

LOOK N LEARN

CHILDREN'S JAIN

MAGAZINE

10th September 2020 Every Fortnight English, Hindi & Gujarati

*Lockdown is a test,
Make this time the best!
Connect with your Inner self...
Disconnect with your Outer world.*





खमेह अवराह मे

This Samvatsari...

Did you Forgive and Forget!

If not.... then

Let's grant Forgiveness to each one and all,

Let's seek forgiveness from every soul.

*Let this lock down not get your luck down but
let us play a divine Tapp game and increase your luck*

Truth is powerful

Benefits:

- 1) You earn trust and respect.
- 2) It builds up a positive layer around you and makes you confident.
- 3) Trust creates opportunities.
- 4) You will achieve success in life.

Shravak Ludo Game

2 to 4 individual players or 2-4 groups

भगवानने स्वाध्याय के पाँच प्रकार कहे हैं - वाचना, पृच्छना, परियट्टना, अनुपेक्षा और धर्मकथा.

हमने पूरा वर्ष Look n Learn Magazine में वाचना, धर्मकथा सूनी और प्रश्न भी पूछे और हमारी जिंदगी में अनुपेक्षा करके समज के साथ चिंतन भी किया आज हम परियट्टना करेंगे।

परियट्टना यानी सीखे हुए ज्ञान को बारबार संशोधन करना इससे यह ज्ञान हमारी स्मृति में जाता है।

आज हम संशोधन करेंगे पर खेलते खेलते, हम सब जानते हैं कि हमारा घर तो सिध्दशीला हैं। जो बच्चा पहले सिध्दशीला पहुँचेगा वह विजेता होगा पर यहाँ कीसीको मारके हमें आगे नहीं बढ़ना हैं, खुद की ज्ञान-आराधना से आगे बढ़ना हैं।

तो शुरू करे हमारी सिध्द क्षेत्र की यात्रा भरतक्षेत्र से सिध्दक्षेत्र LUDO के साथ



Let's do
Tapp
through
Game!

Yes
SWADHYAY
is
TAPP



There are 5 types of Swadhyay Tapp. They are **Vanchana** (to read), **Pruchna** (to ask and clear religious doubts), **Pariyatana** (to revise), **Anupreksha** (to reflect) and **Dharmakatha** (to say or hear religious stories).

Throughout the year we have followed the Tapp of Vanchana, Dharmakatha, Pruchana and Anupreksha through Look n Learn magazine.

Pariyatana means to revise the sutras and religious principles. By doing so the knowledge gets inscribed in our memory.

We all know that our ultimate home is Siddhashila. Through the game of Ludo we will try to reach Siddhashila without hurting anybody. Our knowledge will help us move forward and win the game.

So let's start our journey towards Siddha kshetra from this Bharat kshetra.

How to play

Things you need

4 sets of token,
dice, bowl, scissor -
to cut question cards



- Make groups of 2 or 4 among kids.
- You can name the groups - Daan, Sheel, Tapp and Bhaav.
- Cut the question cards give on page no's 11-16 of this Look n Learn Magazine and put them in a bowl.
- Any team can move first.
- Roll the dice.
- Suppose team Daan gets 5 then before moving on the board the team has to pick up a question and answer it.
- If the team answers the question right, then only they get a chance to move 5 on the board. Otherwise the next team gets the chance to answer the question and move ahead.
- The team reaching Moksh first is the winner.
- For every winning token the team receives Bonus badge.
- You can wear that Bonus badge throughout the day/week. Collect as many Bonus badges as you can.
- Bonus badges are given on page no 7-8.



Mind Palace! Technique to Memorise Kanthastha Time!

Dear Friends!!! सामायिक तो learn करवीज पडशे...

Lesson - 2 Iriyavahiyam Sootra

- Chaurindiya** - The living beings with four senses, i.e. touch, taste, smell & vision (e.g. flies, mosquitoes, scorpions etc).
- चउरिंदिया** - चार इंद्रियवाळा जीव (काया, जीभ, नाक अने आंख होय) जेवा के माखी, मच्छर, भमरा, वींछी वगरे
- Panchindiya** - The living being with all five senses i.e. touch, taste, smell, vision and hearing e.g. animals, humans, divine beings, (Devas & creatures in hell).
- पंचिंदिया** - पांच इंद्रियवाळा जीव (काया, जीभ, नाक, आंख अने कान होय) जेवा के जळचर, स्थळचर, उरपर, भुजपर, खेचर तथा मनुष्य, देवता, नारकी
- Abhihaya** - May have harassed them while coming across the way.
- अभिहया** - सामा आवतां हणयां होय
- Vattiya** - May have covered with dust.
- वत्तिया** - धूळ आदि थी ढांक्या होय,



Let's learn by tracing...

