# LOOK N LEARN MAGAZINE

10th May 2016 i Every Fortnight i English, Hindi & Gujarati





UNIQUE





Holiday To-Do List...

Pg.05

Build Your Vocabulary

Think like Proton and stay Positive!

Pg.12



Let's play Housie in a Unique Way!

Editor: Ashokbhai Sheth 20, Vanik Niwas, 1st floor, Cama Lane, Ghatkopar (West), Mumbai - 400 086.



It's too hot and humid outside. So, why not indulge yourself in the activities where you can gain some knowledge and yet can have fun, in those activities and games.

How about it?

Doesn't it sound interesting?

Yes!

So here we have brought for you all a 'Pictorial Housie Game'. It is as simple as any other Housie game. To get knowledge about the pictures turn your tickets.

**Housie Game Content:** 

Housie
Game Board is on
page no. 10 and 11

Housie Tokens are on page no. 06 and 07 Housie Tickets are on page no. 03 to 04 and from Page no. 13 to 20

Cheque or Draft: Arham Yuva Group Parasdham Vallabh Baug Lane, Tilak Road, Ghatkopar (E), Mumbai - 77 Subscription for 10 years: India: Rs. 1000/-Abroad: Rs. 5000/-



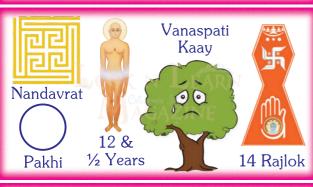


















Prithvi Kaay: Prithvi kaay means soil which has life Narak : One experiences the fruit of his bad deeds in Manushva : Only manushya can attain Moksh the Narak Bull Aasan : Aasan is used to sit in Samayik : It is the Lanchan of Rushabhdev Bhagwan One who follows Jainism is called Shravak Navkarshi : To eat after sunrise is called Navkarshi Shravak Teindriya: Living beings with 3 sense - Skin, Tongue, Nose Beindriya: Living beings with 2 sense - Skin and Tongue Swastik: It is the Lanchan of Suparshwanath Bhagwan : Lotus is the Lanchan of Padmaprabhu Swami Lotus Shravak: One who follows Jainism is called Shravak 8 Karma : Siddha Bhagwan has overcome all 8 karmas Vaira : Vaira is the Lanchan of Dharmanath Swami Panchang: Jain Calender is called Panchang : Religious books of Jains are called Aagam Devlok : One experiences the fruit of his good deeds Aagam Shrivatsa : It is the Lanchan of Sheetalnath Swami Samavasaran: A divine place where Parmatma gives Sermons is called Samavasaran Ap Kaav : Ap kaay means water which has life Vayu Kaay : Vayu kaay means air which has life Moon : It is the Lanchan of Chandraprabhu Swami Trishala Devi: Mahavir Swami's Mother Chauviyar: To eat before sunset is called Chauviyar Boar : Boar is the Lanchan of Vimalnath Swami Thavani : It is used in Samayik to keep religious books Vardhaman: Vardhaman became Mahavir Swami Nandavrat : Nandavrat is the Lanchan of Arnath Swami Aatham : 8th day of Moon is called Aatham. It is Tithi Coanch Shell: It is the Lanchan of Neminath Swami Pakhi : Pakhi is a Tithi day. It is Aamaas and Poonam : Living beings which can move on their own Tras Kaav 12 & ½ years : Mahavir Swami meditated for 12 & ½ years Tiryanch : Telling lies and saying bad words to others leads to Tiryanch Gati Vansapati kaay: It means plant which has life Sadhu : Jain Monks are called Sadhu 14 Railok : View of universe according to Jainism Vajra : It is the Lanchan of Dharmanath Swami Blue Lotus : Blue Lotus is the Lanchan of Naminath Swami Namaskar Punya: Being respectful towards divine Soul is Patra : It is used by Sadhu-Sadhviji to eat food called Namaskar Punya Teu Kaav : Teu kaay means fire which has life Devlok One experiences the fruit of his good deeds Kalpavruksh: Wishing trees are called Kalpavruksh Guchcho : It is used in Samayik to save small insects 72 years : Mahavir Swami's age was 72 years at the time Siddharth Raja : Mahavir Swami's Father of Nirvan 10<sup>th</sup> May 2016 104 LÔOK N LEARN

