

LOOK N LEARN

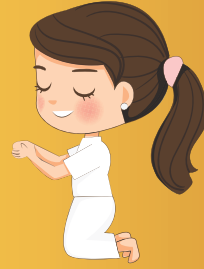
Vol No. 14 • Issue No. 02 • Mumbai • February 2022 • Price : Rs 5/- (Multilingual Fortnightly)



परमत्मा पगले-पगले...

वैश परिवर्तन ज नहीं, आंतरिक भावोंनुं परिवर्तन... ते छे **संयम!**





तपसम्राट पूज्य गुरुदेव श्री रतिलालजी महाराज साहेबनो
०८-०२-२०२२ ना २४मो स्मृतिदिवस...



तपसम्राट छे अवधुत, तपस्वी गुरुदेव छे अदभूत
गुरुकृपा वरसे छे अविरत, चरणोंमा वंदना छे शतः शतः

- Gurubhakt Mehta Parivar

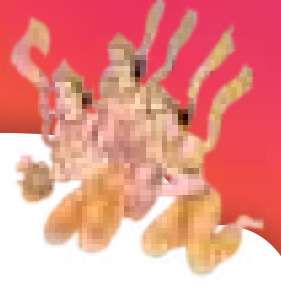


संयम लेना ही है मनुष्य भव का सार,
कराता है संयम हमें भवोभव पार।
३१ वे संयम दिवस पर...
राष्ट्रसंत परम गुरुदेव श्री का करे गुणगान,
त्रिलोक में होती है उनकी जय जयकार...
एसे परम गुरु को करे वंदन बारं बार!
करे शतः शतः वंदन! शतः शतः वंदन बारं बार!

१०-०२-२०२२

- Gurubhakt Vatsal Kothari

धन्य तथा दीक्षा दानेश्वरी राष्ट्रसंत परम गुरुदेव श्री नम्रमुनि महाराजसाहेब,
धन्यातिधन्य तथा दीक्षीत सुशिक्षित आत्माओं



“मत्थएण वंदामि”

तने जोई जोई झूकी जाय मस्तक अमारुं

दीक्षा - २०१३

पूज्य श्री सुपूर्वीबाई महासतीजी
संचयन जीवन नी शतः शतः वंदना

दीक्षा - २०१४

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|--------------------------|----------------------------|-----------------------------|
| १. परम सौम्याजी महासतीजी | २. परम संबोधिजी महासतीजी | ३. परम पवित्राजी महासतीजी |
| ४. परम समाधिजी महासतीजी | ५. परम तपस्याजी महासतीजी | ६. परम दिव्यताजी महासतीजी |
| ७. परम मित्राजी महासतीजी | ८. परम अनन्याजी महासतीजी | ९. परम प्रतिष्ठाजी महासतीजी |
| १०. परम कृपाजी महासतीजी | ११. परम विरक्ताजी महासतीजी | |
- संचयन जीवन नी शतः शतः वंदना

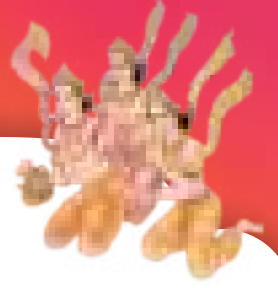
दीक्षा - २०१६

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| १. परम विनम्रमुनि महाराज साहेब | २. परम पवित्रमुनि महाराज साहेब | |
| ३. परम अस्मीताजी महासतीजी | ४. परम सन्मित्राजी महासतीजी | ५. परम सानिध्याजी महासतीजी |
| ६. परम आमन्याजी महासतीजी | ७. परम ऋजुताजी महासतीजी | ८. परम ऋषिताजी महासतीजी |
- संचयन जीवन नी शतः शतः वंदना

दीक्षा - २०१८

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| १. परम अर्पिताजी महासतीजी | २. परम सम्यक्ताजी महासतीजी | ३. परम अनुभूतिजी महासतीजी |
| ४. श्री सुतिर्थीकाजी महासतीजी | ५. परम जिनवराजी महासतीजी | ६. परम श्रुतिकाजी महासतीजी |
| ७. परम पावनताजी महासतीजी | ८. परम प्रभुताजी महासतीजी | ९. परम सात्वीकाजी महासतीजी |
| १०. परम विभूतिजी महासतीजी | ११. परम गरिमाजी महासतीजी | १२. परम आत्मीकाजी महासतीजी |
- संचयन जीवन नी शतः शतः वंदना

