Look n Learn
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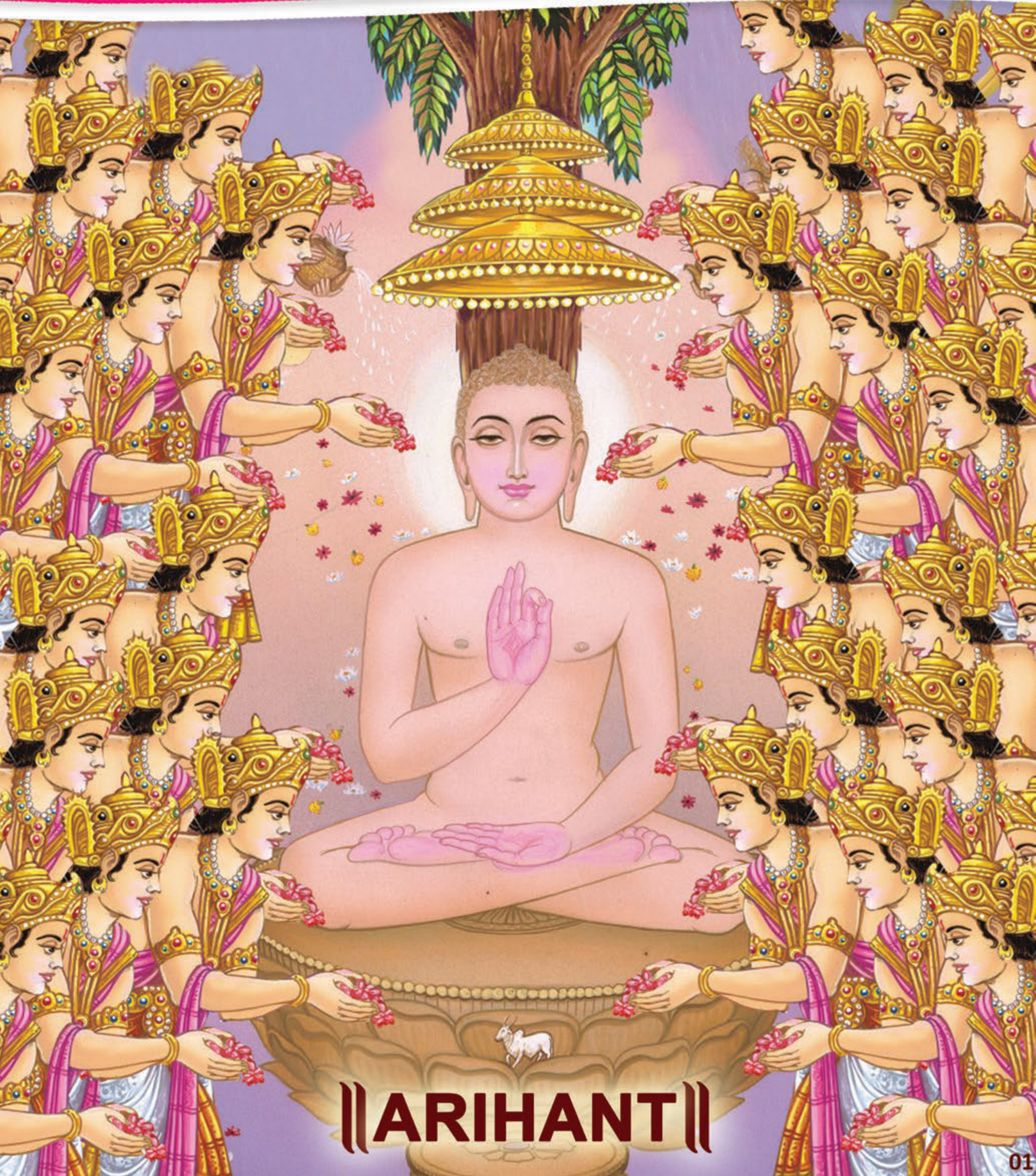

ARIHANT

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Editor: Ashokbhai Sheth 20, Vanik Niwas, 1st floor, Cama Lane, Ghatkopar (West), Mumbai - 400 086.