10 types of Violence

चउरिंदिया

पंचिंदिया

अभिहया

वत्तिया



Bonus Badge

अहम्



मारामां रहेला
दोष नाश पामे

विध्यरा मे षशीयंबु
हे तिर्थकर परमात्मा
आप मारा पर
प्रसन्न थाओ

क्षमा
विरस्य
भुषणम्
क्षमा वीरों का
आभूषण है



मिस्ती मे सब्ब भुएसु
विश्व के सारे जीव मेरे मित्र है

संती
संती
करे लीए



विश्व
में
शांति
का
प्रसार
हो



सिद्धासिद्धिं मम् दिसंतु
मने सिद्ध गति
प्राप्त थाओ



जीओ और
जीने दो

Bonus Badge

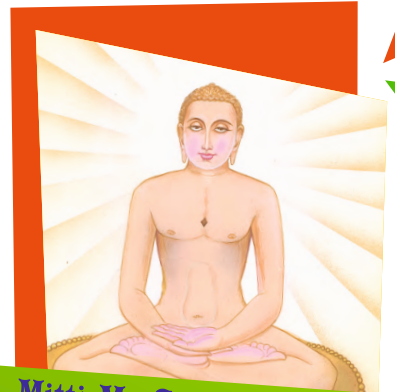
**Kshama
Veerasya
Bhusanam**

**To forgive is the
jewel of the brave**

**Tittharaya
me
Paseeyantu**
The founders
of 4 Tirthas
be blessed

Arham
May my
Vices destroy

**Santi Santi
Kare Loe**



Mitti Me Sarve Bhueesu
All living beings
are my friends

May
there
be Peace
in the
universe



Live and Let Live



**Siddha Siddhim
Mam Disantu**
Oh supreme lord
show me the path
to liberation

Shravak Ludo
Game Board

Game On!



<p>Daan</p>	<p>Sheel</p>
<p>Bhaav</p>	<p>Tapp</p>

The game board is a 6x6 grid. The four corners are occupied by colored dotted boxes: top-left is red with 'Daan', top-right is green with 'Sheel', bottom-left is blue with 'Bhaav', and bottom-right is yellow with 'Tapp'. Each of these boxes contains four circles of the same color. The center of the board is a 2x2 grid of colored squares: top-left is red, top-right is green, bottom-left is blue, and bottom-right is yellow. The four corners of this central 2x2 grid are occupied by triangular icons: top-left is a green triangle with a white figure, top-right is a yellow triangle with a white figure, bottom-left is a blue triangle with a white figure, and bottom-right is a red triangle with a white figure. The remaining cells in the grid are empty.

Question Cards

1.

How many beads are there in Mala?



2.

What should we eat on the days of Aatham & Pakhi?



3.

Where do Sadhu Sadhviji's stay?



4.

What is the root of religion?



5.

How many Jiv does root vegetable have?



6.

The number of lessons in Samayik



7.

What is the meaning of Namu?



8.

How many Karmas are there?



9.

Name any one Jainshala or Pathshala?



10.

Who am I?



11.

Who has overcome all 8 karmas?



12.

What was the name of Mahavir Bhagwan's mother?



13.

How many Jiv does pulses have?



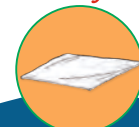
14.

What is Jain calendar called?



15.

What is the use of Aasan in Samayik?



Answer Cards

In
Upashray

Pulses
and
Cereals

108/27

8

Infinite

Vinay

Look n Learn
Jain Gyan Dham

8

To bow
down

Trishla Devi

Siddha Bhagwan

Soul

To sit and
give Abhaydaan

Panchang

1 Jiv

Question Cards

16. How many pad are present in Namaskar Mantra?



17. The number of Tirthankars present in each time cycle?



18. The no. of dreams a Tirthankar's mother dreams?



19. Who is worshipped first-Arihant or Siddha Bhagwan?



20. To whom do we worship in Namaskar Mantra?



21. When can Namaskar Mantra be recited?



22. For how much time is Samayik performed?



23. Who is the 1st disciple of Mahavir Swami?



24. How should we greet people when we meet them?



25. What should we speak while bowing to Sadhu-Sadhvi?



26. Whose Shashan is it at present?



27. What is the Universe called in Jainism?



28. The number of days in Paryushan



29. A day to forgive all universal beings



30. Top most bead of Mala



Answer Cards

14

48

5

Anytime

Panch
Parmesthi

Arihant

Jai Jinendra

Gautam Swami

48 minutes

14 Rajlok

Mahavir Swami

Mathen Vandami

Mer

Samvatsari

8

Question Cards

31. Number of colours in a Jain flag?



32. The main festival of Jainism



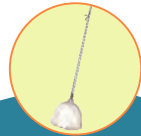
33. Mahavir swami's birth date?