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धन्यातिधन्य तथा दीक्षीत सुशिक्षित आत्माओं



“मत्थएण वंदामि”

तने जोई जोई झूकी जाय मस्तक अमारुं

दीक्षा - २०१८

१. परम स्वमित्राजी महासतीजी २. परम आराध्याजी महासतीजी

संयम जीवन नी शतः शतः वंदना

दीक्षा - २०१९

१. परम नमस्वीजी महासतीजी २. परम सहजताजी महासतीजी ३. परम आत्मीयाजी महासतीजी

संयम जीवन नी शतः शतः वंदना

दीक्षा - २०२१

१. परम विनयमुनि महाराज साहेब

२. परम नेमिश्वराजी महासतीजी ३. परम ऋजुमित्राजी महासतीजी ४. परम सुरम्याजी महासतीजी
५. परम ऋषिमित्राजी महासतीजी ६. परम श्रीजिनेश्वराजी महासतीजी ७. परम अनुज्ञाजी महासतीजी
८. परम संवेगीजी महासतीजी ९. परम श्रुतप्रियाजी महासतीजी

संयम जीवन नी शतः शतः वंदना

जय हो जय हो संयमी , जय हो जय हो संयमी
करते तुमको है नमन... चाँद तारे और जमी...
राह तुने जो चुनी , सबकी है थमी...
तुमको देखकर लगे , हमको दुनिया में कमी...
रास्ता कठिन चला , फिर भी चेहरे पर है हँसी...
करते तुमको है नमन , चाँद तारे और जमी...
जय हो जय हो संयमी , जय हो जय हो संयमी



July 2022

I learn the quality to...
Let go - Forgive and Forget

Inspite of being so huge and heavy, an elephant manages to walk very softly and quietly on this planet. No matter what goes around them, they enjoy their life. They always live-in groups and support each other. Have you ever seen an elephant reacting to people and animals chasing him? No, An elephant is always at fun in its own way.

February 2022

06

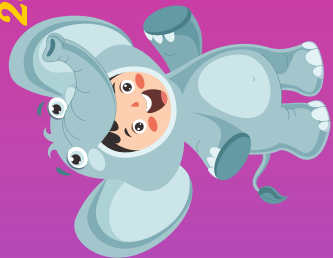
LOOK N LEARN

Important dates -

13 - Choumasi Pakhi

Chaturmas begins

28 - Guru Purnima



Elephant



SUN	MON	TUE	WED	THU	FRI	SAT
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

- Aatham,
 - Pakhi,
 - Imp. dates

Story - The Compassionate Elephant

Once upon a time in a huge jungle there lived a compassionate and selfless elephant who always thought and prayed for everyone's well-being. On one hot summer day, a wild forest fire ignited by heat of the sun. All animals ran helter-skelter to save themselves. However, some of them got caught in the fire and died. On seeing this, the elephant thought, "If this sort of fire strikes every now and then, lot of us will be victim of it. I must think of a solution to save all of us."

As soon as the fire ceased, the elephant set to work and cleared a large area of land. He pulled out all the grass and shrubs to create an open ground. Few days later, due to scorching heat, another fire broke out. This time all animals ran to the open ground to seek protection. In no time the entire place was completely occupied with animals. The elephant was pleased to see that all his jungle friends were safe. Just then, the elephant felt itching on one of his legs and lifted it to scratch. In the meantime, a rabbit came and settled himself in that free space.

On seeing this, the compassionate elephant thought, "If now I put my leg down, the poor rabbit will get squashed." So, he decided to keep his leg lifted and stood that way for three days.

When the fire had ceased, one by one all animals started to move back into the forest in search of food and water. And now the elephant tried to put his leg down. However, his leg had become so stiff that he just could not move it. As a result, he fell on the ground. He was in severe agony, but he bared this physical pain in equanimity for 3 more days and died.