हम दोनो ने ४ कर्म क्षय किए है...
हम दोनो इसी भव में मोक्ष जाएंगे...
हमारा केवलज्ञान, केवल दर्शन समान है...
बोलो बोलो कौन है हम?

"तीर्थंकर और केवली"

परमात्मा केवल ज्ञान के पश्चात चार तीर्थ की स्थापना करतें है, और जो तीर्थ की स्थापना करतें है वे तीर्थंकर कहलाते है। हर एक तीर्थंकर के जीवन में ५ पावन प्रसंग, उत्सव आते हैं जीन्हे हम कल्यानक कहते है। तीर्थंकर महाविदेह क्षेत्र में हमेशा विचरण करते हैं। भरत और एरवत क्षेत्र में हर काल में तीर्थंकर नहीं होतें।

जिस आत्मा को केवलज्ञान होता हैं उन्हें केवली कहा जाता है। वे ४ कर्मो का क्षय करते है।

Tirthankar is not an incarnation of God. He is an ordinary soul that is born as a Human and attains the state of a Tirthankar as a result of intense practice of Penance, Equanimity and Meditation.

At present Tirthankars are residing in Mahavideh Kshetra.

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The Power of Tirthankars

Kids, What comes to your mind when we talk about some super heros or talk about power & strength?

You can name many :- Say Spiderman, Superman, Power puff girls, Batman or Chota Bheem. We know how powerful these super heros are but kids do you have any idea that our Tirthankars are infinitely powerful. Their power has been calculated as :-

* A bull is as powerful as 12 warriors.
* A horse is as powerful as 10 bulls.
* A buffallo is as powerful as 12 horses.
* An elephant is as powerful as 18 powerful buffaloes.
* A lion is as powerful as 500 elephants.
* An octoped (अष्टापद)is as powerful as 2000 lions.
* A Baldev is as powerful as 1 million octopeds (अष्टापद).
* A Vasudev is as powerful as 2 Baldevs.
* A Chakravarti is as powerful as 2 Vasudevs.
* A King of Serpent god is as powerful as 1,00,000 Chakravartis.
* An Indra is as powerful as 10 million Kings of Serpant god.
* The power of innumerable Indras is insignificant as compared to that of the small finger of a Tirthankar.

च्यवन कल्याणक

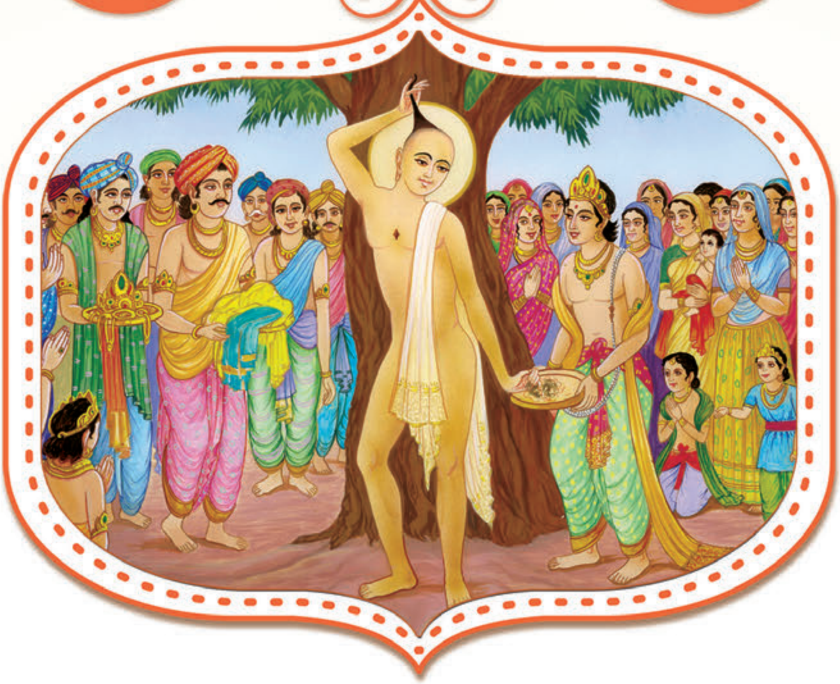
हर एक तीर्थंकर के ५ कल्याणक मनाए जाते है।
जब परमात्मा के कल्याणक होते है तब उपवास, आयंबील,
एकासणा, वगेरे शक्ति अनुसार तप करना चाहिए।
कार्योत्सर्ग, माला, ध्यान वगेरे भी करना चाहिए।

