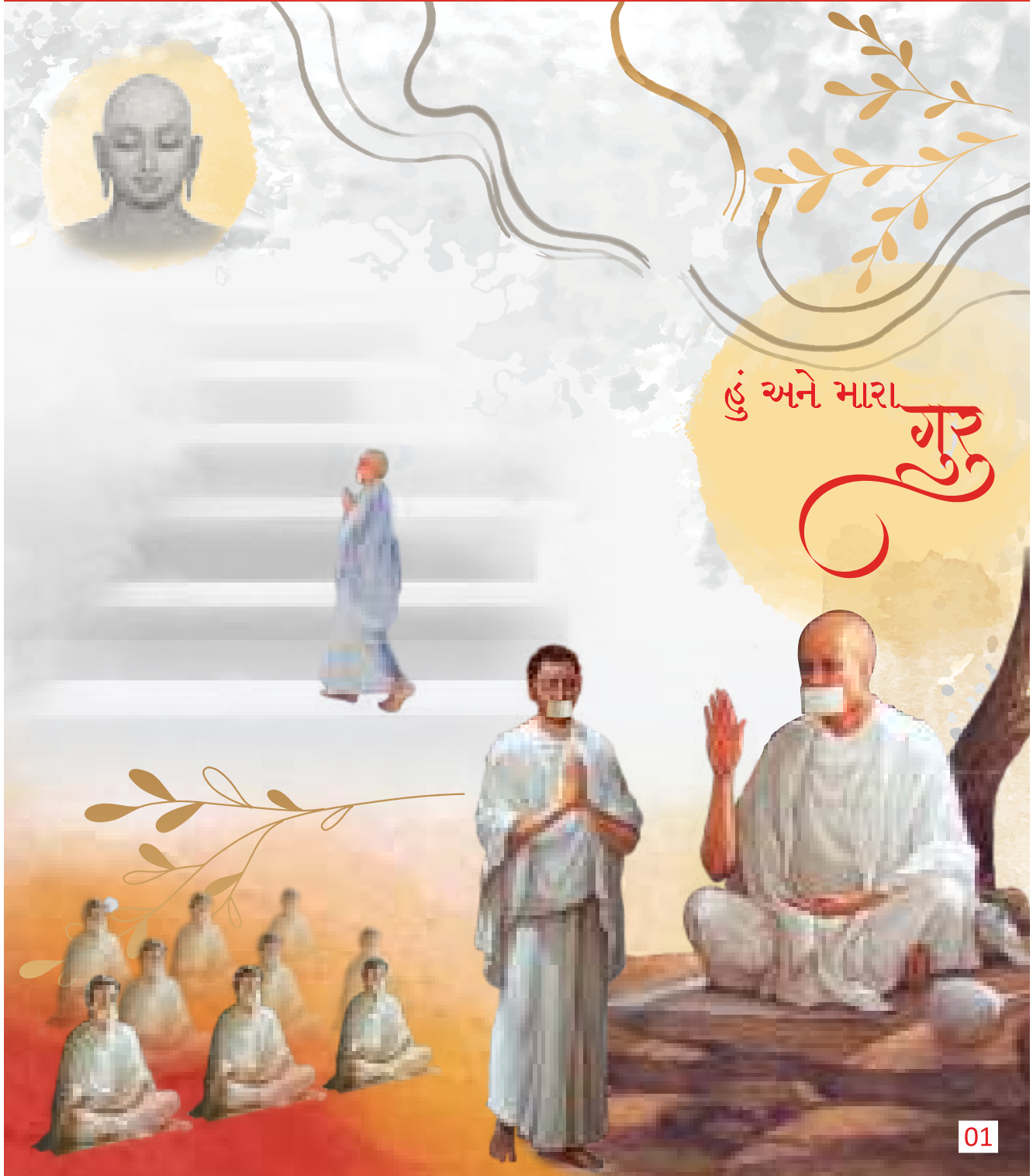
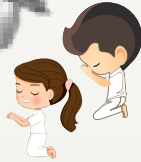


# LOOK N LEARN

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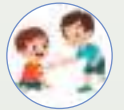
Time for us to introspect!  
Time for us to live and re-live the precious moments of...