34. How many times should we do Vandana with Tikkuto path?



35. It is used in Samayik to save small insects



36. How many virtues does Siddha Bhagwan possess?



37. What does the green mark on a food packet indicate?



38. What is a Wishing tree called?



39. Which Bhagwan do we worship in Uvasagarhar Stotra?



40. Arihant Bhagwan are always present in which kshetra?



41. What is the name of the Holy book of Jains?



42. What is worn to save Vayukaay jiv?



43. The no. of years of sadhana done by Bhagwan Mahavir...



44. To realise that soul & body are different is called...



45. 8th day of Moon is called...



Answer Cards

Chaitra Sud
Teras

Paryushan

5

8

Guchcho

3

Shree
Parshwanath
Prabhu

Kalpavruksh

Vegetarian

Muhapatti

Aagam

Mahavideh
Kshetra

Aatham

Kausagga

$12\frac{1}{2}$

श्रेष्ठ उपहार

भगवान महावीर के अनन्य भक्त आर्य देश के राजा श्रेणिक के पुत्र अभयकुमार और अनार्य देश के राजा आर्द्रक अच्छे मित्र थे। एक दिन राजा श्रेणिक ने आर्द्रक राजा के लिए बहुमूल्य भेट सामग्री भेजी। आर्द्रक राजा को एक पुत्र था। उसका नाम था आर्द्रकुमार। उसने अपने पिताजी के भेजे हुए उपहार देखें। उसे भी मन हुआ कि मेरा भी कोई मित्र आर्य देशमें हो। उसने पिताजी से पूछा, क्या आपके मित्र को मेरे जितनी आयु वाला कोई पुत्र है ?

दो मित्रोंमें भेटका
आदान प्रदान करने से मित्रता
मजबूत बनती है ।



में उससे दोस्ती करना चाहता हूँ। पिताने कहाँ, हाँ! उनके कई पुत्र है पर उसमे अभयकुमार सर्वश्रेष्ठ है। यह सुनकर आर्द्रकुमार प्रसन्न हो गए। उसने अभयकुमार के लिए भेट एवं एक पत्र भेजा। अभयकुमारने पत्र पढ़ा। पत्र पढ़ते पढ़ते उन्हें विचार आया कि अनार्य देशके कुमार को मैत्रीभाव की ईच्छा हुई, अवश्य यह कोई पूर्वभव के संस्कार होंगे। वरना अनार्य देशमें ऐसी भावना कहाँ ?

मेरा कर्तव्य है कि मैं ऐसे व्यक्ति से मित्रता करुं और उसे उसकी भावनाओं में धर्म जागृति के लिए प्रयत्न करुं। उसे उपहार के रूप में कोई ऐसी भेट भेजूं जिससे मित्रता भी बढे और मित्र धर्म के प्रति जागृत भी बने।

REVERSIBLE GOOD DEEDS DICE

ART
n
CRAFT



Will help in keeping
the home clean



Kids, you have to cut the dice along the lines and assemble it. You can use dice both the ways.

Before sleeping
will say sorry
to all



Will spend
time with
grand
parents



Will help
the needy



Will feed
birds/animals



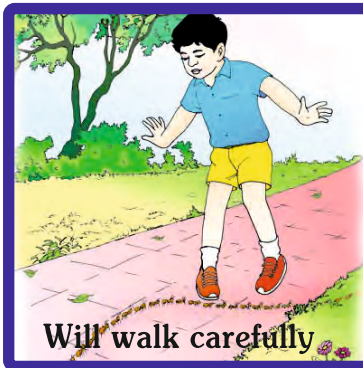
Reopen the dice after few days and reverse it for the other tasks.

Will share my things
with all and be friendly
with all



Kids, you have to roll the dice everyday in the morning and try to follow the good deed for that day. Enjoy the task with your friends and siblings.





My Punya bank!