Chaurindriya: Living beings with 4 sense - Skin, Tongue,

Nose, Eyes

Buffalo

: Buffalo is the Lanchan of Vasupoojya Swami

### HOLIDAY TO-DO LIST

Tick (☑) the correct option





Navkarshi

Mahavideh

Utkrust

Vandana

Vayu Kaay

Panchang

Infinite Jeev

Monkey

Kshetra

14

19

24

29

34

39

44

128112 01 02 03 05 72 Years

Chauviyar

Samvatsari

Madhyam

Teu Kaay

Gurudev

Uncountable

Horse

Jeev

Vandana

13

18

23

28

33

43

Vardhaman Siddharth Trishala Mata Raja Manushya 06 08 Tiryanch 07 09 Devlok Narak

Shravak

Samayasaran

Jaghanya

AP Kaay

Mer

Pakhi

Elephant

27

32

37

42

Vandana

Chaitra

Sud Teras

Bhakti

Aagam

Prithvi Kaay

Tras Kaay

Aatham

Bull

10<sup>th</sup> May 2016 106

11

16

21

31

36

41

Years

Gautam

Sadhu

8 Karmas

Upashray

Vanaspati

Kausagga

1 Jeev

Kraunch

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Bird

Kaay

Swami

10

15

20

25

30

35

40

45



46 48 Swastik Moon Lotus 52 53

56

61

66

71

Deer

Blue Lotus

Aasan

14 Rajlok

Vastra Punya

Kalpavruksh

Chaurindriya

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49 54

Crocodile Falcon

Shrivatsa Vaira 60

50

Rhinocerous Buffalo Boar 57

Coanch

Guchcho

Anna Punya

Manah Punya

Samayik

14 Dreams

Shell

62

67

82

87

58 Goat

63

68

83

88

Namo

Nanassa

Nandavrat

Snake

Thavani

59 Urn

Turtle Muhapatti 65

Karmadaan

Shayan Punya

Namaskar

Teindriya

Supatra Daan

₹07**}-10<sup>th</sup> May 2016** 

Punya

70

80

85

64 Lion 69 Patra

Layan Punya

Paan Punya Vachan Punya

Kaya Punya Jai Jinendra Beindriya 84

89

Sorry

#### Ayushmaan Bhava

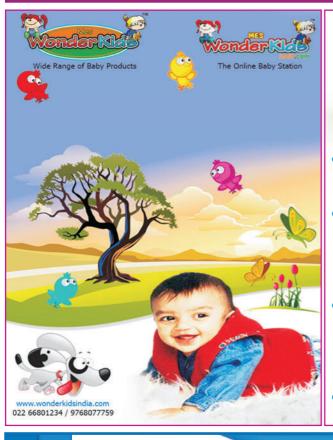
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- Plan fun and unique events
- Look for opportunities to laugh
- Allow time everyday to de-stress yourself
- You can make work Fun!

I worship you अरिहंत से कही!

I will perform you सामाचिक से कहो!

I will leave you राग-द्वेश से कही!

I believe you आणम से कहो!

I trust you जितवाणी से कहो!

I am a JAIN भाव से कहाे!



