

LOOK N LEARN

Vol No. 12 • Issue No. 07 • Mumbai • 10th May 2021 • Price : Rs 5/- (Multilingual Fortnightly)



*‘खामेमि सव्वे जीवा, सव्वे जीवा वि खमन्तु मे,
मिती मे सव्वभूऐसु, वेरं मजझं न केणई’*



- Page 02:** Subscription details
Page 03: Beauty without cruelty
Page 04: Leather products
Page 05: All about silk and Ivory
Page 06: Sadness hidden behind the shine
Page 07: Food products
Page 08: Beauty products
Page 09: Perfumes
Page 10: My Parmatma says...
Page 15: Snakes and Ladders
Page 16: My Parmatma my role model
Page 18: Being Compassionate
Page 20: Aagam Gatha



We thank you for your interest in Look n Learn Magazine!

This fortnight magazine works on building a strong, positive, compassionate and a successful individual! Please contact us for your valuable feedback, any complaints, suggestions or change of address. You can also now gift this Magazine to your friend on his/her birthday and be a part of Gnan Anumodna!

Subscription for 10 years:
India - 1,000/- | Abroad - 5,000/-



**Kindly send cheque/draft/cash along with your...
Name, Address, Contact no. and Email id on...**

Postal Address

Look n Learn Magazine
Parasdhama, Vallabh Baug Lane, Tilak Road,
Ghatkopar (E), Mumbai - 400 077.

Contact : 022 - 21027676
Cheque or Draft : Arham Yuva Group
E-mail : jainmagazine9@gmail.com

Parmatma Mahavir, a follower of Ahimsa!

परमात्मा महावीर, अहिंसा का पालन करने वाले



करुणासागर परमात्मा महावीर ने हमें कहा है कि प्रत्येक जीव के प्रति मैत्रीभाव रखें और किसी भी जीव को हानि पहुंचे ऐसा काम न करें।

परंतु आज के इस भौतिक जीवन में हम जाने-अनजाने में हिंसक जीवन जी रहे हैं। सबसे पहले हमें यह समझना है कि हमारी आवश्यकताएँ किस वस्तुओं की हैं? और वह वस्तुएँ किस पदार्थ से बनी हैं? उसे बनाने में किसी भी जीव पर अत्याचार तो नहीं हुआ है न? इस बात का ध्यान देना चाहिए। तो चलो, हम पहले यह समझते हैं कि हमारे आसपास जो भी वस्तुएँ हैं, वह हिंसक कैसे हैं?

The ocean of Compassion, Parmatma Mahavir inspires us to be kind towards all beings. We should avoid indulging in activities which cause harm to others.

But today, knowingly or unknowingly, we are living a life full of violence.

First of all, we should be aware of our basic needs and the materials required to fulfill those needs. What are those materials made up of? Is anyone harmed in making those materials? We should be alert! So let's first understand why some of these products are outcome of cruelty. What are the contents of the product and while manufacturing them, were animals hurt? We should read the contents well and ensure that no animal cruelty is involved in it's making. Let us look around and understand the things around us, are they filled with any kind cruelty? If yes then How?

Let us hear these speechless animals
as to what do they think about us...

हमारा जीवन अहिंसामय होना चाहिए
और हमे सभी जीवों को अभयदान देना चाहिए।
We should try to live our life in a way that
we can give Abhaydaan to maximum living beings.



चमडा - चमडा कैसे प्राप्त किया जाता है?

हमारे आसपास चमडे से बनी बहुत सारी चीजे है। जैसे पर्स, बेल्ट इत्यादि...

पशुओं की त्वचा बहुत मुलायम होती है। पशु जैसे गाय, साप, बकरी, सील, बाघ, तेंदुआ, चीता इत्यादि की चमडी से विविध प्रकार की वस्तुएँ बनाई जाती हैं।

क्या एसी वस्तुओं का उपयोग उचित है? इसलिए हमे चमडे से बनी कोई भी वस्तु नहीं लेनी चाहिए।

Leather - How is it obtained?

