

DISCIPLINE



LOOK N LEARN CHILDREN'S JAIN MAGAZINE

25th June 2019 Every Fortnight | English, Hindi & Gujarati

I will raise my hand before I speak or stand.



I will always treat my classmates with respect.



I will treat school property with care.



I will look for ways to help others.



I will walk quietly and keep my hands to myself.



I will work without disturbing others.



I will help to keep my school neat and tidy.



I will never bully others at my school.



Put your books back where you found them.





Self-discipline creates a brighter tomorrow. If you are disciplined and determined, everything is possible!



**Excellence is a Journey, Discipline is a Vehicle!
Drive the Cycle of your life with Discipline!**

Happiness

Good results

Success

Satisfaction



Being disciplined helps in attaining

Love



Respect



Social Recognition



Fame

Better Future



Naughty Smit

मस्तीखोर स्मित



स्मित एक बहुत ही शरारती बच्चा था, एक मिनिट भी कहीं बैठता नहीं था... मम्मी हमेशा उसे समझाती थी कि, “स्मित बेटा, तुम शांति से बैठो... मस्ती मत करो” लेकिन स्मित तो किसी की सुनता ही नहीं था।

Smit was a very naughty boy. His mother always asked him to remain calm and quiet, but he never listened to anyone.

स्मित के पापा उसके लिए नये खिलौने, गेम्स लेकर आते तो स्मित खेलने की जगह तोड़ने को बैठ जाता। उसके एक-एक पार्ट को अलग-अलग कर देता। अब तो पापा ने स्मित के लिए खिलौने लाना बंद ही कर दिया।

Smit's father always used to bring new toys and games for him but instead of playing with them he used to break them into pieces. So his father stopped bringing new toys.

क्या बच्चों... आप भी ऐसा करते हो?

Dear kids, do you do the same?





क्लास में भी टीचर की फरियाद आती थी। स्मित क्लास में किसी का कंपास फेंक देता था तो किसीकी किताबें फाड़ता था, पेन्सिल शार्प करके कचरा इधर उधर डालता था।

बच्चों क्या आपके टीचर्स की कभी ऐसी शिकायतें आती हैं... ?

एक दिन स्मित के पापा एक सुंदर घड़ी लेकर आए, उसमें एक घंटा पूरा होने पर ,संगीत बजता था।

Even his teacher complained about him, at times he used to throw his classmate's compass, tear the books, sharpen pencils and throw the waste all around.

Kids, Do such complaints come from your teacher?

One day his father bought a clock in the shape of Mickey mouse. It was really nice. After every hour we could hear music playing from it.

मम्मी-पापा ने स्मित को चेतावनी दी थी कि यह घड़ी को हाथ लगाना नहीं... यह काँच की है, टूटेगी तो तुम्हें काँच लग जाएगा। पापा ने घड़ी को दिवार पर लगा दी जिससे स्मित उसे छू ना सके।

बच्चों...क्या आपको आप के मम्मी-पापा से ऐसी चेतावनी मिली है?

थोड़े दिनों बाद एक दिन दोपहर को मम्मी सो रहीं थीं, स्मित घर में अकेला था। उसे वह घड़ी लेने का मन हुआ... लेकिन घड़ी एकदम उपर थी इसलिए उसका हाथ पहुँच नहीं रहा था... उसने छोटा टेबल लिया और उस पर चढ़कर घड़ी लेने के लिए हाथ उपर किया, तभी मम्मी जाग गई... उसने देखा कि स्मित घड़ी ले रहा है।

As the clock was made of glass his father hanged it on the wall and warned him not to touch as it could break.

Kids, have you ever received such warnings from your parents?

One afternoon, Smit's mother was sleeping. Smit wished to touch and see the clock. But as it was hung high he couldn't reach. He took a small table and climbed on it. As he was about to touch it, his mother woke up.



स्मित मम्मी को देखकर घबरा गया और हाथ से घड़ी छूट जाती है, और घड़ी के टुकड़ों हो जाते हैं। काँच का एक टुकड़ा मम्मी को लग गया और मम्मी के हाथ से खून निकलने लगा। यह देखकर स्मित और भी डर गया और रोने लगा। उसे समझ में नहीं आया कि वह क्या करे।

मम्मी ने उसे कहा, “रोना नहीं, मैं अभी ठीक हो जाऊँगी। तुम धीरे-धीरे संभलकर टेबल से नीचे आ जाओ... देखो पैर न आये काँच पर... संभलकर...!”