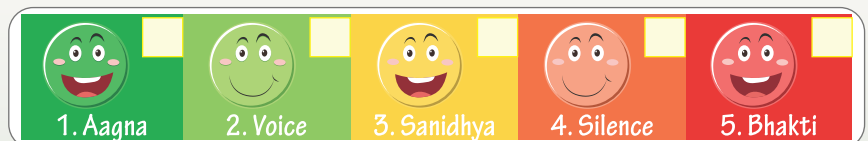
Children, let us check for ourself  
and understand how deep is our connection  
with our Guru and Parmatma!

Which of these 5 signs do you meet as a Param Bhakt!

1. **Aagna** - Guru's aagna is your lifeline. You yearn to be blessed with His Aagna.
2. **Voice** - Irrespective of the situation you can always hear His voice which guides you.
3. **Sanidhya** - Guru sanidhya and seva is your world. The inner joy and satisfaction of it is incomparable.
4. **Silence** - You understand Guru's Maun.
5. **Bhakti** - You are so deeply connected to Guru that you are able to do Bhakti anywhere at anytime.



✓ Tick on the no. where you feel you connect with the Divine



- Gurubhakt Kolkatta

Soham : Didi, why should we have a deep connection with our Guru and Parmatma!

Didi : Children let me explain you with the help of a story would you all like to hear it?

Soham : Yes didi we all would love to do so.

Didi : Once on a rainy day, all raindrops were happy to fall on Earth and associate with everything they encountered. However, each raindrop ended up landing on different surfaces creating a unique experience for each of them. What happened next with each rain drop depends on the various surfaces and environments they landed on. Come on let us find out...



One of the rain drop from the sky was caught in hands of a child, it was pure enough for drinking. The other drop falls in a sewer or culvert? Is it still pure?

Arha : No didi! its value drops so much that it can't be used even for washing the feet.

Didi : True!



Didi

: One of the drop fell on hot surface,  
it perished and disappeared completely.



Few of them fell on lotus leaves and they all  
shined like a pearl.



And finally, one of it fell on an oyster?  
an it became a Pearl!



**Amazing**







**Didi** : Have you ever wondered what happened when a raindrop fell into the ocean?

**Soham** : It might have become salty and it may have also disappeared.

**Didi** : **No, when a raindrop falls into the ocean, it doesn't disappear or loses its existence. Instead, it becomes one with the vast ocean.**

Our interactions and associations can significantly impact our values, characteristics and overall growth.

Just as the raindrop takes on the qualities of the surface it associates with... we too, can be influenced by the people we spend time with.

By associating with the Divine, Guru or Parmatma we can strive to become one with their virtues. Their positive influence can shape our thoughts, actions and values, leading us to become better versions of ourselves.

So, just as the raindrop's association with different surfaces shapes its existence, our associations have the power to shape us... so choose wisely whom you associate with...

**Your association is bound to colour you...**

**"Sang tevo rang"**



**Me & My  
Guru**

**Soham** : Didi I want to associate with Parmatma and become like Him.  
But I haven't seen Him. Where and how can I find Him?

**Didi** : Do you want to see Parmatma or feel His presence?

**Arham** : Yes didi we all want to!

**Didi** : Try to find Parmatma, go look out for Him...  
(Children started to look for Parmatma)

**Pooja** : Didi we tried hard, but we couldn't.

**Didi** : In this 5<sup>th</sup> era you will find Parmatma in Guru sanidhya. By following Param Gurudev's foot steps, by being like Him, by trying to imbibe His virtues you will become like Parmatma one day.

**Soham** : Didi which virtues?

**Didi** : Virtues like Compassion, vinay, kind hearted, humble, polite, smiling, soft spoken, truthful, calm, selfless, positive and much more...