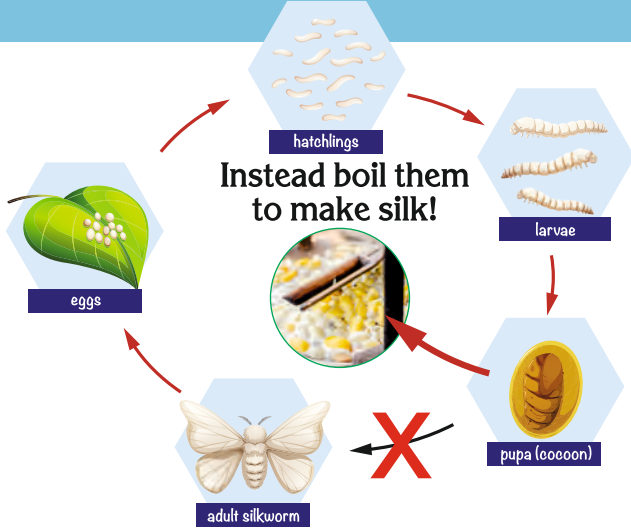
We see lots of things around us that are made of leather. For eg. leather wallets, purses, belts etc.

The skin of animals like cow, snake, goat, seal, tiger, leopard, cheetah is used to make different products.

Is it appropriate to use someone else's skin for our pleasure? Isn't that cruel? Hence, we should avoid using leather products.



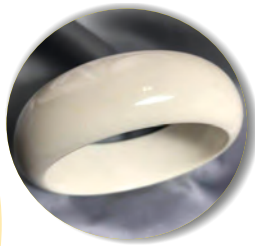
सिल्क: सिल्क बनाने के लिए, सिल्क के कीड़ों पर हिंसा होती है। उन्हें मार कर सिल्क बनाया जाता है। सच्चा जैन वहीं है जो छोटे से छोटे जीव की रक्षा करता है।



Silk: To make silk, the silk worms are killed. A true Jain is the one who protects even the smallest living being.

हस्तीदंत: हाथी के दातों से भी वस्तुएँ बनाके बेची जाती है। जैसे चूड़ी, पेन, शो-पीस, कंघी, चैस के प्यादे ईत्यादि। हाथी के दातों की किंमत बहुत है और इसलिए उनकी हिंसा होती है।

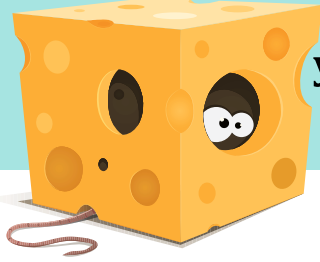
Ivory: The Elephant's tusk is used to make a lot of things like bangles, pen, show-piece, comb, chess pieces etc... The cost of their tusk is very high, so to earn money the elephants are killed.



Is your pleasure more precious than my life?



Go away humans!



**You broke my leg when
you drove your vehicle over it...
You never apologized!**



मोती : कालु नाम का छीप दरिया में होता है। वो बहुत ही मुलायम होता है। छीप के शरीर में से एक तरल पदार्थ निकलता है, जिससे मोती बनता है। मोती बनाने के लिए लाखों छीप को बरसों तक वेदना सहन करनी पडती है और जब मोती तैयार हो जाता है तो उसे तोड़ के उसके तुकड़े तुकड़े किए जाते हैं।

इसलिए, कोई भी चीज लेने से पहले हमें इन चीजों का ध्यान रखना है।

Pearls: A shell called kalu is found in deep ocean. It is very soft. A liquid substance is found in the shell's body which enables it to make pearls. To obtain these pearls, shells have to bear the pain for years and when the pearl is finally ready, the shells are torn into pieces.

Before we purchase or use anything, we should be aware of all these things.

We feel the same pain as you do!!