जीस समय पर तीर्थंकर का जीव माता की कुक्षी में प्रवेश करता है उसे च्यवन कल्याणक कहते है। इस समय माता १४ पवित्र स्वपनों के दर्शन करती है। तीर्थंकर १००८ लक्षणों से युक्त होते है।

जन्म कल्याणक

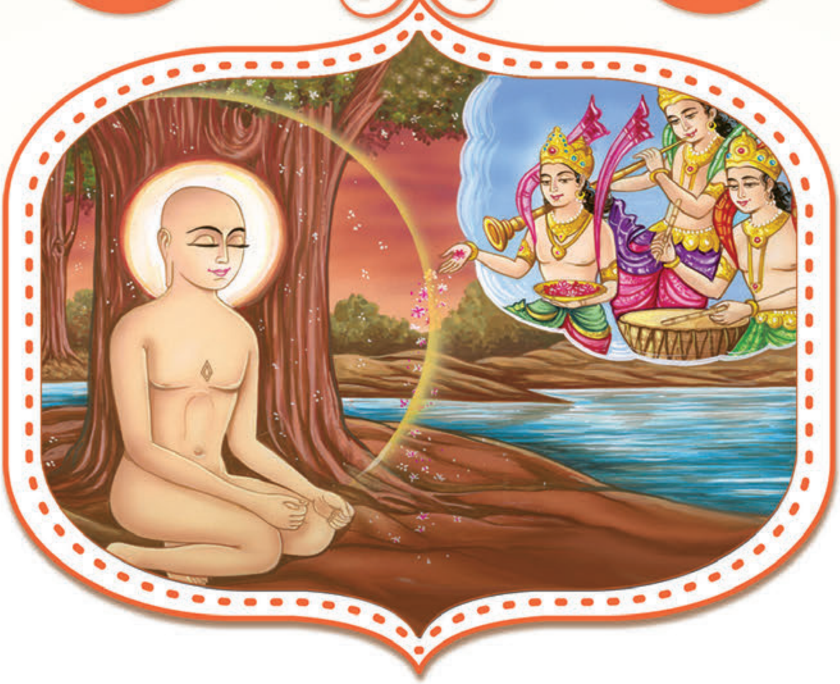
तीर्थंकर का जन्म प्रायः आधी रात को होता है। जीस समय तीर्थंकर का जन्म होता है उसे जन्म कल्याणक कहते है। तीर्थंकर का जन्म देवलोक के इन्द्र मनाते है।(जन्म से ही तीर्थंकर को मती ज्ञान, श्रृत ज्ञान, अवधी ज्ञान होते है।) परमात्मा के जन्म अभिषेक के बाद इन्द्र परमात्मा के अंगुठे में अमृत का संचार करते है। इस तरह तीर्थंकर अंगुठे से अमृत का रसपान करके बड़े होते है। लोक में सबसे उत्तम रुप तीर्थंकर परमात्मा का होता है। परमात्मा का रुप देखकर लोग निमग्न हो जाते है और उनकी तरफ आकर्षित हो जाते है। सभी तीर्थंकरों के शरीर पर कुछ जगहो पर पवित्र आकृती बनी होती है, वह आकृति वही तीर्थंकर का लांछन कहलाता है।