**O GURUDEV, WE BOW DOWN TO YOUR IMMENSE VIRTUES AND WILL TRY TO INCULGATE THEM IN OUR LIVES.**



ON THE AUSPICIOUS OCCASION OF GURU PURNIMA...

# ॥ VANDAMI NAMAMSAMI ॥



Param Guru grants the precious gift of Grace for 364 days to His disciples, and Shishya grasps 1 day to offer Runn swikaar bhaav towards his Param Guru! This 1 day is the day of **GURUPURNIMA!**

The best opportunity for Guru Samarpan! Let us offer something at the lotus feet of our Param Guru & enhance our devotional spirit!

Let us share with you few real-life incidents that highlights few more virtues of our Param Gurudev that can be inculcated in our life.

- Gurubhakt Mehta Parivar



# Guru Gunn Vandanam

Like my Param Gurudev, I will...

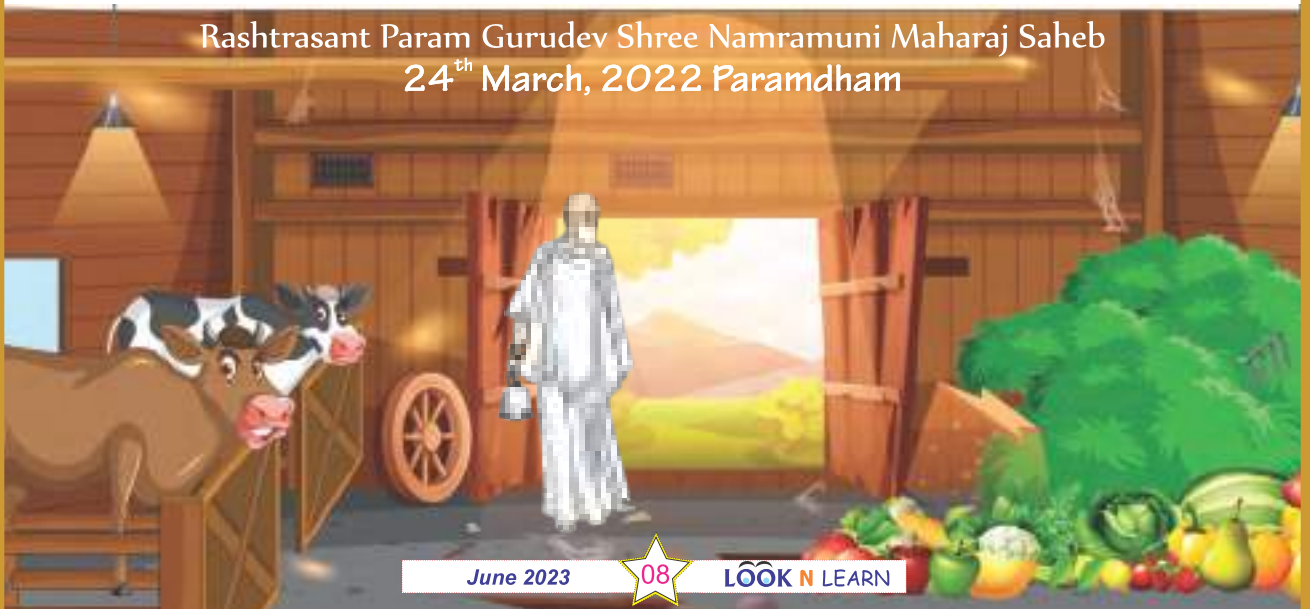
## TREAT others the way... I want to get TREATED

One morning, Param Gurudev visited the gaushala (cow shelter) in Paramdham. While examining it, he saw that food meant for the cows was lying strewn outside the gaushala in a very unorganised manner. Seeing this, he asked the sevaks present, "Who is in charge of Gaushala seva?" Nirav bhai came forward, and Param Gurudev asked him, "Why is the food lying outside in this way?" The sevaks replied that the food has been kept outside because of space constraints. Param Gurudev then asked them, "Would you like it if your food is kept in this way in your house?"