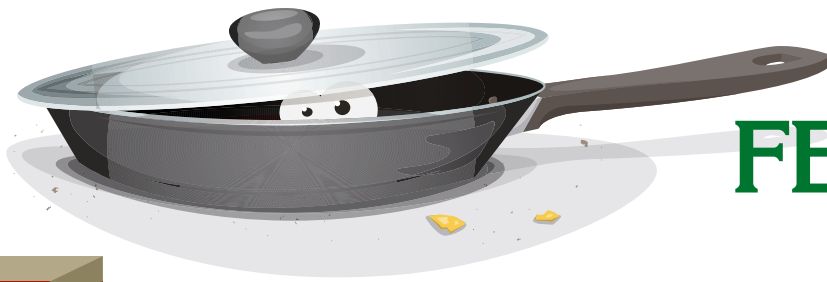


You kill us to satisfy your taste buds!



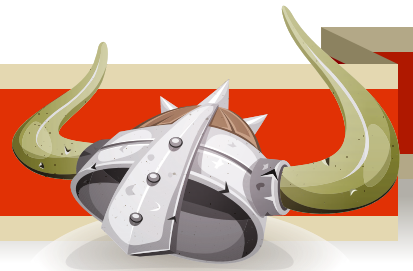
फूड प्रॉडक्ट्स: खाने की अनेक वस्तुओं में जिलेटिन, हड्डीयों के पाउडर, अंडे, प्राणियों की चरबी ईत्यादि का इस्तेमाल किया जाता है। उत्पाद का उपयोग करने से पहले रैपर पर दी गई सामग्री को अच्छी तरह से पढ़ें।

Lots of food products have ingredients like animal fat, egg, lecithin, bone powder, gelatin etc. Do read the content before consuming them.



WE FEAR YOU!

How can one relish at the cost of other's lives?
Do you?



10th May 2021

07

LOOK n LEARN



सौंदर्य प्रसाधन: बहुत सारे सौंदर्य प्रसाधन बनाने में अंडे और प्राणीयों की चर्बी का इस्तेमाल किया जाता है। उसके अलावा इन सभी सौंदर्य प्रसाधनों को गीनीपीग, बंदर, मेढक, चूहों जैसे प्राणीयों के शरीर पर परीक्षण किया जाता है। उनकी आँखों में सौंदर्य प्रसाधन डालके देखते हैं की उनकी आँखों में जलन होती है या नहीं। जिससे उन्हें असह्य वेदना और दुःख सहन करना पडता है।

Let us run away...



From Humans!

Beauty products: Beauty products have contents like egg and fat of animals. These products are tested on animals like guinea pig, monkey, frog, rat etc. Products are tested on various sensitive organs like eyes and poor animals go through a lot of pain and agony.





परफ्यूम/इत्र : तरह तरह के अत्तर, बॉडी स्प्रे बनाने के लिए हिरन, व्हेल जैसे प्राणीयों को मारा जाता है। हिरन के शरीर में से मिलता कस्तुरी और व्हेल के पास मिलता अंबर, कुदरती सुगंधी पदार्थ होते हैं। अत्तर बनाने में उनका उपयोग किया जाता है।



Where is our mom?



I don't know?
she went to collect
food for us!



Perfumes/Attar : To make perfumes or bodyspray, deer and whales are killed. As deer and whale have Kasturi and Amber respectively as natural fragrance in their body, they are used for making Perfumes/Attar.