दीक्षा कल्याणक



जब तीर्थंकर परमात्मा दीक्षा लेते है उस समय को दीक्षा कल्याणक कहते है। दीक्षा लेने से पूर्व तीर्थंकर एक वर्ष तक वर्षीदान देते है। दीक्षा के समय तीर्थंकर को मनःपर्यव ज्ञान उत्पन्न होता है। परमात्मा पंचमुष्टि लोच करते है। इन्द्र देव केश को पावन वस्त्र में ग्रहण करते है और क्षीरसागर में अर्पण कर देते है। भगवान को दिक्षा कोई नहीं देते, भगवान सिध्ध को नमस्कार करके स्वयं ही दिक्षा ग्रहण करते है। जिस घर तीर्थंकर का पारणा होता है, वहा देवता ५ दिव्य प्रगट करते है और आकाश में "अहोदानं! अहोदानं!!" की ध्वनी सुनाई देती है। जो श्रावक तीर्थंकर को पारणा कराते है उन्हें द्रव्य से धन और वस्त्र का लाभ होता है, भाव से वह श्रावक उसी भव में मोक्ष जाते है, कोई अगले भव में या तिसरे भव में मोक्ष जाते है या उन्हें श्रेष्ठ देव गति प्राप्त होती है।

केवलज्ञान कल्याणक



दिक्षा के बाद तप-कार्योत्सर्ग करके, उग्र उपसर्ग सहन करने के बाद तीर्थंकर को ४ घाती कर्म क्षय होने पर केवलज्ञान प्रगट होता है उसे केवलज्ञान कल्याणक कहते है। दिक्षा कल्याणक से केवलज्ञान उत्पन्न न हो तब तक परमात्मा मौन रहते है। परमात्मा से बोध पाकर लाखो-करोडो जीव मुक्ति प्राप्त करते है। परमात्मा को केवलज्ञान प्रगत होते ही देव आकाश में पुष्प वृष्टि करते है। कुछ ही समय के अंतर मुहूर्त में देव दिव्य समवसरण की रचना करतें है। परमात्मा जगत के सर्व जीवों का उध्धार करने के लिए समवसरण में देशना देते है। परमात्मा की देशना सुनने के लिए देवी-देवता, साधु-साध्वी, श्रावक-श्रावीका और तीर्यंच आते है।

निर्वाण कल्याणक

तीर्थंकर परमात्मा अपने निर्वाण का समय जानकर अनशन करते है तब इन्द्र का आसन कंपायमान होता है। इन्द्र और मनुष्य प्रभु की सेवा में हाजीर होते है। जब ४ अघाती कर्म का क्षय होता है तब परमात्मा निवार्ण पाते है और परमात्मा को मोक्ष की प्राप्ति होती है। लोक में अंधकार फैल जाता है।

यह पांच कल्याणक तीनो लोक के लिए कल्याणकारी है, कारण इन कल्याणक के समय तीनो लोक में प्रकाश होता है अधोलोक में नारकी के जीवों को १ सेकन्ड सुख का अनुभव होता है। इस प्रकाश को देखकर, बहुत सारे जीव को जाति स्मरण ज्ञान और सम्यकत्व प्राप्त होता है।

Solve the riddles and answer the Kalyanak

1) At the time of this Kalyanak
Mother dreams 14 auspicious dreams.
Bolo Bolo I am which Kalyanak? ____________________

2) 56 Deepkumari and 64 Indras happily
come for celebrations. Indra takes
Parmatma to Meru Parvat for Abhishek.
Kingdom is full of prosperity.
Narki experiences light for a second
Bolo Bolo I am which Kalyanak? ____________________

3) Parmatma gives Varshidaan for 1 year,
Prabhu bows down to Siddha and
takes Diksha. Prabhu does Panchmushti
loch, attains Manahparyav gnan
Bolo Bolo I am which Kalyanak? ____________________

4) Parmatma attains Kevalgnan
Devlok's Devta create Samavasaran.
Prabhu gives Deshna,
Four Tirths are established
Bolo Bolo I am which Kalyanak? ____________________

5) Entire Lok is full of darkness
Prabhu takes santharo.
Devlok's Devta are in seva of Parmatma.
Prabhu attains Moksha
Bolo Bolo I am which Kalyanak? ____________________

ATISHAY

Atishay: (The unique attributes of Tirthankar)

The Tirthankars are worshipped as the loftiest beings in this world because they acquire infinite knowledge, perception, purity of conduct. This gives rise to unique attributes in them, both at spiritual & physical level. These special features are always along with our Tirthankars whereever they go. These are...