Hearing this, Niravbhai became silent. With great empathy, Param Gurudev explained, "How can we give others the treatment that we ourselves do not like? Why don't we call for supplies for only 10 days and store them systematically? When you store such food in bulk quantities for a very long time, insects and pests start developing inside that food." He then asked the man who looked after the cows, "If this mud flooring gets replaced with a proper flooring, will the cows be comfortable? The man replied, "Yes... it would be much better for them." So, the Paramdham gaushala storage was then reorganised and the flooring was concretised to make it a place that cows could call their 'home'!

This moral teaches us to handle food respectfully with care and not to waste it. Param Gurudev also says, "One who does not compromise on quality in life is bound to SUCCEED.

Rashtrasant Param Gurudev Shree Namramuni Maharaj Saheb  
24<sup>th</sup> March, 2022 Paramdham





## Someone is waiting for **ME...**

Kalyankari Kutch Chaturmas 2022 was one of the most heart-touching chaturmas in Param Gurudev's 32 years of saiyam life. But not many know the auspicious note on which this blessed chaturmas began.

Param Gurudev was doing vihar towards Punadi in Kutch and several gurubhaktis from the SPM family were walking behind his wheelchair. All of a sudden, Param Gurudev's wheelchair started moving in a different direction. The gurubhaktis thought that Param Gurudev had probably made a mistake and lost his way. So they rushed forward. But the wheelchair kept moving in that direction and suddenly stopped in the middle of the road.

A herd of cows was standing right in between the road, and Param Gurudev asked all the gurubhaktis to feed those cows. Food was arranged quickly, and the cows wholeheartedly ate all the food. With his hand raised in blessing, Param Gurudev turned and started moving in the right direction towards Punadi.

After reaching Punadi, Param Gurudev said, "You thought that I had probably lost my way, didn't you...? (smiling) But I knew that these cows were waiting for me! I could feel their vibrations... and that's why I went there! The one who has come to show you the way, how can he himself lose his way...?!" Humbled by his selfless gesture, SPM family's ahobhaav knew no bounds! Blessed are we to have such a GUIDING LIGHT in our lives!

**This moral teaches us that the one who worries about his own problems is a selfish person, whereas the one who worries about other's problems is a SELFLESS PERSON.**

Rashtrasant Param Gurudev Shree Namramuni Maharaj Saheb

29<sup>th</sup> June, 2022 Kutch



# Guru Gunn Vandanam

## A SELFLESS Giver

In our world, when we ask someone for help, we need them. But, can you imagine a moment where your GURU asks you for help? Does he really need your help? Or is there KARUNA hidden even behind that?

In November 2022, Param Gurudev had a slipped disc and there was severe pain in his back. And so, he was brought to Navjeevan Nature Cure for treatment. Yet, after the treatments, he would spend hours and hours giving one-on-one inspiration and guidance to devotees, despite the terrible pain.

On one such day, there were many devotees who had come for darshan. And because of not taking sufficient rest, Param Gurudev's back pain had aggravated a bit. So he looked at one bhai and requested him to bring the back support which was lying in a corner of the room. That bhai immediately got up and brought the back rest. With immense ahobhaav of getting a chance to offer seva to Param Gurudev, that bhai adjusted the back rest very carefully to ensure that Param Gurudev could sit comfortably. He then bowed down his head at Param Gurudev's feet, and slowly tears started streaming down from his eyes.

Before anyone could realise what happened, he was crying like a child before Param Gurudev. And without saying a single word, Param Gurudev just kept stroking his head very affectionately. Almost 5-7 minutes passed by, but Param Gurudev did not say a single word. He just kept showering his boundless love on that bhai, till that bhai calmed down...

Param Gurudev then shared, "When I called him near me, you thought that probably I needed his help... but I knew that at this moment in his life, he needed me the most! He had just lost his father and I had to be there for him...!" And this one sentence melted the hearts of every person present in that room.