#### **Build Your Vocabulary!!!** Dictionary The Inspiring 'I'



I - Infinite Infinite Siddhas



I - Indrabhuti Gautam First disciple of Bhagwan Mahavir

Indriya



I -Ichchami Bowing down



I - Indra The king of Devta's

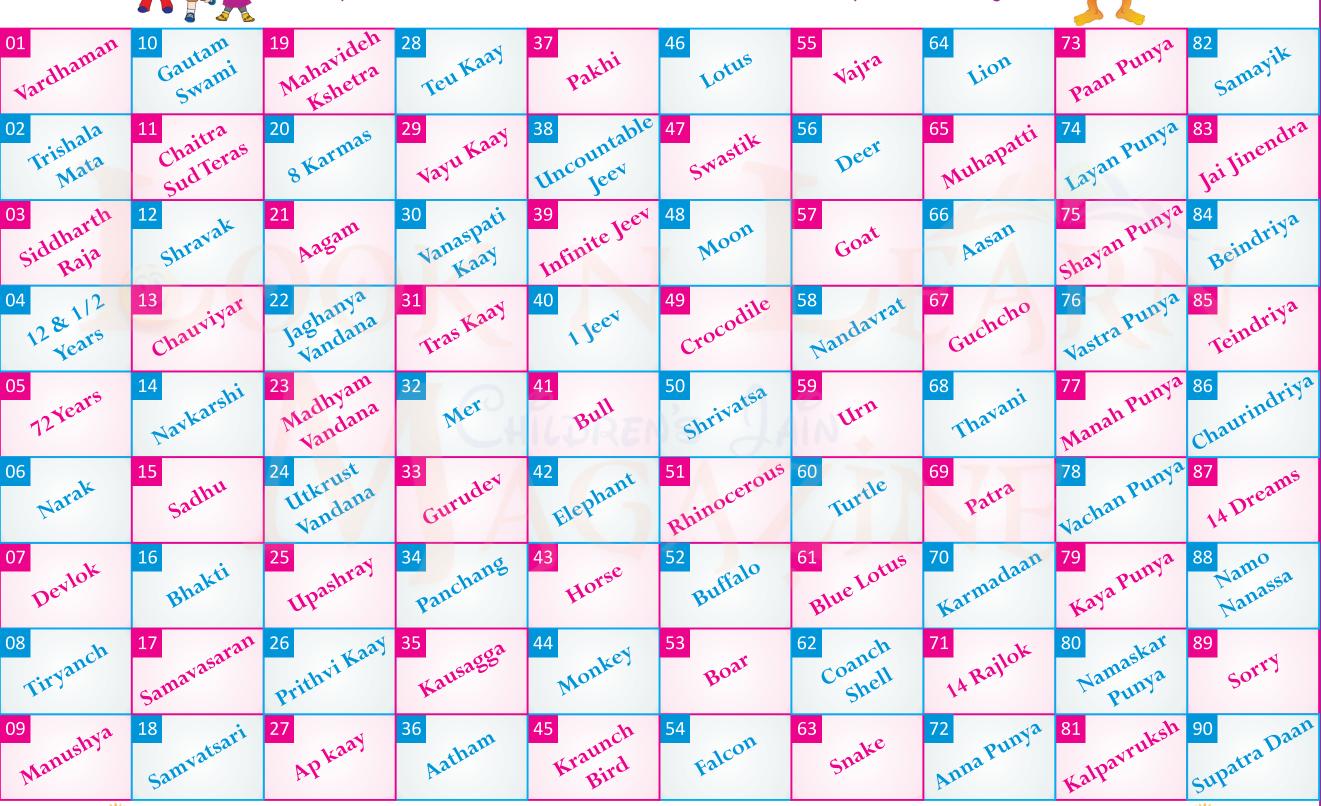


Find out and make a list of more divine words starting with letter "I"



10" May 2016 10

## HOUSIE GAME BOARD



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11 10<sup>th</sup> May 2016

# THINK LIKE PROTON AND STAY POSITIVE!

Once a frog decided to reach to the top of the tree. All other frogs shouted, "It is not possible, it is impossible" Still the frog managed to reach to the top...

How?

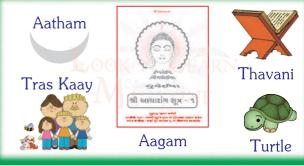
Because he was deaf and he thought that all his friends were encouraging him to reach to the top of the