01) There is no unwanted growth of hair on the body.

02) The body remains free of all ailments.

03) The blood & flesh are milky white.

04) The fragrance of their breath is like lotus.

05) Food intake & excretion are invisible.

06) A symbol of religion : a wheel always moves ahead.

07) There are 3 Chatra above the head in the sky.

08) There are white chamar in the sky on either sides.

09) The throne is made of crystal quartz.

10) Indra Dhwaj : The flag of Indra always moves ahead.

11) Wherever he gives Deshna there is an Ashok tree.

12) There is Divine aura behind him.

13) The land around him is pleasant.

14) Thorns get reversed.

15) The season are pleasant & favourable.

16) Wind around him is pleasant.

17) Dust is settled due to moisture.

18) There are 5 types of lifeless flowers around him.

19) There is absence of unpleasant sound, colour, smell and touch around him.

20) Pleasant sound, colour, smell and touch appears around him.

21) His voice is heard with same volume up to distance of one yojan.

22) His discourse is in Ardhamagdhi Language.

23) Every living being listening to his discourse can understand it in their respective languages.

24) In his presence enemies forget their animosity.

25) His opponents become amicable.

26) His dissenters (प्रतिवादी) become speechless.

27) There is no disturbance of insects.

28) There is no epidemic upto 25 Yojans.

29) Whenever Parmatma does Vihar, he is free from religious and non-religious fear.

30) There are no afflictions of Diseases.

31) There are no inflictions of Flood.

32) There are no inflictions of less Rainfall.

33) There are no inflictions of Draught.

34) The touch of his feet pacifies earlier disturbances of the area.

20 steps to become Tirthankar

When one accumulates lots and lots of Good Karma's by doing Sadhana, Seva, and good deeds which is a combination of many births, then a soul binds Tirthankar Naam Karma. When our mind gets disconnected with worldly life and falls in Divine love with Parmatma and gives lots of efforts and strives hard to achieve good qualities of soul, then one binds Tirthankar Naam Karma.

By doing 20 Types of Great Aradhana one can bind "Tirthankar Naam Karma" which means by following these simple 20 steps one can also become like God.

ARIHANT PAD

By worshiping Arihant Bhagwan (Tirthankar)

SIDDHA PAD

By worshiping Siddha Bhagwan (liberated soul)

SAMITI GUPTI PAD

By following 5 Samiti (Be alert while doing any activity) and 3 Gupti's (Control on mind, words and actions)

GURU PAD

By following Gurudev's Agna

STHAVIR PAD

By worshiping senior Ascetic

UPADHYAY PAD

By doing seva and bhakti of Upadhyayji and learning Aagams from them

TAAP PAD

By worshiping those who indulge in penance

By reading Aagams and by learning Aagam Gathas

GNAN PAD

By having right vision and right faith in Parmatma's vani

DARSHAN PAD

VINAY PAD

By praising the virtues of others and be happy at progress of others

AAVASHYAK PAD

By doing Samayik and Pratikraman

By observing all the vows and codes of conducts with ever increasing indulgence

VRAT PAD

By Meditating with pure heart and pure Mind

SHUBH DHYAN PAD

NIRJARA PAD

By destroying karmas through 12 types of Taap

DAAN PAD

By practicing Abhay Daan, Supatra Daan and Gnan Daan

VAIYAVACH PAD

By looking after and by taking care of the detached

ABHINAV GNAN PAD

By enhancing knowledge regularly

SHRUT PAD

By having faith on the sermons of the detached

SEVA PAD

By giving charity to the deserving

JIN PRAVACHAN PRABHAVNA PAD

By inspiring others to follow the path of religion

प्रार्थना

१. हे परमात्मा! जीवन के हर एक पल में, मैं आपकी स्मृति करुंगा।

२. हे परमात्मा! मेरे हृदय के कोने कोने में आप ही को बिराजमान रखुंगा।

३. हे परमात्मा! मेरे होठों के हर एक स्पंदन में आप ही का स्मरण रहेगा।

४. हे परमात्मा! आँख के प्रत्येक पलकारे में आप के ही दर्शन करुंगा।

५. प्रभु सुख की क्षण हो या प्रतिकूळता का पल हो, आप ही के चरण और शरण में मेरा वास हो।