Gurudev! You are and you have always been a selfless giver who wants nothing in return! And it is your selfless compassion that always makes us feel safe and secure even in the toughest situations of our life! Thank you for always being there for us, O Gurudev!

This moral teaches us to show compassion and empathy towards all living beings. Param Gurudev says, "What we give COMES BACK to us, what we hold turns into ashes."

Rashtrasant Param Gurudev  
Shree Namramuni Maharaj Saheb

20<sup>th</sup> November, 2022 Kutch



# Guru Gunn Vandanam



## A GENTLE Heart

It is said that a mother plays the role of a Guru when the child is small and the Guru plays the role of a mother when the child grows up! For a Guru, every shishya is like a child, whom he guides, inspires, corrects and nurtures with motherly love and anushasan!

Param Gurudev was at Rajkot's Royal Park Upashray, in the same room where Tapsamrat Pujya Gurudev Shree Ratilalji Maharaj Saheb used to sit. That day, Goda family had come for Param Gurudev's darshan. Their baby was probably just two months old. Param Gurudev took that baby in his own hands and showered boundless love and blessings on him. After a while, the little one started crying and so, Param Gurudev asked his father to take him in his own arms.

He came forward, but his way of lifting such a delicate child was not quite right. He lifted him by his shoulder and the poor baby started crying even more. So then, the baby's mother took him very gently in her arms and calmed him down. Observing everything, Param Gurudev told the baby's father, "I will need to give you a lot of training on how you should handle your child! Look at his mother, she lifted her baby so carefully. Just imagine, if you were so young and if someone would have lifted you from the shoulder in this manner, wouldn't you get hurt? This baby is just 2 months old! He's YOUR baby, but I worry for him! Baadak Taaru, Chinta Maari!"

Probably, the baby was a child for his parents. But his father was also like a child for Param Gurudev. And so, Gurudev sowed the seeds of care and gentleness in his heart through his boundless compassion!

**This moral teaches us to be kind, gentle and soft hearted towards all living beings.**

Rashtrasant Param Gurudev Shree Namramuni Maharaj Saheb  
8<sup>th</sup> January, 2023 Parasdham, Girnar



Guru Gunn Vandanam

# You Teach us... How to CARE for EVERY Living Being!

It was around 12 in the afternoon, and Param Gurudev visited the 4<sup>th</sup> floor of the under-construction site at Parasdham Girnar. While examining the status of the work, he just happened to say, "There are many monkeys in this locality... But after Parasdham is ready, maximum monkeys will come to this balcony! Remember my words!"

Sevaks from Junagadh who were present, were surprised to hear this. While everybody came up with suggestions on how to prevent too many monkeys from gathering in the balconies, Param Gurudev smiled and said, "When you plan so much for your place of stay, you must think about other living beings too... shouldn't you?" He then gave an inspiration to Yatinbhai (the sevak-in-charge of construction at Parasdham Girnar) – "Before you complete constructing Parasdham, you should build bird houses (chabutra) too!" Param Gurudev then explained, "Don't think only about yourself, think about every living being."

**This moral teaches us to feed others before our meals. We shall try to feed birds and animals around us everyday.**

Rashtrasant Param Gurudev Shree Namramuni Maharaj Saheb

8<sup>th</sup> January, 2023 Parasdham, Girnar





# Guru Gunn Vandanam

## One lack of **ALERTNESS !**

How often has your phone started ringing in an important meeting or lecture... after which you have regretted immensely? Yes, one lack of alertness can make all the difference.

One evening, a Gurubhakt had come for darshan. Param Gurudev was aware that probably, that Gurubhakt would not get a chance to come again for darshan for quite some time. And so, he started blessing that bhakt with various inspirations for her aatmakalyan.

Just then, a phone started ringing very loudly in the hall. It kept ringing and everybody wondered who it belonged to. After a few rings, Param Gurudev's link got disturbed, and so, he asked, "Whose phone is this?" At that moment, the gurubhakt realised that it was her own phone lying in her bag, which she had forgotten to silence before entering the upashray hall.