Because of this compassionate act of Abhaydaan, the elephant took next birth as Prince Meghakumar. Those who do good deeds and are always helpful to others are sure to get Saddgati in next life.



August 2022

I learn the quality of... **Being active and embrace the changes**

Birds are never lazy. They never take rest during the day. They are not afraid of changes. They migrate for food and shelter from tree to tree and place to place as the weather conditions around them change. I too will not rest until all my homework and assignments are complete. I will also help my parents and siblings in their work. I too will learn to adjust, feel comfortable and be ready to face any situation. I will adapt to whatever comes my way. I will embrace the changes, experiences, and lessons that I learn daily.



Important dates -

- 11 - Raksha Bandhan
- 15 - Independence day
- 24 - Paryushan Maha Parva starts
- 28 - Parmatma Mahavir Janmotsav
- 31 - Samvatsari Mahaparva



Birds

SUN	MON	TUE	WED	THU	FRI	SAT
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- Aatham,
 - Pakhi,
 - Imp. dates

Story time
Comparison leads to unhappiness

Once there was a big jungle where lived different animals. In the jungle, lived a sweet little sparrow named Kiur.

1

He was very happy and finally he could fly. One day, he got trapped in a hunters net.

4

A mouse named Tim also lived there. Whenever Tim saw the sparrow, he wished to fly like her and would be happy to hear her singing.

2

He tried to cut the net with his beak but he realised that he was not a mouse any more. He started to cry and requested Parmatma to make him a mouse again

Once while in sleep, the mouse saw a dream. In his dream, a magic occurred and he became a sparrow.

3

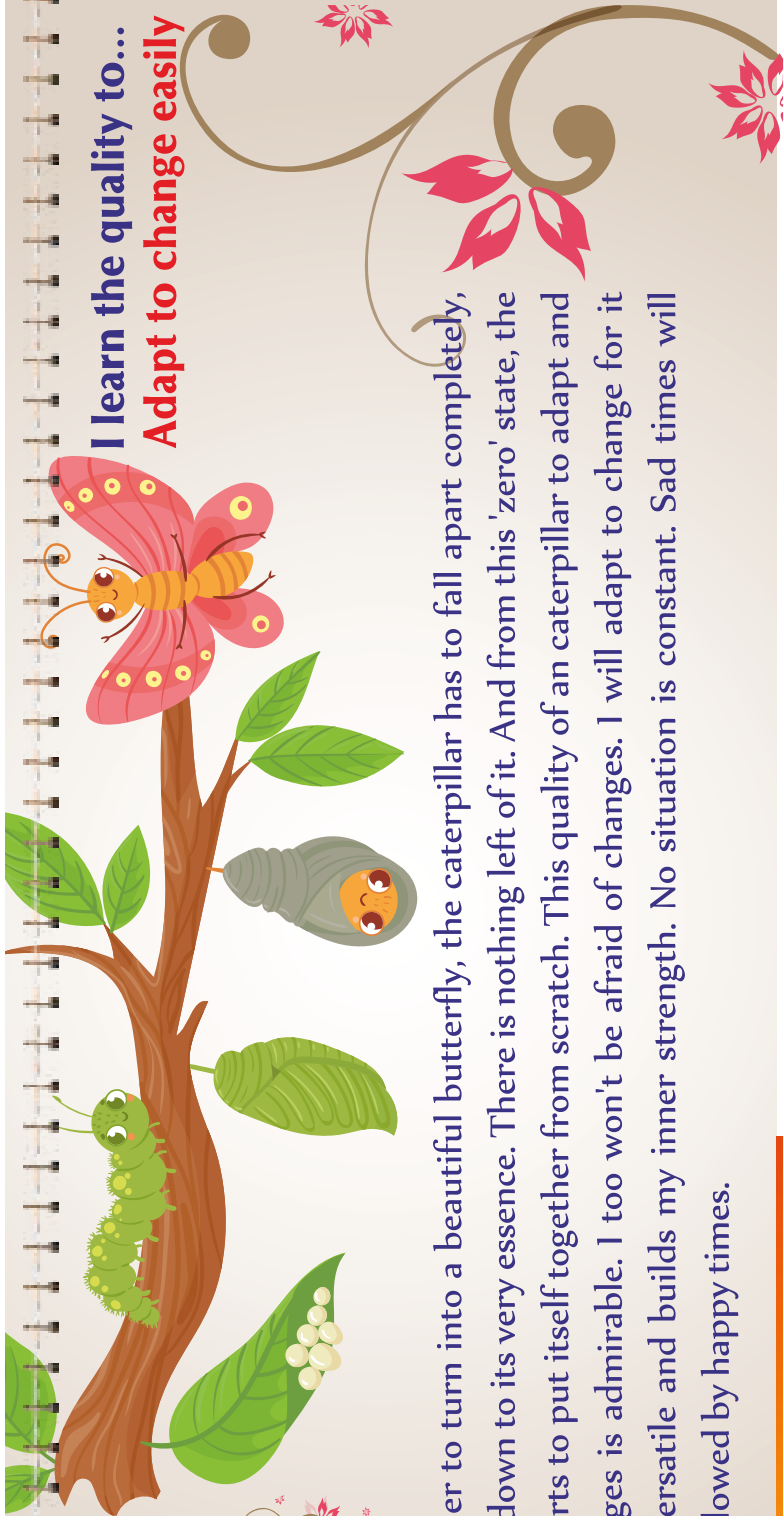
No Comparison
We must always be
satisfied with whatever
we have