Characteristics of Tirthankar and Kevali

No.	Tirthankar	Kevali
01	Tirthankar gives Varshidaan for 1 whole year	Kevali does not give Varshidaan
02	Tirthankar doesn't give speech before Kevalgnan	Kevali give speech before Kevalgnan
03	2 Tirthankars never meet each other	Kevali happen to meet each other
04	Tirthankars establish Tirth	Kevali does not establish Tirth
05	Tirthankars have 8 Pratiharya and 34 Atishay	Kevali's does not possess Pratiharya or any Atishay
06	Tirthankars Mother dreams 14 dreams	Kevali's mother does not dream 14 dreams
07	Tirthankars possesss 3 gnan from birth	It is absent in case of Kevali
08	Minimum 20 and Max. 160/170 in Mahavideh Kshetra	Minimum 2 crore Max. 9 crore Kevali present
09	Tirthankars Soul comes from Devlok or Narak	Kevali's Soul comes from any 4 Gati
10	Indra's celebrate Tirthankars birth	Indra's does not celebrate Kevali's birth
11	Tirthankars disciple are called Gandhar	Kevali's disciple are not called Gandhar
12	We worship them in the 1st Pad of Namaskar Mantra	We worship them in the 5th Pad of Namaskar Mantra
13	Tirthankars are self-enlightened	Kevali's are self-enlightened or by others
14	Their Kalyanak are celebrated by Indra	Their Kalyanak are not celebrated

Speech of Tirthankar

Dear kids, how do we speak? Do we speak politely, with love all the time?

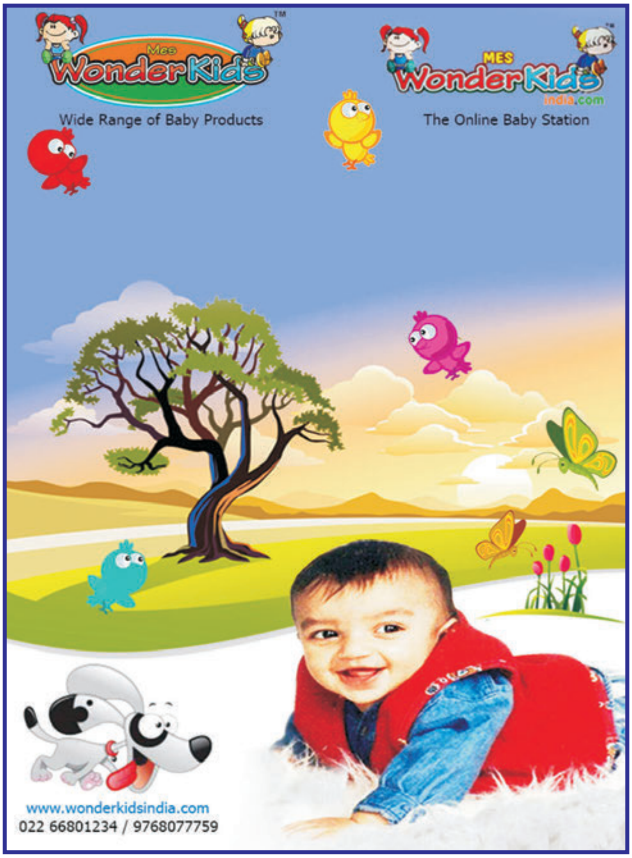
No, right! We often get angry and our speech differs according to our mood...