Param Gurudev said, "Your phone ring is also a form of hinsa, isn't it?" The gurubhakt asked him, "I'm sorry Gurudev, but I didn't understand..." And Param Gurudev explained, "I was giving you so much inspiration and just at such a time, the phone ring created a disturbance... Disturbing someone is also a form of hinsa...!"

Visible violence can be understood easily. But Jain philosophy further emphasises on micro violence – which is known as bhaav hinsa. That incident left a deep regret in the gurubhakt's heart, because she had lost a precious moment of Guru sanidhya through such ashatna (disrespect). But it gives us all a lesson for life – to develop immense cautiousness in every action that we do, because one carelessness can sometimes cost us one of the most priceless moments of our life!

This moral teaches us not to disturb any living being by means of Mann(mind)-Vachan(speech)-Kaaya(body). Param Gurudev also says, "Deserving one never sees others as undeserving, and an undeserving one never sees others as deserving".

Rashtrasant Param Gurudev Shree Namramuni Maharaj Saheb

29<sup>th</sup> January, 2023 Vadodara



# Guru Gunn Vandanam

## A LESSON at *Every* Step of Life

Every step of life is a lesson, only if we have an eye for learning from every situation that comes our way. Param Gurudev visited the Parasdham Girnar construction site one morning. The engineers and sevaks were all discussing the site plans and onsite work.

At that time, an old bull passed from there. Everybody saw him, but they remained busy in their work. Param Gurudev's eyes fell on him, and he noticed that the bull had some problem in his front leg. He was walking with great difficulty, and being very hefty, he was dragging his body at every step. Param Gurudev kept observing him for a few moments and then told the Param Mahasatijis who were with him, "Look at the pain on his face. Who is there to care for him or give him any affection? Who is there to look after him? Our souls have spent countless such births in the past. We have endured such terrible pain for countless lives, without any choice. The precious saiyam that we have been blessed with today is an opportunity to willingly welcome pain and destroy all our karmas. Only human birth gives us an opportunity to face karmas and destroy them with sadhana. That's why, we must not waste a single moment of this human life and this precious saiyam life..." Param Gurudev even instructed the sevaks to get the bull's ear treated because it had become septic. And he guided them to arrange for drinking water for that poor animal.

Bhagwan Mahavir has said, "दिद्वेहिं निव्वेयं गच्छेज्जा". Wherever you go and whatever you see, connect it with your soul and deepen your realisation of the truth. Whatever the situation may be, Param Gurudev's self-awareness towards his soul is so strong, that he introspects upon it and saves the lesson in his mind library. Whenever he himself is unwell or in pain, he recollects such memories which further strengthen his elevated state of sambhaav (equanimity)! May we also develop an eye to learn a lesson at every step in our life!

**This moral teaches us "Save jiva mama jiv sam", all living beings are like me. They feel pain just like us. We should cultivate empathy and compassion towards all.**

Rashtrasant Param Gurudev Shree Namramuni Maharaj Saheb

20<sup>th</sup> April, 2023 Girnar



# ME & MY GURU

Hey! how are you?

I feel too dark & heavy these days...



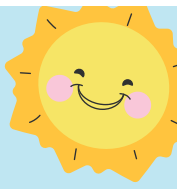
You are so light and bright,  
I am also a cloud just like you... still I am dark and I feel so heavy.  
I want to be as light and bright as you.

When we hold too much...