February 2022

09

LOOK N LEARN

5



In order to turn into a beautiful butterfly, the caterpillar has to fall apart completely, decompose down to its very essence. There is nothing left of it. And from this 'zero' state, the butterfly starts to put itself together from scratch. This quality of an caterpillar to adapt and accept changes is admirable. I too won't be afraid of changes. I will adapt to change for it makes me versatile and builds my inner strength. No situation is constant. Sad times will surely be followed by happy times.

Important dates -
11 - Grandparents day
26 - Manavta Mohatsav



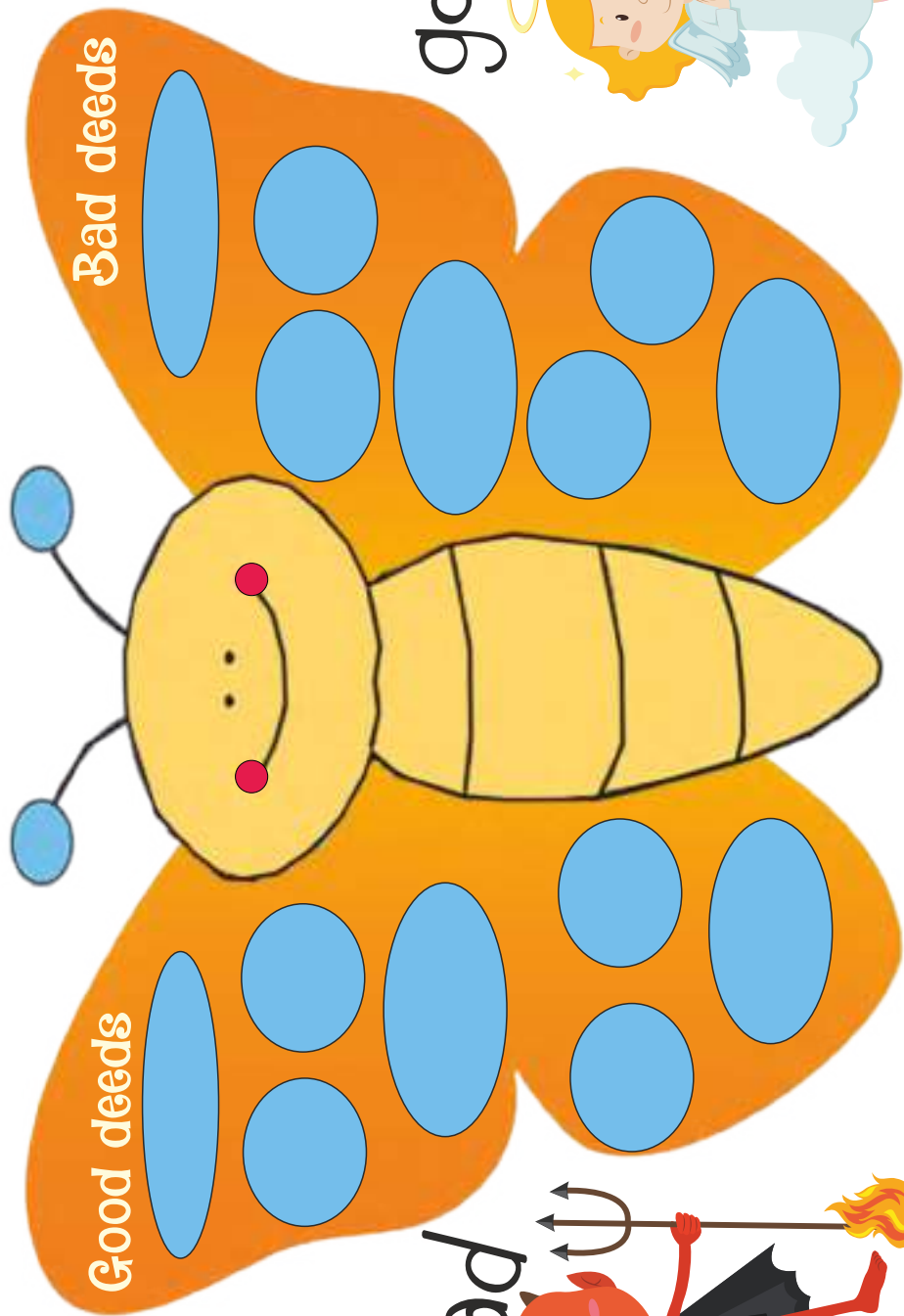
Catterpillar

SUN	MON	TUE	WED	THU	FRI	SAT
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25	26	27	28	29	30	

- Aatham,
 - Pakhi,
 - Imp. dates



Choose and write 7 good deeds that will take you near Parmatma and 7 bad deeds that will take you away from Parmatma in the wings of the butterfly.
Imbibe good deeds in your life and fly off to Moksh



I learn the quality of... **Being observant and trust ones own efficiency**

Birds are extremely observant. They notice the tiniest of flowers, grains or droplet of water.

A bird sitting on a tree is never afraid of the branch breaking, because it's trust is not on the branch but on it's own wings.

I too will be observant of other's feelings and happenings around. This will help me to be a better friend, a better student and a better person. I have to not only trust others, but also trust my ownself and have faith in my own abilities. This will make this world a positive place to live in. Always believe in one's ownself.



Important dates -

- 01 - Aayambil oli starts
- 09 - Aayambil oli ends