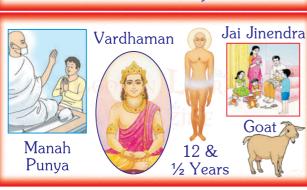


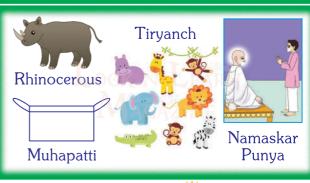




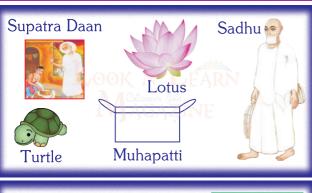








Guchcho : It is used in Samayik to save small insects Mer : Top most bead of Rosary is called Mer Navkarshi : To eat after sunrise is called Navkarshi : It is the Lanchan of Sambhavnath Swami Horse Paan Punya: Paan Punya is to give water to the thirsty Prithvi Kaay: Prithvi Kaay means soil which has life : It is used by Sadhu-Sadhviji to eat food Ap Kaay : Ap kaay means water which has life Patra : Deer is the Lanchan of Shantinath Swami Deer Upashrav : Dharma Sthanak is called Upashray Aatham : 8th day of moon is called Aatham. It is Tithi Aasan : Aasan is used to sit in Samayik : It is the Lanchan of Suvidhinath Swami Tras Kaay: Living beings which can move on their own Crocodile Aagam : Religious books of Jains are called Aagam Anna Punya: To give food to the hungry people : It is used in Samayik to keep religious books Moon : It is the Lanchan of Chandraprabhu Swami Thavani : Turtle is the Lanchan of Munisuvrat Swami Vayu Kaay : Vayu kaay means air which has life Turtle 72 years : Mahavir Swami's age was 72 years at the Vastra Punya: Vastra Punya is to provide clothes to others time of Nirvan Teu Kaay : Teu kaay means fire which has life : It is the Lanchan of Parshwanath Swami Chauvivar : To eat before sunset is called Chauviyar Samavasaran : A divine place where Parmatma gives Pakhi : Pakhi is a Tithi Day. Its Aamaas and Sermons is called Samavasaran Poonam Vanaspati Kaay: It means plants which has life Lion : Lion is the Lanchan of Mahavir Swami Siddharth Raia: Mahavir Swami's Father 12 & 1/2 years: Mahavir Swami meditated for 12 & 1/2 years 14 Railok : View of universe according to Jainism Trishala Devi: Mahavir Swami's Mother Supatra Daan: Offering Gochari to Sadhu-Sadhviji Elephant : Elephant is the Lanchan of Ajitnath Swami Kausagga : To realise that soul and body are different Manushya : Only Manushya can attain Moksh Monkey : It is the Lanchan of Abhinandan Swami Kalpavruksh: Wishing trees are called Kalpavruksh Rhinocerous : Is the Lanchan of Shreyanshnath Swami Manah Punya: Manah Punya is to think good of all V<mark>ar</mark>dhaman : Vardhaman became Mahavir Swami Muhapatti. : Muhapatti is worn to save air beings 12 & ½ years: Mahavir Swami meditated for 12 & ½ years Tirvanch : Telling lies and saying bad words to others leads to Tiryanch Gati Jai Jinendra : Jain greet each other by saying Jai Jinendra Namaskar Punya: Being respectful towards divine Soul is called Namaskar Punya Goat : Goat is the Lanchan of Kunthunath Swami 10<sup>th</sup> May 2016 14 LÔOK N LEARN