My life

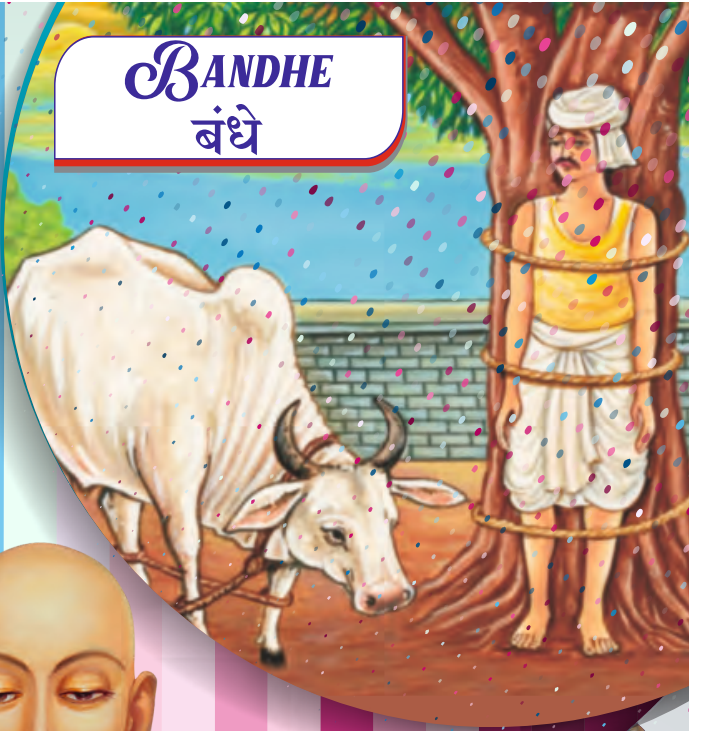
v/s

Your
passion!



My Parmatma says,
We will burden our soul
with sins if
we do the following...