But do you know, what are the qualities of our Parmatma or how does he speak?

Our Parmatma is always calm & smiling, Have you ever seen our Parmatma in bad mood or being angry? No...

Our Parmatma's speech has special qualities, they are as follows...

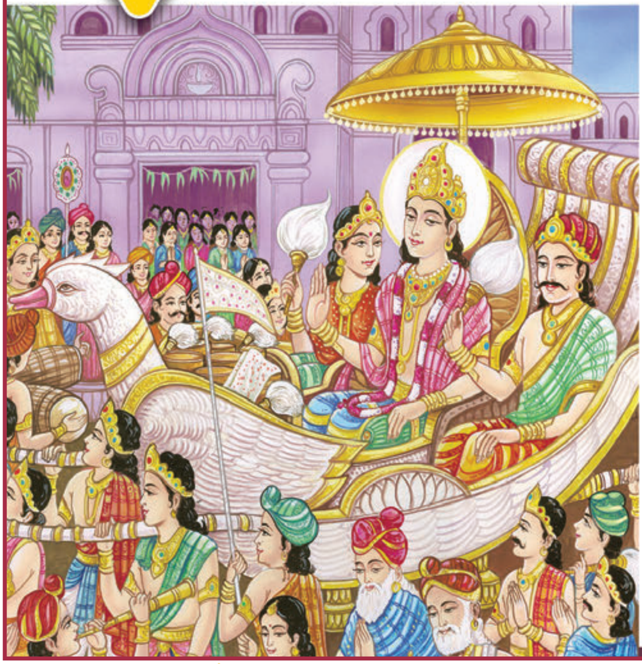
- It is always pleasing & respectful.
- It is free of doubts.
- It is simple to understand.
- It is never harsh.
- It is sweet like nectar.
- It is free of self praise.
- It is free of criticism for others.
- It does not sees faults in others.



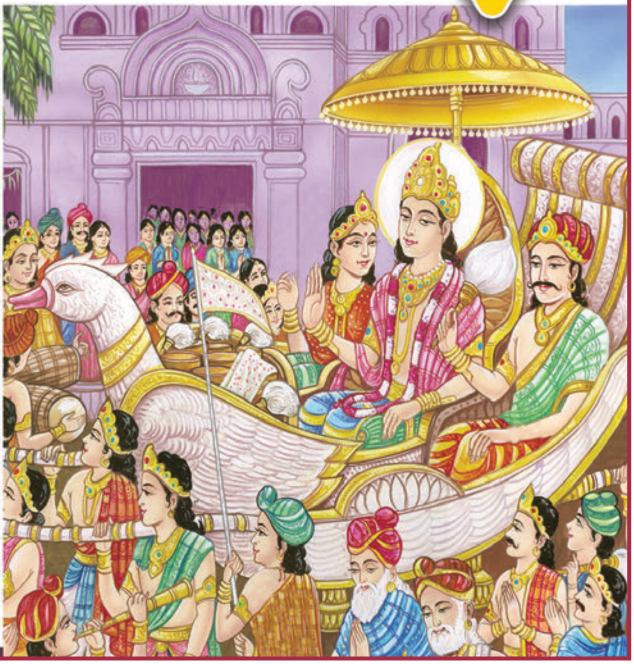
Diksha Kalyanak

Find 6 missing objects from picture 2

Picture 1



Picture 2



Build Your Vocabulary!!!

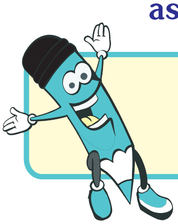
Dictionary - The Justifying 'J'

J - Jain calender
Jain calender is called Panchang

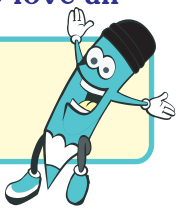
J -Jambukumar
Jambukumar took Diksha with 500 people

J- Janma Kalyanak
Tirthankar's birth is celebrated as Janma Kalyanak

J- Jeevdaya
To avoid hurting any living beings & to love all



Find out and make a list of more divine words starting with letter 'J'



Jain

- Nysha Doshi

Tick ☑ the correct options from the following

01) Parmatma has **attachments / does not have attachment** towards anyone or anything.