Beindriya



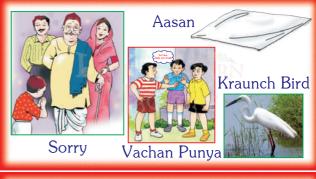






Mer : Top most bead of Rosary is called Mer Supatra Daan: Offering Gochari to Sadhu-Sadhviji Coanch Shell: It is the Lanchan of Neminath Swami Turtle : Turtle is the Lanchan of Munisuvrat Swami Vastra Punya: Vastra Punya is to provide clothes to others Lotus : It is the Lanchan of Padmaprabhu Swami Muhapatti Kausagga : To realise that soul and body are different : Muhapatti is worn to save air beings : Deer is the Lanchan of Shantinath Swami Sadhu : Jain Monks are called as Sadhu Deer : Lion is the Lanchan of Mahavir Swami Uncountable Jeev: Vegetables have uncountable jeev Lion : Falcon is the Lanchan of Anantnath Swami Falcon Horse : Horse is the Lanchan of Sambhavnath Swami Narak : One experiences the fruit of his bad deeds in the Narak Samayik : Samayik is performed for 48 minutes Panchang: Jain calender is called Panchang Paan Punya : Paan Punya is to give water to the thirstv Upashray: Dharma Sthanak is called Upashray Anna Punya Gurudev : Gurudev enlightens our knowledge : To give food to the hungry people Madhyam Vandana: To do vandana by Guru Vandan Samavik : Samayik is performed for 48 minutes Sootra is Madhyam Vandana Utkrust Vandana: To do vandana in Pratikraman Beindriva : Living beings with 2 sense - Skin and Karmadaan : 15 business that are forbidden Monkey Crocodile : It is the Lanchan of Suvidhinath Swami : It is the Lanchan of Abhinandan Swami Utkrust Vandana: To do vandana in Pratikraman Madhyam Vandana: To do vandana by Guru Vandan Sootra is Madhyam Vandana Elephant : Elephant is the Lanchan of Ajitnath Swami Gurudev : Gurudev enlightens our knowledge Karmadaan : 15 business that are forbidden : Is the Lanchan of Kunthunath Swami Goat 1 Jeev : Cereals has only 1 jeev Chaurindriya : Living beings with 4 sense - Skin, Tongue, Nose and Eyes Manah Punya : Manah Punya is to think good for all Infinite Jeev : Root vegetables have infinite jeev Snake : Snake is the Lanchan of Parshwanath Swami Teindriva : Living beings with 3 sense-Skin, Tongue, Nose Mahavideh Kshetra: Arihant Bhagwan are always present in Mahavideh Kshetra 8 Karma : Siddha Bhagwan has overcome all 8 karmas Rhinocerous : Is the Lanchan of Shreyanshnath Swami Jai Jinendra: Jains greet each other by saying Jai Jinendra Namo Nanassa : Chanting this mantra 9 times before Falcon : Falcon is the Lanchan of Anantnath Swami studies increases one's knowledge 10<sup>th</sup> May 2016 16 LÔOK N LEARN







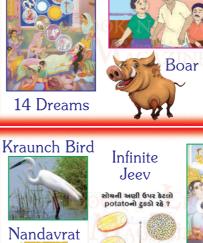




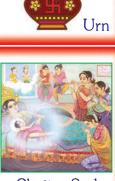
Thavani







Jaghanya Vandana





microscope भां भेषाणी प्रश्न है तेरला अध्या प्रश्न केरला इंड्यूजना हुइडांमां unlimited छन्। Teras