BANDHE
बंधे



If we have strongly tied animals or humans
त्रसजीवने गाढ बंधने बांध्या होय



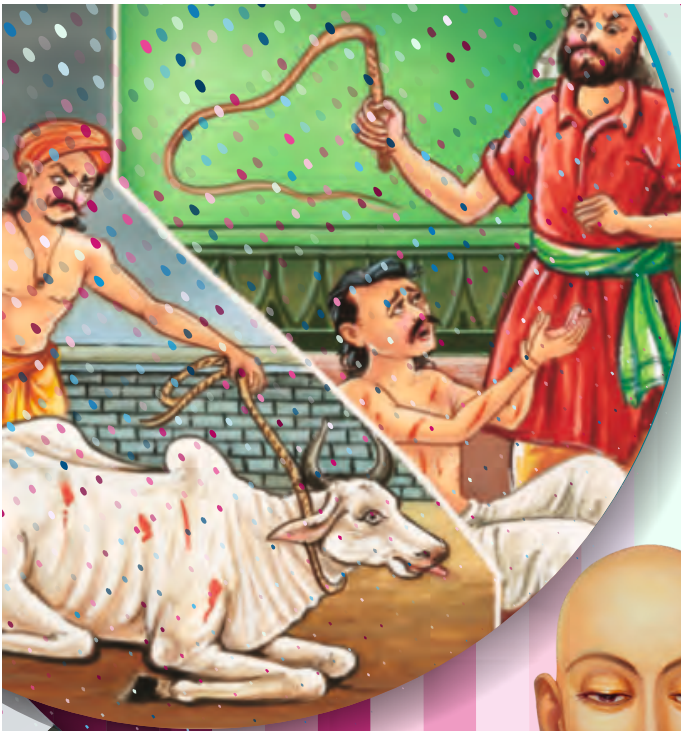
10th May 2021

10

LOOK n LEARN

ANIMAL CARETAKERS TALK

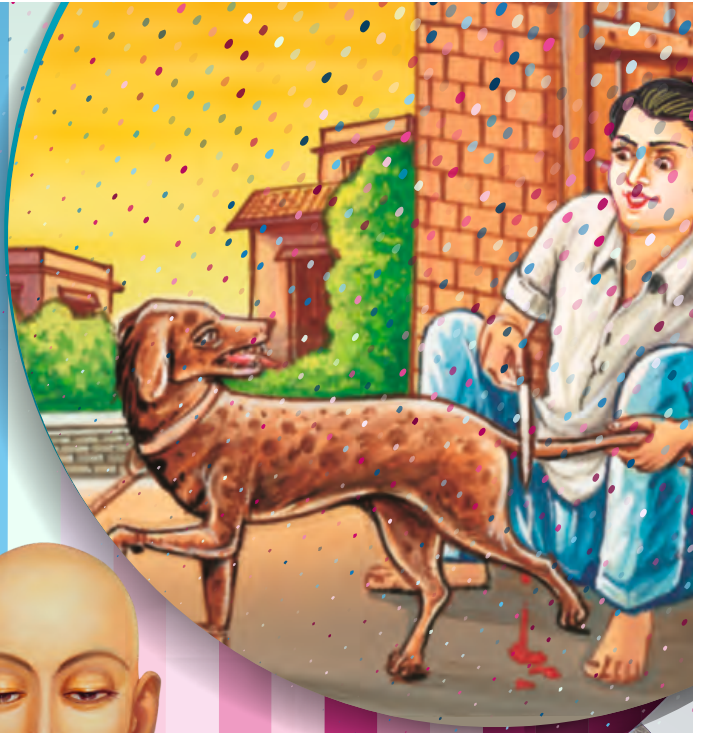
VAHE
वहे



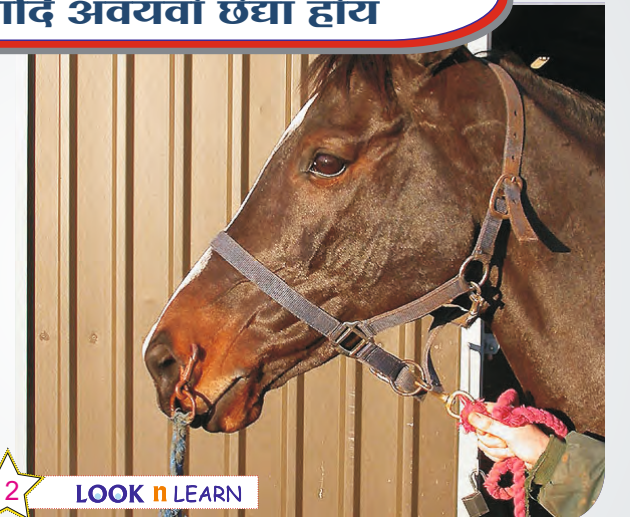
If we have hit them with sticks or other such things
ब्रसजीवने लाकडी आदिथी प्रहार कर्यो होय



CHHAVICHHE-E छविच्छेए



If we have pierced their body parts
नाक, कान, पूंछडी आदि अवयवो छेद्यां होय



ABHAARE अइभारे



If we overload them with work beyond their capacity
गजा उपरांत भार भर्यो होय, काम कराव्युं होय



BHATTAPANVOCHCHHE-E भत्तपाण वोच्छेए



If we have deprived them of food and water with ill intent
द्वेष बुद्धिथी भोजन पाणीनी अंतराय पाडी होय



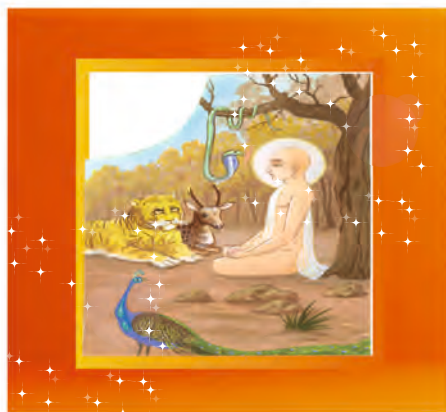
Let us help snake to reach its final destination!



- Gurubhakt Mehta Parivaar

Our Parmatma is an ocean of Compassion, if we are a true follower of Parmatma then why aren't we as Compassionate as Him? Why do animals and other living beings have to fear us? **Think!**

Let us be as Compassionate as our 22nd Tirthankar
Shree Neminath Bhagwan...



Who released all the animals
that were to be
butchered for the meal
preparation for his marriage
and spread the message of
"Live and Let Live"