Smit got so scared on seeing his mother that the clock fell from his hand and broke. Some piece of glass hurt his mother and she started bleeding. Seeing this Smit started crying and he didn't understand what to do.

Mother said, “Don't worry I will be alright. You get down slowly and carefully see that you don't harm yourself.”





मम्मीने पूरे रूम में झाड़ू लगाकर काँच के टुकड़े इकट्ठा कर के कचरे के डिब्बे में डाल दिए। फिर हाथ पर दवाई लगा दी।

स्मित को आज पहली बार एहसास हुआ कि उसने गलती की है... वह मम्मी के पास जाकर बैठ गया... मम्मी का हाथ पकड़कर **आय एम सॉरी** कहकर रोने लगा... “मैं आज से कभी भी कोई शरारत नहीं करूँगा।

बच्चों...क्या आपने कभी अपने मम्मी-पापा से सॉरी कहा है?

She cleaned the entire room, gathered the glass pieces, wrapped them in paper and threw them in the dustbin. After that she applied medicines. For the first time Smit realised that he had done a mistake. He went and sat near his mother, caught her hand and said..

“I am sorry, now onwards I will never do mischief.

Kids, have you ever said Sorry to your parents?

मम्मी ने कहा, “घड़ी टूट गई...कोई बात नहीं... लेकिन आज तुम्हें अपनी गलती समझ आ गई... तुमने अपनी भूल मान ली... यह बात की मुझे खुशी है...”

बच्चों, आपने कभी अपनी भूल कबूल की है...?

हमें... हमेशा अपने मम्मी-पापा की बात सुननी चाहिए। उनकी हर बात माननी चाहिए। मम्मी पप्पा की सलाह हमारे हित के लिए होती है।

She replied, “The clock broke, no problem, but I am happy you realized your mistake and accepted it.”

Kids, have you ever accepted your mistakes...?

We must always obey our parents and should always listen to them. Parents always give advice for the benefit of their kids.





Let's Over write the words of Sootra



Namaskar Mantra

नमो अरिहंताणं (Namo Arihantaanam)

नमो सिद्धाणं (Namo Siddhaanam)

नमो आयरियाणं (Namo Aayariyaanam)

नमो उवज्झायाणं (Namo Uvajzaayaanam)

नमो लोए सव्व साहूणं (Namo Loe Savva Saahoonam)

ऐसो पंच नमोक्कारो (Eso Panch Namokkaaro)

सव्वपावघ्यणासणो (Savva Paav Ppanaasano)

मंगलाणं च सव्वेसिं (Mangalaanam Cha Savvesim)

पढमं हवइ मंगलं (Paddhamam havai Mangalam)



Check Yourself



- 01) Do you spit chewing gum on road?
- 02) Do you shout near schools / hospitals?
- 03) Do you walk in the middle of the road?
- 04) Do you speak loudly in public places?
- 05) Do you ride your bicycle on the right side of road?
- 06) Do you look for the dustbin to throw waste?
- 07) Do you switch of mobile at religious place?
- 08) Do you always reach late for school?
- 09) Do you greet Jai-Jinendra to everyone?
- 10) Do you misbehave in Public place?