- 22 - Dhanteras
- 23 - Kali chaudas
- 24 - Parmatma Mahavir Swami
- Nirvan Kalyanak
- 25 - Guru Gautam Swami
- Kevalgnan Kalyanak & New year
- 29 - Gnan Pacham

Birds

SUN	MON	TUE	WED	THU	FRI	SAT
2	3	4	5	6	7	8
9	10	11	12	13	14	15
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- Aatham,
 - Pakhi,
 - Imp. dates

Activity: Spot 5 differences in the images given below

When Parmatma Neminath's chariot came near the festoons to marry Rajimati, his chariot proceeded further ahead towards the palace of King Ugrasen. Amidst great festivities, the mourning and crying of animals that were caged nearby was heard. It was as if all the animals had raised their heads and were saying to Parmatma Neminath in their own language, "O Parmatma of the three worlds and protector of all living beings! Protect us, protect us." Moved by the sounds of these animals, Neminath's heart was filled with compassion for the poor souls. Despite knowing the reason for this mourning through his Avadhi Gyan, he asked the charioteer nonetheless, "What is this sound about?" The charioteer replied, "These animals are meant to be sacrificed for the food that is to be served to the bridegroom's procession. At the cost of the lives of these poor souls, we are going to enjoy our meal in this wedding." Lord Neminath was aghast that the wedding would result in the massacre of thousands of innocent and meek animals that were without any shelter. The helplessness and the despondency visible in their eyes touched Lord Neminath. The Lord, who was an ocean of compassion and kindness, immediately asked the charioteer to turn the chariot back and ordered to release all animals and Parmatma himself took Diksha.