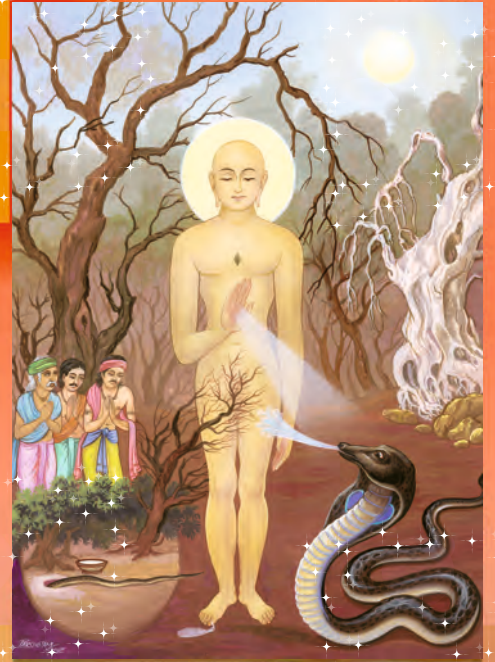
Let us be as Compassionate as our 16th Tirthankar
Shree Shantinath Bhagwan, who was willingly ready to give away his flesh
to satisfy a hungry hawk and there by save the life of a pigeon
By this act of Compassion, He spread the message of
"Miti Mein Savva Bhuvesu"

Let's be Compassionate not only to humans but also towards all animals, birds and smallest living beings and make this world a better place to live in.

Shubh
Thao Aa
Sakal
Vishwa Nu



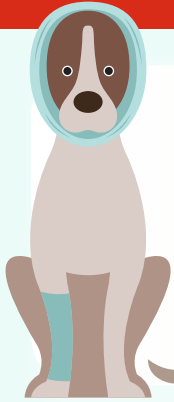
Let us be as Compassionate
as our 23rd Tirthankar
Shree Parshwanath Bhagwan
who liberated lives of 2 snakes
and spread the message of
"Abhaydayanam Atmakalyanam"



Let us be as Compassionate as our 24th Tirthankar
Shree Mahavir swami who forgave Chandakaushik, a poisonous snake
and spread the message of
"Forgive and Forget"

How can we show compassion towards all living beings...

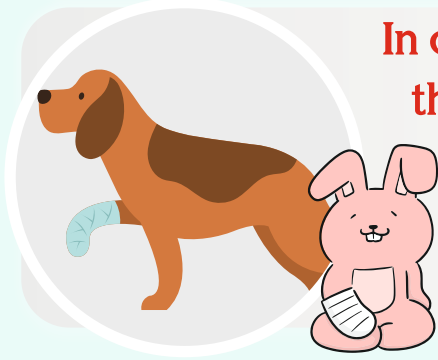
On seeing any living being in need of help
we can be compassionate by...



By showing proper love and care
wherever needed



In case of an emergency take
them to an Veterinarian &
take the responsibility
of giving them
appropriate medicine

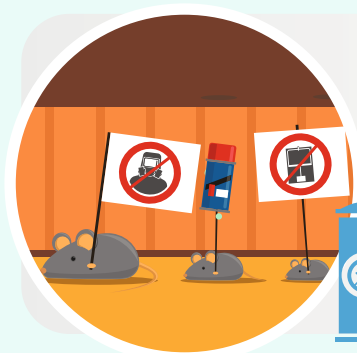


ANIMAL SHELTER

You can also drop
them to any nearest
Animal shelter where
they can be cared for



Keep your surroundings clean so
there is no need of using pesticides



Compassion is knowing that
all living beings are like me!



You can
volunteer
at the
Animal shelter



Never tease them or harass them!



Be kind
to them



Let us
all join hands
together and
spread the
message of
**No Hit No Hurt
Only Love!**

आगम गाथा

॥धम्मो मंगल मुक्किठं,

अहिंसा संजमो तवो;

देवावि तं नमंसंति,

जस्स धम्मे सयामणो॥

भावार्थ :

अहिंसा, संयम अने तप रूप धर्म उत्कृष्ट मंगल छे, जेमनुं मन सदा धर्ममां रमे छे, तेओने देवो पण नमस्कार करे छे।



Publisher, Printer and Owner Ashok R. Sheth, Printed at : Accurate Graphics Pvt. Ltd.,

15-A, Samrat Mill Compound, L.B.S Marg, Vikhroli (W), Mumbai - 400 079.

Publish at Mumbai : 20, Vanik Nivas, Kama Lane, Ghatkopar (W), Mumbai - 86. Editor : Ashok R. Sheth