See where you stand

- Gurubhakt Mehta Parivar

Unscramble the words from each ice - cream scoop and find your Tirthankar

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____



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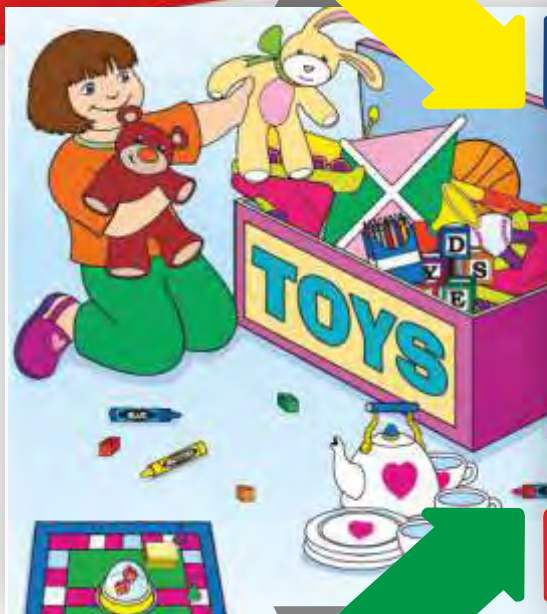
Wonderkids Metrics Pvt Ltd.
Address : 307, Ashish Udyog Bhavan, B.J. Patel Road,
Opp. SNTD College, Malad West. Mumbai - 400064
Mob : 9768077759 / 7977045129

Answers : 1) Ajitnath, 2) Aranath, 3) Mallinath, 4) Nemnath, 5) Nemnath, 6) Vimalnath

Let's follow Discipline at various places...



At Home



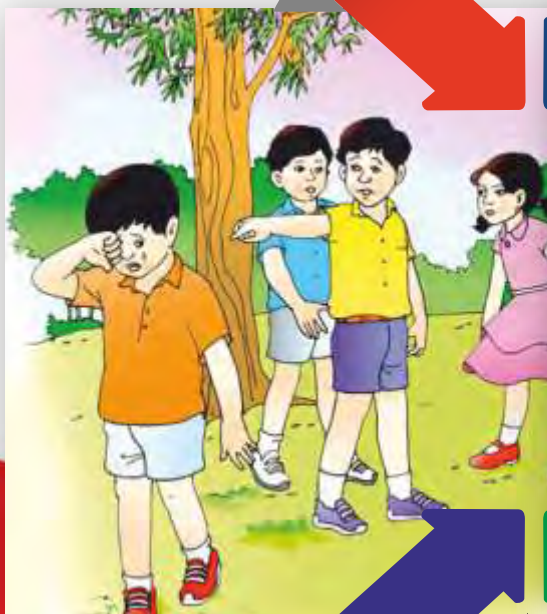
Clean your room



Obey in front of Guests

Behave Well with your Siblings

Help you mother



At School



Reach School on time



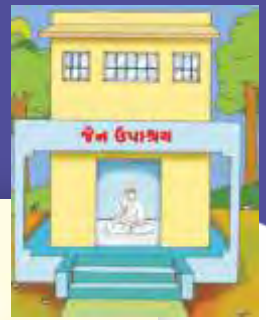
Focus on Lesson

Obey the rules

Submit your work on Time



At Dharma Sthanak



Don't disturb others

Don't Play Around

Keep your mobile shutdown

Speak slowly



At Public places



Always make a Queue

Don't be in a Hurry

Speak only when necessary

Wait for your turn



At Road



Do not Litter



Don't push any body

Follow the traffic rules

Help the elders



When you are out



Don't fight with others

Don't talk to strangers

Obey your Parents

Take care of your Siblings



My Very own Self Discipline Chart

- Give a star as You Follow



I treated Mom and Dad with Respect

I Obeyed immediately

I picked up my belongings after use

I was Kind and Generous - I Shared

I said Thankyou when needed

I treated books & other objects with Respect

I used Kind words with all

I did my job without Complaining

I kept Maun while eating

I didn't argue with my Mom and Dad

	Mon	Tue	Wed	Thu	Fri	Sat	Sun
I treated Mom and Dad with Respect							
I Obeyed immediately							
I picked up my belongings after use							
I was Kind and Generous - I Shared							
I said Thankyou when needed							
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I did my job without Complaining							
I kept Maun while eating							
I didn't argue with my Mom and Dad							

Inspiration: Rashtrasant Pujya Gurudev Shree Namramuni Maharaj Saheb

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Exhibition Centre	Date	Time
Ghatkopar - Parasdham	28 th June	03pm onwards
	29 th & 30 th June	11am to 07pm
Kandivali - Pawandham	06 th & 07 th July	11am to 07pm
Mulund	12 th July	02pm to 07pm
	13 th July	11am to 07pm
Vileparle	27 th & 28 th July	11am to 07pm

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