Gautam Swami

Muhapatti



Shayan

Punya

Sorry : Say sorry to all before going to bed Uncountable Jeev: Vegetables have uncountable jeev : Aasan is used to Sit in Samayik Bull : Bull is the Lanchan of Rushabhdev Aasan Bhagwan Vachan Punya: Vachan Punya means to speak kindly and truthfully 14 Dreams : Trishala Mata dreamt 14 dreams Kraunch Bird: Kraunch Bird is the Lanchan of Sumatinath Namo Nanassa : Chanting this mantra 9 times before Bhagwan studies increases one's knowledge Shayan Punya : Shayan Punya means to give someone Jaghanya Vandana: It means to say Mathen Vandami a place to sleep Shrivatsa : It is the Lanchan of Sheetalnath Swami : It is the Lanchan of Naminath Swami Blue Lotus Vachan Punya : It means to speak kindly and truthfully Urn Urn is the Lanchan of Mallinath Swami Kraunch Bird : Is the Lanchan of Sumatinath Bhagwan Chaitra Sud Teras: Mahavir Swami's birth was on Chaitra **Bhakti** : A divine way to connect with Sud Teras Parmatma is called Bhakti · Trishala Mata dreamt 14 dreams Sorry 14 dreams : Say sorry to all before going to bed Layan Punya: Layan Punya is offering place to stay : 8th day of moon is called Aatham. It is a **Aatham** Tithi day Boar : Boar is the Lanchan of Vimalnath Swami Gautam Swami: Gautam Swami was the First Disciple of Thavani : It is used in Samayik to keep religios books Mahavir Swami Urn : Urn is the Lanchan of Mallinath Swami Kava Punya : Kaya Punya means to do good deeds Kraunch Bird : Kraunch Bird is the Lanchan of Buffalo : It is the Lanchan of Vasupoojya Swami Sumatinath Bhagwan Layan Punya : Layan Punya is offering place to stay Nandavrat : It is the Lanchan of Arnath Swami Mahavideh Kshetra: Arihant Bhagwan are always present in Mahavideh Kshetra : Root vegetables have infinite jeev Infinite Jeev Swastik : Is the Lanchan of Suparshwanath Swami Chaitra Sud Teras: Mahavir Swami's birth was on Chaitra Sud Teras 1 Jeev : Cereals have only 1 jeev Gautam Swami : First Disciple of Mahavir Swami Rhinocerous: Rhinocerous is the Lanchan of Shrevanshnath Swami Jaghanya Vandana: Jaghanya Vandana means to say Mathen Vandami Tras Kaay : Living beings which can move on their own Muhapatti : Muhapatti is worn to save air beings Kaya Punya: Kaya Punya means to do good deeds Shayan Punya : Shayan Punya means to give someone Bhakti : A divine way to connect with Parmatma is called Bhakti a place to sleep 10<sup>th</sup> May 2016 18 LÔOK N LEARN

















Patra

Date of Posting / Date of Publication 10th & 25th of every month. Look N Learn - Posted at Mumbai patrika channel sorting office Mumbai -1 Coanch Shell : It is the Lanchan of Neminath Swami Kalpavruksh : Wishing trees are called Kalpavruksh

Crocodile : It is the Lanchan of Suvidhinath Swami

Samvatsari : It is a day to forgive all universal beings

: It is the Lanchan of Arnath Swami Nandavrat

Utkrust Vandana: To do vandana in Pratikraman

Samvatsari : It is a day to forgive all universal beings

14 Rajlok : View of universe according to Jainism is called 14 Rajlok

: It is used by Sadhu-Sadhviji to eat food

Madhyam Vandana: To do vandana by Guru Vandan Sootra is Madhyam Vandana

12 & ½ years: Mahavir Swami meditated for 12 & ½ years : Lion is the Lanchan of Mahavir Swami Lion

Karmadaan : 15 business that are forbidden are called Karmadaan

Infinite Jeev : Root vegetables have infinite jeev

Siddharth Raja : Mahavir Swami's Father

Mahavideh Kshetra: Arihant Bhagwan are always present in Mahavideh Kshetra

Uncountable Jeev: Vegetables have uncountable jeev

Falcon : It is the Lanchan of Anantnath Swami

Gautam Swami : First Disciple of Mahavir Swami

: It is used in Samayik to save small insects Guchcho

Samvatsari : It is a day to forgive all universal beings

Elephant : Elephant is the Lanchan of Ajitnath Swami

Deer

72 years

Blue Lotus

Aagam

Tiryanch

8 Karma

Kausagga

Vardhaman

Jai Jinendra

1 Jeev

Shrivatsa

Mer

: Deer is the Lanchan of Shantinath Swami

: Mahavir Swami's age was 72 years at

the time of Nirvan

: It is the Lanchan of Naminath Swami

: Religious books of Jains are called

Aagam

Chaitra Sud Teras: Mahavir Swami's birth was on this day

Jaghanya Vandana: It means to say Mathen Vandami

: Telling lies and saying bad words to others others leads to Tirvanch Gati Trishala Devi: Mahavir Swami's Mother

: Siddha Bhagwan has overcome all 8 karmas

: Top most bead of Rosary is called Mer

: To realise that soul and body are different

Namo Nanassa: Chanting this manta 9 times before studies

increases one's knowledge : Vardhaman became Mahavir Swami

: Jain greet each other by saying Jai Jinendra

: Cereals have only 1 jeev : It is the Lanchan of Sheetalnath Swami

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