November 2022

Inspite of having long stem of thorns, a rose blooms beautifully and spreads its fragrance all round. I am inspired to learn that no matter how much sorrow, pain, failures we have in life, if we stay positive and happy, we can overcome them and bloom beautifully like the rose. We can also spread the fragrance of our virtues all around.

February 2022

14

LOOK N LEARN

Important dates - 07 - Chaturmas ends



Rose

I learn the quality to... To stay happy, positive and bloom in adversity. To spread the fragrance of our virtues even in adversities.



SUN	MON	TUE	WED	THU	FRI	SAT
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	7	8	9	10	11	12
	14	15	16	17	18	19
	21	22	23	24	25	26
	28	29	30			

- Aatham,
 - Pakhi,
 - Imp. dates

Rose, Thorn and Bud

Share and write 3 of your...

experiences below...

Rose:

A highlight, a success, or something positive that you experienced in... helping someone!

1.

15

2.

3.



Thorn:

Share how did you remove a thorn(pain) from someones life, how did you support them and spread a smile!

1.

2.

3.



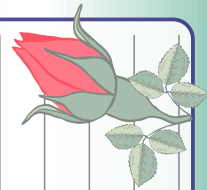
Bud:

New ideas or something you are looking upon as how to show more Compassion to each living being!

1.

2.

3.



I learn the quality of... **Sit and wait, have patience**

Owl's sit and wait, they are rarely flustered and rarely rushed. They sit there on their perch and take their time. In our world full of endless activities and distractions, being able to sit quietly is a lost art. We can't think strategically if we never stop. We can't use our creative ideas to their maximum effect if we never slow down. We can't come up with brilliant solutions to complex problems if we are always in a panic. So let us learn the art of staying calm from an owl.



SUN	MON	TUE	WED	THU	FRI	SAT
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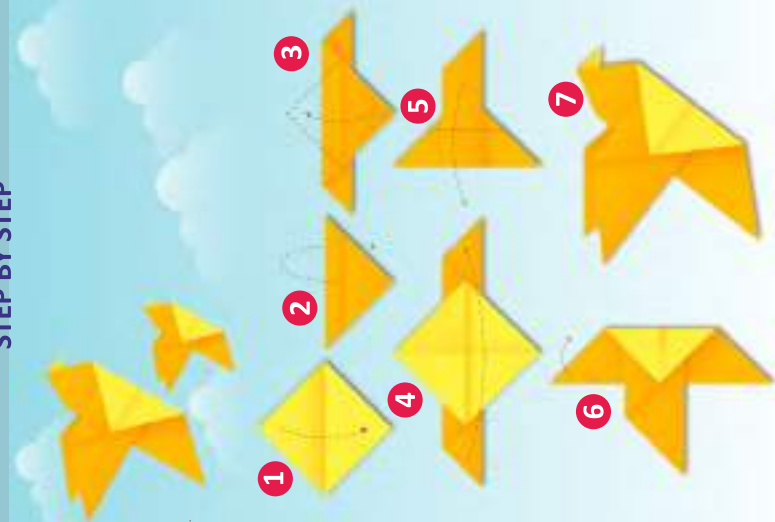
Activity - Origami Puppet show

Try to make your own puppets of a bird, tree, clouds and kite with the tutorial given below. Once they are ready you can stick them to a cardboard frame (size of your choice) and spread the message with your friend as to why we should not fly kites. How do they hurt birds. Pass a message of Ahimsa through your art activity.