02) Tirthankar's life has **4 / 5** Auspicious events called Kalyanak.

03) Tirthankar's are usually born in **midnight / daytime.**

04) Tirthankars have an Auspicious mark on their body called **Lanchan / Vachan.**

05) At the time of Diksha, Tirthankar attains a special gnan, which is called as **Kevalgnan / Manahparvaygnan.**

06) As the 4 Aghati karmas shed our Tirthankar attains **Keval Gnan / Nirvan**

07) Tirthankars have **34 / 37** unique Attributes.

08) **Kevalis / Tirthankars** are self enlightened.

09) To attain "Tirthankar Naam karma" one has to follow **20 / 21** steps.

10) Offering services to **Chaturvidh Sangh / Arihant** is doing aradhana of saiyam pad.

11) **Tirthankars / Kevalis** mother does not get 14 dreams.

12) By chanting **Namo Arihantanam / Namo Siddhanam**, we worship Arihant Pad.

- Gurubhakt Mehta Parivar

Circle the names of 20 Viharman Tirthankars in Mahavideh Kshetra

Chandranan (vertical)
Surprabha
Rushabhanan (vertical)
Chandraprabha
Sujatnath
Acharya
Vishalprabha
Bhujangdev (vertical)
Tirthankar
Sheetalnath
Devjash
Kevali
Mallinath
Ishwar
Bahu
Dev (vertical)
Vajradhar
Neminath
Chandrabahu
Subahu
Shreyanshnath
Prabhu
Sumtinath
Mahavir
Parshwanath
Ajitsen
Swayamprabha
Kunthunath
Rushabhdev
Guru
Nem Prabha
Jugmandhar
Veersen
Siddha
Arihant
Vimalnath
Sadhu
Mahabhadra
Anantveerya
Simandhar
Dharmanath

1. Shree Simandhar Swami
2. Shree Jugmandhar Swami
3. Shree Bahu Swami
4. Shree Subahu Swami
5. Shree Sujatnath Swami
6. Shree Swayamprabha Swami
7. Shree Rushabhanan Swami
8. Shree Anantveerya Swami
9. Shree Surprabha Swami
10. Shree Vishalprabha Swami
11. Shree Vajradhar Swami
12. Shree Chandranan Swami
13. Shree Chandrabahu Swami
14. Shree Bhujangdev Swami
15. Shree Ishwar Swami
16. Shree Nem Prabha Swami
17. Shree Veersen Swami
18. Shree Mahabhadra Swami
19. Shree Devjash Swami
20. Shree Ajitsen Swami

Ayushmaan Bhava
A Blessing For A Lifetime Of Good Health Is Born With Your Baby
Preserve Your Baby's Umbilical Cord Stem Cells At Birth
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Look N Learn - Posted at Mumbai patrika channel sorting office Mumbai -1

"Qualities of my Super Star ' Parmatma Mahavir' that I will try to imbibe in me"

Cut the dotted lines and paste to make a star pyramid!

TOLERANT

My God is so strong and had so much tolerance power... I also want to become strong and tolerant like Him!

CARING

My God is determined, but never stubborn. He always respected feelings and emotions of others. I also want to become respectful and considerate of other people's feelings like Him!

FEARLESS

I easily get scared with a dog, a spider or a lizard... Even darkness scares me sometimes... I want to become fearless like my God, so I am going to try & face my fears instead of running away from them!

COMPAS-SIONATE

My God never criminalized anyone... Instead, he transformed hearts and changed their lives with Compassion... I also want to become loving & friendly towards each and everyone!

STRONGEST

I like to bully others, I love to show off my strength to my classmates. But, I am God's child, so I also want to become like Him. I will try and support the one who is weak, I will not hurt anybody with my strength.

RESPECTFUL

Throughout the day, I harass my mother many times... I also want to become caring like my God, I will thus try to become obedient with my Mother and respect what she says.

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