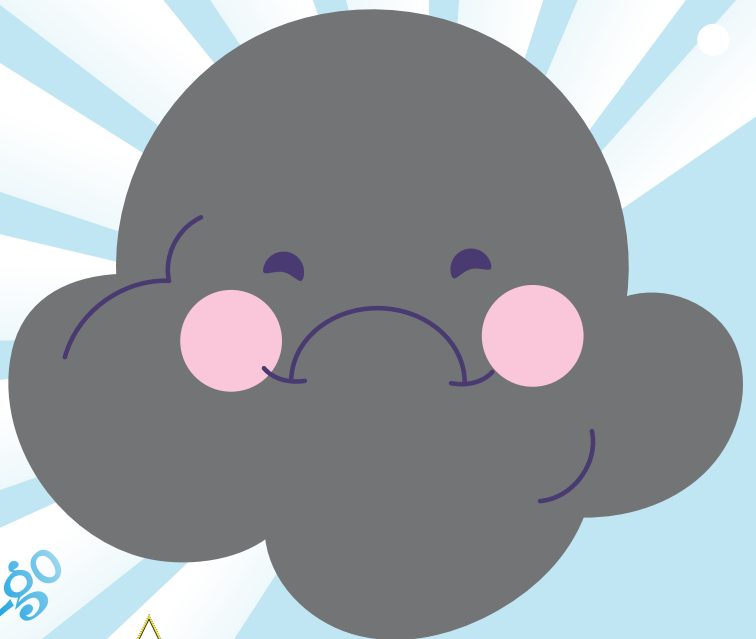


We create our own **DARKNESS!**  
And block out the **LIGHT!**

SMILE!



Knowingly or unknowingly  
we often hold upon  
past grudges that weighs us!  
To become light and pure,  
it is important to let go of.  
**We often hold...**



Jealousy

Deceit

Greed

Fear



Hatred

Cheat



Anger



Pride

Ego



Yes, I understand my mistakes but how shall  
**I LET GO?**

This can be done through forgiveness!

I will become  
like you!

I am  
like you!

Me & My GURU

Just let it all GO!  
Forget  
Sorry

Just let it all GO!  
Forget  
Sorry

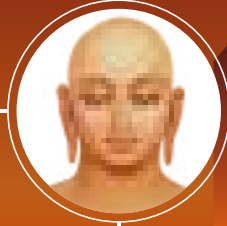
Just let it all GO!  
Forget  
Sorry

Hey Param Gurudev! In the urge of becoming like YOU... we will let go of any heavy emotional baggage such as anger, resentment, fear and replacing them with more positive emotions such as forgiveness, love, compassion and kindness.

- Gurubhakt Kothari Parivar, Ghatkopar

"Many missions have been established under the guidance of our Param Gurudev to help us stay connected with Him."

# MISSION



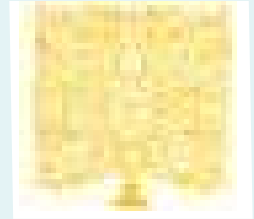
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"Stay connected with Param Gurudev through various Apps."



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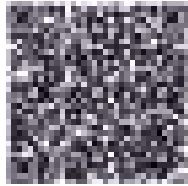
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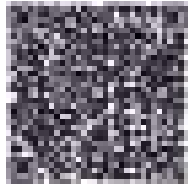
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June 2023



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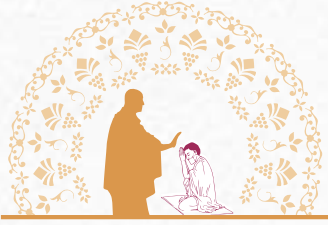
Tapsamrat Pujya Gurudev  
Shree Ratilalji Maharaj Saheb's Krupapatra Sushisya  
Rashtrasant Param Gurudev  
Shree Namramuni Maharaj Saheb & Sant-Satiji

॥ GIRNAR VANDANAM VARSHAVARSH ॥  
2023

CHATURMAS

PRAVESH SHUBHECHA AVSAR  
25<sup>th</sup> June 2023 | Sunday 09:00am

and



PARAM GURU PURNIMA,  
"ME AND MY GURU"

26<sup>th</sup> June 2023 | Monday 09:00am

**Venue:**

**Parasdham, Rupaytan road,  
Girnar, Junagadh**

For inquiry contact:  
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Inquiries related to Shibirs, contact:  
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