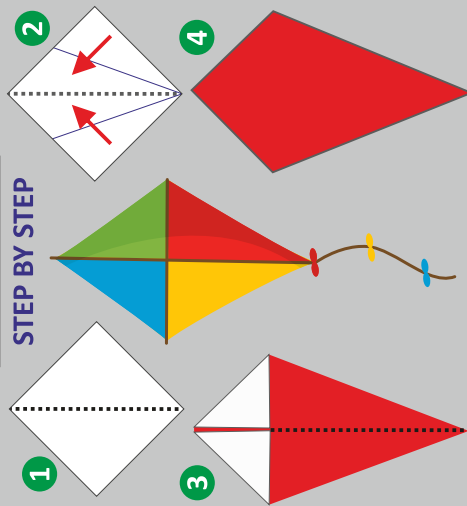
BIRD ORIGAMI

STEP BY STEP



KITE ORIGAMI

STEP BY STEP

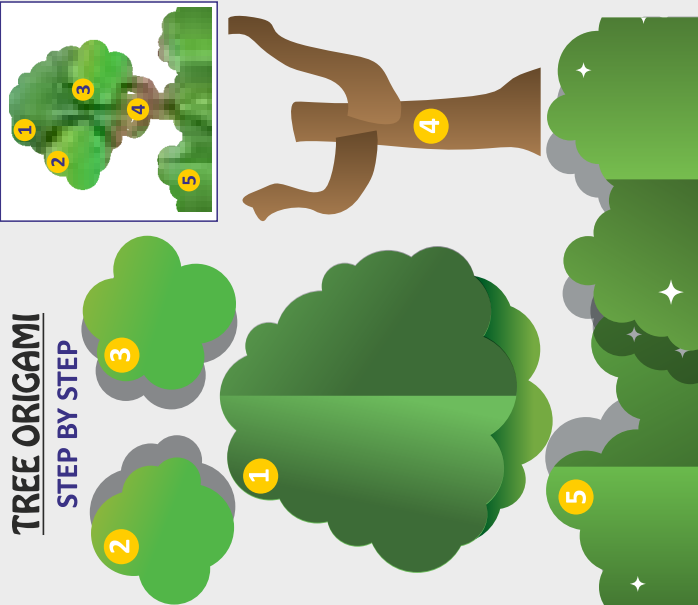


Take a square paper and follow the instructions to make a kite. Attach a small string at the end as shown in the sample. You can also make a windchime from more kites.

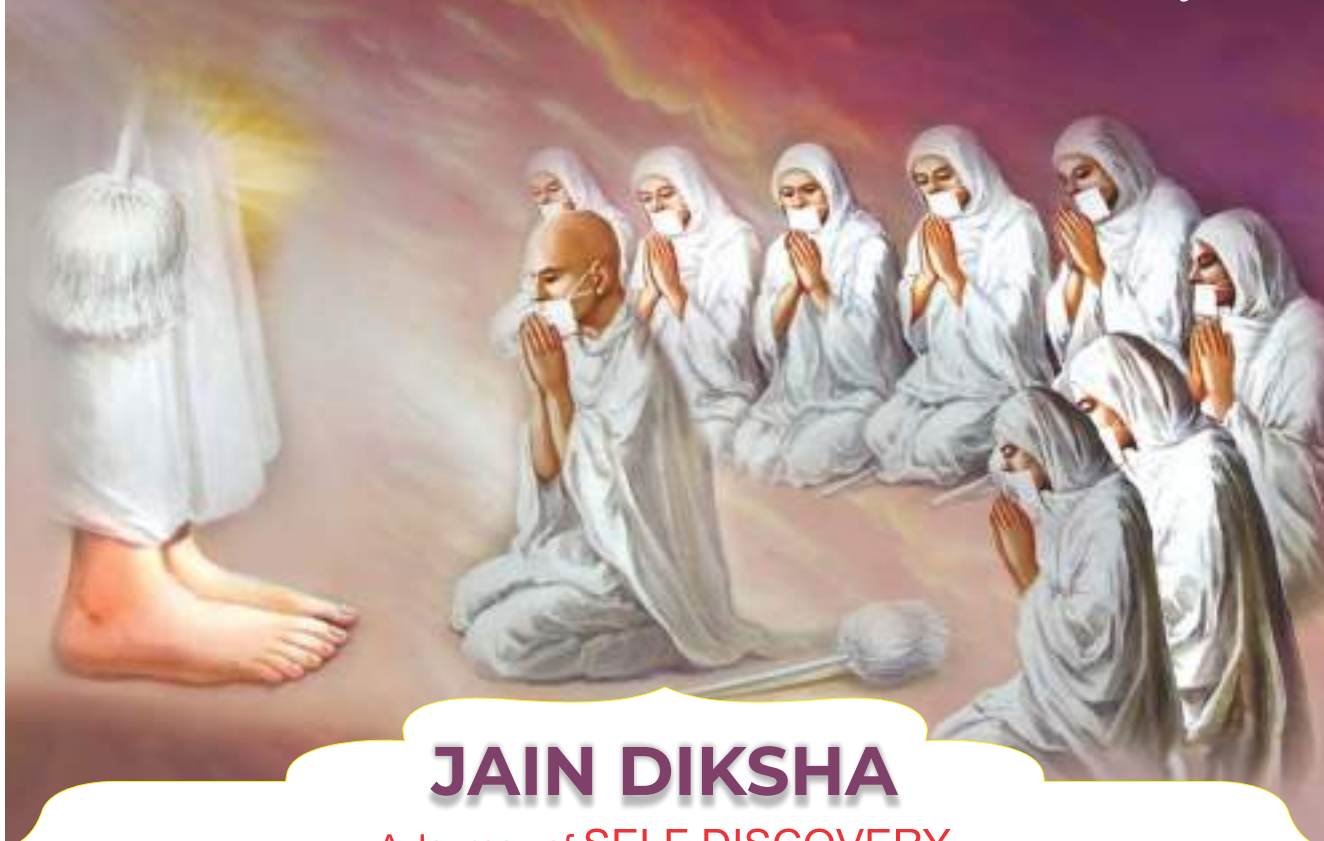


TREE ORIGAMI

STEP BY STEP



Draw the given shapes on a desired size paper and cut them. Simply give a fold in between to give 3D effect and stick them to your frame.



JAIN DIKSHA

A Journey of SELF DISCOVERY

9 young souls are beginning a search within **the self**, to discover **the self**. A big salute to their courage as they renounce wealth, comforts, luxuries and relations **in the quest of TRUTH**.

**Come, witness this historic moment of
RENUNCIATION**

20th Feb, 2022 | **PARAMDHAM**

Join LIVE



<https://live.parasdharm.org>

Zoom Meeting ID: 208 108 1008 | Passcode: 108

Panch MAHAVRATS

The Five Major Vows

The vows of diksha life are known as **Panch Mahavrats**, or the five Major vows. These vows are a **symbol of love, universal compassion** and **equality** toward all living being.

First Major Vow - **AHIMSA** (Non-violence)

Second Major Vow - **SATYA** (Truth)

Third Major Vow - **ACHAURYA** (Non-stealing)

Fourth Major Vow - **BRAHMACHARYA** (Celibacy)

Fifth Major Vow - **APARIGRAHA** (Non-possessiveness)

OTHER VOWS

Jain ascetics also follow several other vows like not consuming anything after sunset until sunrise.

They do not take bath throughout their life. And yet, their brahmacharya and aura is so powerful, that their bodies never emit any foul odour. Instead, one experiences a soft and divine fragrance whenever one visits Jain Acharyas and Guru Bhagwants.



પરમધામ સાધના સંકુલની ધન્ય ધરા પર
 દીક્ષાદાનેશ્વરી રાષ્ટ્રસંત પરમ ગુરુદેવ
 શ્રી નમ્રમુનિ મહારાજ સાહેબના પરમ શરણમાં
 પ્રભુ પંથે પ્રયાણ કરનારા 9 પુણ્યાત્માઓનો



શ્રી ભાગવતી જૈન દીક્ષા મહોત્સવ

20.02.2022,
રવિવાર



સમગ્ર ભારતના
 108 થી વધુ
 શ્રી સંઘો કરશે
 અનુમોદના

સવારે
 08:00 કલાકે



70+ USA
 જૈન centres
 કરશે અનુમોદના



મહોત્સવના
 કાર્યક્રમ

14th-20th
 Feb 2022

Join LIVE

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પરમધામ સાધના સંકુલ

વાલકસ ગામ, પડધા ટોલ નાકા પછી, મુંબઈ નાસિક હાઈવે, તાલુકો: કલ્યાણ, જિલ્લો: ઠાણે, મહારાષ્ટ્ર.

દીક્ષા મહોત્સવ અંગે માર્ગદર્શન માટે સંપર્ક: +91 7303000444 / 7303000666